

THE FRANKLIN CONNECTION

Franklin Senior Center's Monthly Newsletter
July 2024



Franklin Senior Center

10 Daniel McCahill Street
Franklin, MA 02038

(508) 520-4945
www.franklinma.gov/fsc

Office Hours

Mon-Fri 8:30-4:00
Wed open until 5:30

Social Services available by
appointment

Ben's Bounty Gift Shop

Mon-Fri 10:00-1:00

Common Ground's Café

Mon-Fri
Breakfast 8:30-10:00
Lunch 11:30-1:00

What's What?

Page 1: Senior Olympics
Page 3: July Happenings
Page 4: July
 Presentations
Page 5: Support Corner
Pages 6 & 7: Calendar
Page 8: Veterans &
 Low Vision
Page 9: More July
 Happenings
Page 10: FOFE & COA





FREE HEARING CLINIC at the Franklin COA

1st and 3rd Tuesday of each month
10:30am-12:00pm

Expert Hearing Aid Service In the Comfort
and Security of Your Home

Lauren Warburton

Hearing Instrument Specialist, MA #275

Call Today For A Free Hearing Test • 508-250-9324

www.athomehearinghealthcare.com

MassHealth Provider / Most Insurances Accepted



\$20 OFF CLEANOUT
Coupon
Junk it now! us.

WE LOAD & TAKE EVERYTHING!

"We empty - the Junk Bag"

1-855-533-JUNK (5865)

www.junkitnow.us

Call Tom Cell 508-308-2279

CALL FIRST/TEXT LATER



SUCCESS
STAFFING AGENCY
sstaffingagencyllc@
gmail.com
774-277-9330

- Recruiting of healthcare workers
- Provision of 24 hour care, personal care
 - Activities of daily living
 - Errands and transportation
- Companionship • Home exercises
 - Light house keeping
 - Escort to activities

SALMON

HEALTH & RETIREMENT
THE WILLOWS | WHITNEY PLACE



LUXURY living WITH SALMON AT MEDWAY

Call **508-533-3300** today to
learn how you can experience the
unparalleled lifestyle.

44 WILLOW POND CIRCLE | MEDWAY, MA 02053

**ARE YOU REACHING
THE MEMBERS IN YOUR
COMMUNITY?**

To advertise here
visit [ipicommunities.com
/adcreator](http://ipicommunities.com/adcreator)

BIG SAVINGS!

OIL, LUBE & FILTER

ONLY \$39⁹⁵ +Tax

UP TO 5 QTS. 5W-30 OIL, NEW FILTER, LUBE CHASSIS FITTINGS, TOP
OFF MAJOR FLUIDS, 14-PT. SAFETY CHECK

Most cars & light trucks, With coupon, not valid with any other offer. Expires 12/31/24

Full Synthetic OIL, LUBE & FILTER

ONLY \$69⁹⁵ +Tax

UP TO 5 QTS. 5W-30 OIL SUNOCO SYNTHETIC OIL, NEW FILTER, LUBE
CHASSIS FITTINGS, TOP OFF MAJOR FLUIDS, 14-PT. SAFETY CHECK

Most cars & light trucks, With coupon, not valid with any other offer. Expires 12/31/24

DOING CAR INSPECTION & GET

\$30+Tax REGULAR OIL

\$50+Tax SYNTHETIC OIL

Expires: 12/31/2024



WE FIX EVERYTHING!

- TUNE-UPS
- TIMING BELT REPLACEMENT
- TIRE SALES & REPAIR
- STARTERS
- WATER PUMPS
- BATTERIES
- TROUBLESHOOT CHECK ENGINE LIGHTS
- BRAKE & ROTORS
- EXHAUST/MUFFLER
- SUSPENSION
- TRANSMISSION WORK

FREE OIL CHANGES/ WITH FULL BRAKE AND
ROTORS FRONT & BACK
Expires 12/31/24

\$20 OFF/ FULL TUNE-UPS
Expires 12/31/24

\$20 OFF/ FOUR NEW TIRES
Expires 12/31/24



COMPLETE SERVICE FACILITY

OPEN HOURS: MON - FRI: 8AM-6PM / SAT BAM - 2PM
278 Pleasant St, Franklin, MA 02038

5% SENIOR DISCOUNT



July Happenings

Franklin Senior Center

03



Ryan's
Grad Party

Wed,
July 31
at
1:30 PM

Sign-Up Today!

