



BOH MEETING MINUTES

February 4, 2026

In attendance: Chair Kim Mu-Chow; Member, Diane Daddario; Cathleen Liberty, Director; Ginny McNeil, Health Agent; Alicia Sullivan, Public Health Nurse; Guests: Steve Sherlock

CALL TO ORDER: ► Chair Mu-Chow called the meeting to order at 5:00 pm.

CITIZENS COMMENTS: ►

APPROVAL OF MINUTES: ► January 7, 2026

► **MOTION to Approve the January 7, 2026 meeting minutes Kim Mu-Chow. SECOND by Daddario. No discussion. ► ROLL CALL VOTE: Mu-Chow-YES; Daddario-YES ► VOTE: Yes-2, No-0-Abstain 0**

NEW BUSINESS

Women's Health Expo Discussion

Director Liberty noted that the event for 2026 is having a Women's Health Expo at the NE Chapel in the spring. The event will host multiple vendors relating to women's health and are hoping to have a mammogram van at the event that gives free mammograms.

MDPH Pediatric vaccine guidelines

Public Health Nurse Sullivan noted that the Massachusetts Department of Public Health has issued evidence-based childhood immunization recommendations. The state continues to recommend the full routine pediatric vaccination schedule endorsed by the American Academy of Pediatrics (AAP), rather than adopt the recent changes issued by the Centers for Disease Control and Prevention (CDC). Recreational camp immunizations were discussed too.

Vaccines for Children updated information on vaccine management discussion

There was much discussion thereby regarding vaccines for children and re-enrollment in the Vaccines for Children program and new mandates.

Acetaminophen and pregnant women discussion

Dr. Daddario noted that there have been no studies that show cause and effect, only observation data. Using acetaminophen chronically at high doses can cause harm in a person or pregnant person.

REPORTS

Metacomet Shared Service Grant Health Agent Update

The Director gave the monthly update

Metacomet Public Health Nurse Update

The public health nurse gave her monthly update. There was much discussion about the status of the flu.

Future Agenda Items

Food inspection presentation and trends and update on the Women's health expo

ADJOURNMENT

► **MOTION to adjourn at 5:38 by Daddario. SECOND by Mu-Chow. ► No discussion. ► ROLL CALL VOTE: Mu-Chow-YES; Daddario-YES ► VOTE: Yes-2, No-0.**

Respectively submitted by: Cathleen Liberty