



BOH MEETING MINUTES

January 7, 2026

In attendance: Chair Kim Mu-Chow, Vice Chair, Jeff Harris, Cathleen Liberty, Director; Ginny McNeil, Health Agent; Alicia Sullivan; Public Health Nurse, Kerry MacKay Guests: Steve Sherlock, (Via Google Meet)

CALL TO ORDER: ► Chair Mu-Chow called the meeting to order at 5:00 pm.

CITIZENS COMMENTS: ►

APPROVAL OF MINUTES: ► December 3, 2025

► **MOTION** to Approve the December 3, 2025 meeting minutes Harris. **SECOND** by Mu-Chow. No discussion. ► **ROLL CALL VOTE:** Mu-Chow-YES; Harris-YES ► **VOTE:** Yes-2, No-0-Abstain 0

NEW BUSINESS

Discussion of Blood Pressure program at the library

Public Health Nurse Alisha discussed the Blood Pressure program at the library and noted that not many people are checking out the blood pressure kits. She noted that she will be distributing the flyer that she made to senior centers and ask to have it in the Franklin Senior Center newsletter to get more people to utilize the kits.

Rising number of flu cases discussion

There was much discussion about the rising flu cases compared to last year the numbers are significantly higher. Another children's vaccine clinic was also discussed due to the high number of pediatric cases in Franklin.

Voting on Restricting the Sale of Tobacco Products Regulations Amendments

► **MOTION** from Kim-Mu-Chow that the retail tobacco permit holders within 500 feet of a school will be grandfathered in for existing and new applicants and for a new application for a retail location will be 1000 feet. The board also decided that no retailer or person or adult smoke shop shall sell or distribute or cause to be sold or distributed oral nicotine pouches with a nicotine content up to a max of 6mg/per individual pouch. **SECOND** by Harris. No discussion. ► **ROLL CALL VOTE:** Mu-Chow-YES; Harris-YES ► **VOTE:** Yes-2, No-0.

REPORTS

Metacomet Shared Service Grant Health Agent Update

The Health Agent gave her monthly update and there was discussion about the foodborne illness inspections and what that entailed.

Metacomet Public Health Nurse Update

The public health nurse gave her monthly update. There was much discussion about the status of the flu.

Future Agenda Items

Generators for vaccines and kitchen at the Senior Center.

ADJOURNMENT

► **MOTION to adjourn at 5:34 by Harris. SECOND by Mu-Chow. ► No discussion. ► ROLL CALL VOTE: Mu-Chow-YES; Harris-YES ► VOTE: Yes-2, No-0.**

Respectively submitted by: Cathleen Liberty