Technology Corner

Intermediate iPhone

Learn more about what iPhones can do.
Thurs, July 11 & 18 at 2:30

Intro to Chromebooks (3 wk series)

Learn all about Chromebooks for the rental program at the Senior Center!
Thurs, July 25, Aug 1, & Aug 8 at 2:30

Tech Guru Office Hours

July 1 thru July 19
11:00 - 2:00



Ryan's tech help website coming soon!

Meet Andrew, our new tech guru!



Hello! My name is Andrew Kane, and I am an upcoming Senior at Franklin High School. In high school, I am active in Math National Honor Society, Peer Leaders, Community Service Club, and I also run my own local dog sitting business! In college, my plan is to study Criminal Justice & Cybersecurity. My goal in volunteering at the Franklin Senior Center is to give back to my community in hopes of bettering the lives of others; I am looking forward to meeting and working with each and every one of you!

Andrew will be at the Senior Center throughout the summer, stop by and say hi!

THE CARNIVAL PARTY
PRESENTS

MINI-GOLF

• 9-HOLE EVENT AT THE
FRANKLIN SENIOR CENTER •

MON, JULY 22 AT 10:30 AM

ALL ARE WELCOME!
BRING YOUR KIDS, GRANDKIDS, & FRIENDS



There
will be
Ice Cream!



04 July Presentations

Franklin Senior Center

Call or stop by to register for events!

ATTENTION!

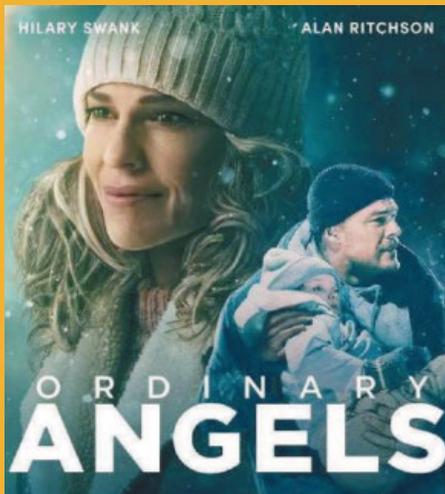


New van accessible parking spaces at the Senior Center.



These spaces are reserved for handicap drivers who require van accessibility.

Pizza & Movie Night



Thurs, July 11 at 4:30, \$3

Eat Around the World



This month: **Germany**

Once a month, join us in exploring a different country's culture and cuisine!

Fri, July 12 at 11:00, \$6

Portable Affordable Wheelchair Enhancement – Monday, July 8 at 10:00

Informational session and testing of a wheelchair enhancement device that transforms a standard wheelchair into an electric one!

Drum Circle – Monday, July 8 at 11:00

Experience the healing power of drumming. All welcome, drums provided.

Laughter Yoga – Wednesday, July 10 at 12:30

Laughter exercises combined with yoga breathing! These techniques bring more oxygen to your brain and body, making you feel more energetic.

Gametopia Board Game Club – Wednesday, July 10 & 24 at 12:30

Join Pete from Pete's Nerd Emporium to play fun, new board games!

Textile Sustainability – Thursday, July 11 & 25 at 10:00

A local Girl Scout will be here to educate on where to donate textiles, what happens to recycled textiles, and where to sustainably buy clothing. Visitors may bring unwanted clothing items for recycling!

Art Class with Kathy – Thursday, July 11 at 1:00 – \$4

Kathy Lathrom will walk you through creating artwork with acrylic paint!

Comedy Show – Tuesday, July 16 at 2:00 – \$3

Steve Sweeney, the King of Boston Comedy, will be sure to get you laughing! Join for an afternoon of coffee bar, desserts, and comedy.

Thriving Solo – Wednesday, July 17 at 2:00

Join other solo agers for a social group about navigating aging on your own.

Body Systems: Kidneys – Thursday, July 18 at 12:00

Nurse Trish series to learn about your body! Learn more about what your kidneys do for your body, and how to maintain health kidneys.

Luau Party – Friday, July 19 at 11:00 – \$6

Get ready for a Luau, steel drums and delicious Hawaiian food!

Mini Golf Event – Monday, July 22 starting at 10:30am – \$3

9-Hole Mini Golf Course at the Senior Center! ALL are welcome, bring your friends, kids, & grandchildren! Event will be finished with ice cream.

Craft Corner – Thursday, July 25 at 1:00

Jean Tolland will instruct how to make a fun, easy craft for your home!

