

What is disc golf?

It's golf ... with discs. It's drives and approaches and putts. It's a great sport that is fun to play and easy to learn. Like the ancient game played with clubs and balls, disc golf provides recreation, challenge, and competition for athletes who love the outdoors.

Both golf games share the same structure and thrills - players striving to complete the course in the fewest strokes, but needing only one great shot to bring them back another day.

In 1983 Innova created the first true golf disc. By replacing the plastic park toy of old, Innova transformed disc golf into a dynamic sport of distance with accuracy.

The only real difference is the equipment. While disc golf can be played with any flying disc, most players prefer discs designed specifically for disc golf.

Innova continues to lower the scores of thousands of disc golfers around the world. There are different discs for different disc golf shots, but you only need one disc to get started. People have enjoyed disc golf for over thirty years. Today, its unique combination of challenge, fun, and affordability has made it one of the fastest growing sports in the world. Read on to see why you should give disc golf a try.

You Can Install a Disc Golf Course Too

Adding a disc golf course to your park or school is easy, and your new course will provide a low-cost, healthful, enjoyable activity for people of all ages. Compared to other projects, disc golf is surprisingly inexpensive for you, too - disc golf courses typically cost much less to install than playgrounds or ball fields.

Disc golf courses usually work best in areas that can't be used for other activities, and it appeals to a wide range of people. Areas with hills and trees - even floodplain areas - can be ideal for disc golf. Many city, state, and county parks departments find themselves pleasantly surprised by the amount of use their courses get, and they quickly find themselves looking for places to put additional courses.

A round of disc golf generally takes about 90 minutes, and players enjoy mild aerobic conditioning. Many people who would never consider jogging or walking find themselves covering a mile or more during a round of disc golf... and then wanting more. We can help you find a course solution for virtually any property and any budget.

15 Reasons to Install

15. Disc golf is a low impact, economical activity that can be added to most parks in as little as a week.
14. A disc golf course can be designed into under-utilized areas of your facility.
13. The process of organizing and ordering everything you'll need requires just a few easy choices.
12. Disc golf tends to decrease undesirable activity in under-utilized areas of a park.
11. Disc golf is a sport that everyone can play, regardless of age, ability, or gender.

10. A single disc golf course can entertain ninety or more people at one time.
9. Disc golf is great for those not interested in team sports, yet are driven to compete.
8. Disc golf is a great lifetime sport.
7. Disc golf is so much fun, you won't even realize you are exercising.
6. Disc golf attracts people from other areas of the state and country to your park.
5. Park departments are pleasantly surprised at the volunteer spirit of disc golfers.
4. Disc golf is easy to learn but provides a lifetime of challenge to master.
3. Disc golf is inexpensive to play. You can start playing with a single disc for less than \$10.
2. Disc golf can be a source of revenue for a park department or a pay-to-play facility.
...and the number one reason to build a disc golf course...

1. *If you build it, they will come.*



- 2.