Southeastern MA Community Concert Band – Monday, July 29 at 6:30

Join us for an evening of music, free and open to all in the community!

Ryan's Grad Party – Wednesday, July 31 at 1:30

Please join the Franklin Senior Center staff in celebrating our tech guru's graduation! Come wish Ryan well in the next chapter of his life as he leaves us to attend Assumption University in the Fall!

Support Corner

Franklin Senior Center

05

The Sunshine Club - The Sunshine Club is a supportive adult day program at the Franklin Senior Center. This program offers seniors with mild to moderate memory loss or social isolation a safe and engaging environment. For more info, contact Kathleen at (508) 520-4945 or klaughran@franklin.gov.

Memory Café - Please join us on Wednesday, July 17 at 1:00 p.m. for our "Where's the Toast?" Memory Café. Live music featuring Steve Roudolph.

Memory Cafes are safe and inviting spaces for those experiencing memory loss, as well as for their caregivers & families. Please RSVP to Ariel at (508) 520-4945 or adoggett@franklinma.gov.

This Memory Cafe is sponsored in part by a generous grant from the Franklin Cultural Council, a local agency supported by the Mass Cultural Council. Refreshments provided by All American in Wrentham.



Caregiver Support Group - DATE Change! - Are you a caregiver for a loved one? This support group does not focus on Alzheimer's or dementia, but instead a general caregiver's needs. Join this monthly group to receive tips and support, as well as connection with other caregivers. The group will meet Thursday, July 11th at 1:00 p.m.

Pathway to Healing Bereavement Group - This bereavement support group is designed to help people in their journey of healing after a loved one passes. The group meets the second and fourth Wednesday of the month at 1:00 p.m.

Alzheimer's Support Group - This group supports caregivers providing to their loved ones with Alzheimer's or dementia. Call the Senior Center for more information. The group meets the second and fourth Wednesday of the month at 4:00 p.m.



Need Help?
Call:
(508) 473-1309
(508) 634-8854

Our knowledge on the Appliances and Electronics we sell sets us high above the competition. Frank's Appliance Service is an authorized dealer of such brands as Whirlpool, Bosch, Electrolux, GE, and more.

We can help you select your new Appliances purchase at any budget.

Special financing available

**Air Control • Cooking • Electronics • Grilling
Dishwashers • Laundry • Refrigeration**



331 Main St., Milford • www.franksappliance.com



eileenmason@remax.net

308 West Central Street
Franklin, MA 02038

<https://eileenmason.remax.com>

today's dream - tomorrow's reality...

(508) 330-4234

• Senior Residential Specialist
• Notary



**Choose
CareOne at Sharon**

A leading provider of assisted living and memory care services in Massachusetts

Located in **Sharon, Massachusetts**, our facility is committed to delivering the highest quality of life for residents through **connection, compassion, and personalized care**, ensuring maximum safety and independence.



Scan QR code to learn more about our facility and programs

Call us today to make a referral or to receive more information at (781) 784-0111.

CAREONE
At Sharon
1782 784-0111 • 675 South West Street
Sharon, MA 01992



Call for an appointment:
Haircuts
 every Monday & Wednesday
Manicures & Pedicures
 every other Tuesday

Blood Sugar & Blood Pressure Testing
 every Wednesday & Thursday
BOLD = call to sign-up

Monday	Tuesday	Wednesday	Thursday	Friday
<p>01</p> <p>9:30 Steve Avellino Series, Braking System Pt 4</p> <p>9:30 Italian Novel Reading</p> <p>10:00 Garden Club</p> <p>11:00 Poker</p> <p>11:00 Line Dancing \$3</p> <p>1:00 Trivia</p> <p>1:00 Book Club:</p> <p>1:00 Chair Volleyball</p> <p>1:00 American Mah Jong</p> <p>1:15 Movie Matinee: 1776: The Musical</p> <p>4:00 Pool Night</p>	<p>02</p> <p>9:00 Cribbage</p> <p>9:30 Low Impact \$3</p> <p>9:30 Busy Bees</p> <p>9:30 Hand & Foot Cards</p> <p>11:00 CSB \$3</p> <p>1:00 BINGO</p> <p>1:00 Audio Reading of July's Newsletter</p> <p>1:00 Chess</p> <p>1:00 Cribbage Instruction</p> <p>1:00 Quilting</p>	<p>03</p> <p>9:00 Walking Group</p> <p>9:30 Bocce</p> <p>10:00 Chair Yoga \$3</p> <p>10:00 Knitting</p> <p>10:00 Scrabble</p> <p>10:00 Asian Mah Jong</p> <p>11:00 Pound Fitness \$3</p> <p>12:00 Bridge</p> <p>1:00 Pokeno</p> <p>3:00 Women's Pool League</p> <p>4:00 Cardio Fusion \$3</p>	<p>04 Closed</p> 	<p>05</p> <p>9:30 ZUMBA \$3</p> <p>9:30 Hand & Foot Cards</p> <p>10:00 Woodcarving</p> <p>10:00 Political Discussion</p> <p>12:30 T.O.P.S.</p> <p>1:00 Pokeno</p> <p>2:00 Silvertones</p>
<p>08</p> <p>9:30 Steve Avellino Series, Braking System Pt 5</p> <p>9:30 Italian Novel Reading</p> <p>10:00 Garden Club</p> <p>10:00 Wheelchair Enhance</p> <p>11:00 Poker</p> <p>11:00 Drum Circle</p> <p>1:00 Trivia</p> <p>1:00 Chair Volleyball</p> <p>1:00 American Mah Jong</p> <p>1:15 Movie Matinee: Jaws</p> <p>4:00 Pool Night</p>	<p>09</p> <p>9:00 Cribbage</p> <p>9:30 Low Impact \$3</p> <p>9:30 Busy Bees</p> <p>9:30 Hand & Foot Cards</p> <p>11:00 CSB \$3</p> <p>1:00 BINGO</p> <p>1:00 Chess</p> <p>1:00 Cribbage Instruction</p> <p>1:00 Quilting</p>	<p>10</p> <p>9:00 Walking Group</p> <p>9:30 Bocce</p> <p>10:00 Chair Yoga \$3</p> <p>10:00 Knitting</p> <p>10:00 Scrabble</p> <p>10:00 Asian Mah Jong</p> <p>11:00 Mobile Food Pantry</p> <p>11:00 Pound Fitness \$3</p> <p>12:00 Bridge</p> <p>12:30 Gametopia</p> <p>12:30 Laughter Yoga</p> <p>1:00 Senior Scribblers</p> <p>1:00 Pokeno</p> <p>1:00 Bereavement Support</p> <p>3:00 Women's Pool League</p> <p>4:00 Alzheimer's Support</p> <p>4:00 Cardio Fusion \$3</p>	<p>11</p> <p>9:00 Cribbage</p> <p>9:30 Low Impact \$3</p> <p>9:30 Busy Bees</p> <p>10:00 Discussion Group</p> <p>10:00 Textile Sustainability</p> <p>10:15 Bible Study</p> <p>11:00 CSB \$3</p> <p>1:00 Low Vision Assistive Tech</p> <p>1:00 BINGO</p> <p>1:00 Art Class: Acrylics \$4</p> <p>1:00 Tai Chi \$3</p> <p>1:00 Caregiver Support</p> <p>1:00 Cribbage</p> <p>2:30 Intermediate iPhone, Pt 5</p> <p>4:30 Pizza & Movie Night: Ordinary Angels \$3</p>	<p>12 Limited Breakfast</p> <p>9:30 ZUMBA \$3</p> <p>9:30 Hand & Foot Cards</p> <p>10:00 Woodcarving</p> <p>10:00 Political Discussion</p> <p>11:00 Eat Around the World: Germany \$6</p> <p>12:30 T.O.P.S.</p> <p>1:00 Pokeno</p> <p>2:00 Silvertones</p>

July 2024 Calendar

Franklin Senior Center

07

<p>15 9:30 Steve Avellino Series, Braking System Pt 6 9:30 Italian Novel Reading 10:00 Garden Club 11:00 Poker 11:00 Line Dancing \$3 1:00 Trivia 1:00 Chair Volleyball 1:00 American Mah Jong 1:15 Movie Matinee: The Fundamentals of Caring 4:00 Pool Night</p>	<p>16 9:00 Cribbage 9:30 Low Impact \$3 9:30 Busy Bees 9:30 Hand & Foot Cards 10:30 Hearing Clinic 11:00 CSB \$3 12:30 Legal Clinic 1:00 BINGO 1:00 Chess 1:00 Cribbage Instruction 1:00 Quilting 2:00 Steve Sweeny Comedy</p>	<p>17 9:00 Walking Group 9:30 Bocce 10:00 Chair Yoga \$3 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Franklin Q&A 11:00 Pound Fitness \$3 12:00 Bridge 1:00 Memory Café 1:00 Pokeno 2:00 Thriving Solo 4:00 Cardio Fusion \$3</p>	<p>18 8:30 Coffee Hour with State & Local Officials 9:00 Cribbage 9:30 Low Impact \$3 9:30 Busy Bees 10:00 Discussion Group 10:15 Bible Study 11:00 CSB \$3 12:00 Body Systems: Kidneys 1:00 BINGO 1:00 Tai Chi \$3 1:00 Cribbage 2:30 Intermediate iPhone, Pt 6</p>	<p>19 Café Closed 9:30 ZUMBA \$3 9:30 Hand & Foot Cards 10:00 Woodcarving 10:00 Political Discussion 11:00 Monthly Party: Luau \$6 12:30 T.O.P.S. 1:00 Pokeno 1:30 COA Meeting 2:00 Silvertones</p>
<p>22 9:30 Steve Avellino, Pt 1 9:30 Italian Novel Reading 10:00 Garden Club 10:30 Mini-Golf Event 11:00 Poker 11:00 Line Dancing \$3 1:00 Trivia 1:00 Chair Volleyball 1:00 American Mah Jong 4:00 Pool Night No Movie Matinee today</p>	<p>23 9:00 Cribbage 9:30 Low Impact \$3 9:30 Busy Bees 9:30 Hand & Foot Cards 11:00 CSB \$3 1:00 BINGO 1:00 Audio Book Club 1:00 Chess 1:00 Cribbage Instruction 1:00 Quilting</p>	<p>24 9:00 Walking Group 9:30 Bocce 10:00 Chair Yoga \$3 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Pound Fitness \$3 12:00 Bridge 12:30 Gametopia 1:00 Pokeno 1:00 Bereavement Support 4:00 Alzheimer's Support 4:00 Cardio Fusion \$3</p>	<p>25 9:00 Cribbage 9:30 Low Impact \$3 9:30 Busy Bees 10:00 Discussion Group 10:00 Textile Sustainability 10:15 Bible Study 11:00 CSB \$3 1:00 BINGO 1:00 Craft Corner 1:00 Tai Chi \$3 1:00 Cribbage 2:30 Intro to Chromebook, Pt 1</p>	<p>26 9:30 ZUMBA \$3 9:30 Hand & Foot Cards 9:30 FOFE Meeting 10:00 Woodcarving 10:00 Political Discussion 12:30 T.O.P.S. 1:00 Pokeno 2:00 Silvertones</p>
<p>29 9:30 Steve Avellino, Pt 2 9:30 Italian Novel Reading 10:00 Garden Club 11:00 Poker 11:00 Line Dancing \$3 1:00 Trivia 1:00 Chair Volleyball 1:00 American Mah Jong 1:15 Movie Matinee: Starman 4:00 Pool Night 6:30 Southeastern MA Community Concert</p>	<p>30 9:00 Cribbage 9:30 Low Impact \$3 9:30 Busy Bees 9:30 Hand & Foot Cards 11:00 CSB \$3 1:00 BINGO 1:00 Chess 1:00 Cribbage Instruction 1:00 Quilting 2:30 Rainbow Café</p>	<p>31 9:00 Walking Group 9:30 Bocce 10:00 Chair Yoga \$3 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Pound Fitness \$3 12:00 Bridge 1:00 Pokeno 1:00 Scribblers at Studio 1:30 Ryan's Grad Party 4:00 Cardio Fusion \$3</p>	 <p>The Senior Center is a designated cooling center for the town of Franklin. Come in and cool down!</p>	

08 Veterans & Low Vision

Franklin Senior Center



Veterans Services Office
(508) 613-1315

There will be NO VETERANS COFFEE SOCIAL IN JULY.
The next Social will be on Wednesday, August 7 at 10:00 AM at the Senior Center Café.

There will be NO VETERANS COUNCIL MEETING IN JULY.
The next Council meeting will be on Thursday, August 15 at 7:00 PM at the Senior Center.

TUNE IT OUT GUITAR LESSONS FOR VETERANS WILL NOT MEET IN JULY AND AUGUST. Classes will resume on Tuesday, September 10 at 5:30 PM. There is no fee for lessons and we provide guitars! Call our office for more details.

July 4 – Independence Day – Before becoming a country, the U.S. was a group of colonies owned by Great Britain. On July 4, 1776, our founding fathers signed a Declaration of Independence from Great Britain. This year is our country's 248th birthday! Have a safe and fun 4th of July!

Warrior Within Yoga – The Warrior Within Yoga program for Veterans and First Responders meets on Thursdays at 6:00 PM at the Senior Center. There is no fee for classes. Call our office to sign up.

Purple Heart – Please let our office know if you or a family member (residing in Franklin) is a Purple Heart recipient and we will add them to our database. National Purple Heart Day is celebrated on August 7 every year. The Purple Heart is a distinguished military decoration awarded in the name of the President to those who have been wounded or killed while serving in the U.S. armed forces.

Veterans Memorial Walkway – The next engraved brick installation will be in November to coincide with Veterans' Day. Veterans need not be from Franklin to be honored with a brick. All members of the U.S. military are eligible. Brick order forms are available in the Town Hall and Senior Center lobbies, and on the Veterans' Services page on the Town website.

Please visit our webpage at: <https://www.franklinma.gov/veterans-services> to learn more about Franklin Veterans' Services.

Low Vision Events

Audio Reading of Newsletter

Tues, July 2 at 1:00 (Phone)

Low Vision Assistive Technology

Thurs, July 11 at 1:00

Low Vision Support Group is OFF for the summer, will return in September.

Audio Book Club

Tues, July 23 at 1:00 (Phone)

The Lioness of Boston by Emily Franklin



Conference Call

Phone #:

(508) 206-8603

More July Happenings

Franklin Senior Center

09

Aloha!

JOIN US FOR OUR

Luau Party

HAWAIIAN ROLLS
HAWAIIAN HULI-HULI CHICKEN
CREAMY HAWAIIAN MACARONI
SALAD

STEAMED WHITE RICE
FRESH TROPICAL FRUIT SALAD
LUAU PINEAPPLE PUNCH

19 JULY

STARTS AT 11:00 AM



Special Info

The Franklin Senior Golf League is looking for subs! Play on Tuesday mornings at the Pinecrest Golf Course in Holliston.

This is a social league, no need to take score! \$20 for 9 holes. Carts are extra. Please contact Rose O'Koren at okorenj@comcast.net

Acoustic Jam Session is CANCELLED for July



Pageturner's Book Club is OFF for summer, will return on Mon, Sept 9.

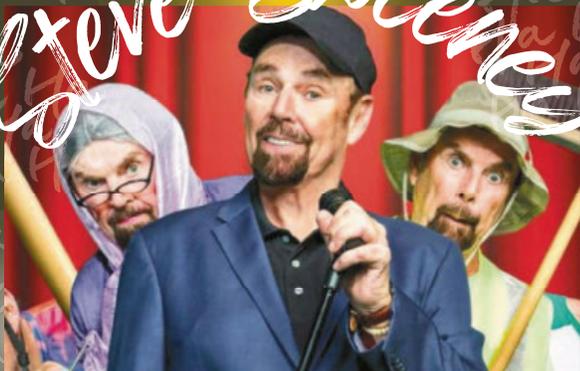
Summer Reading:

The Double Bind by Chris Bohjalian & The Great Gatsby by F. Scott Fitzgerald



STAND UP COMEDY

Exeive Sweeney



JULY 16 | LIVE AT 2:00 PM

COFFEE BAR AND DESSERTS | \$3 TICKET

SOUTHEASTERN MA COMMUNITY BAND

July 29 6:30 PM

JOIN US FOR AN EVENING OF MUSIC WITH THE SOUTHEASTERN MA COMMUNITY CONCERT BAND.

FREE AND OPEN TO ALL IN THE COMMUNITY!



10 Friends of Franklin Elders & COA

Franklin Senior Center

In Memory Of

Karen Dauer in Memory of Barbara Hammel

Joan Fontaine in Memory of Matthew & Bruce Fontaine and Paul McInnis

Edward Colace in Memory of Maria Colace

Bill Laquidara in Memory of Richard Esterly

Donations to FOFE

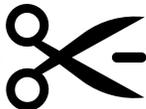
Frank & Marjorie Duggan

Mary Elizabeth Ranieri

Donations to Senior Center

Tilly Kaufman

Paul Molla



Friends of Franklin Elders
Memorial / Honor Donation

Your Name _____

Your Address _____

In Memory / In Honor Of _____

Mail to:

Friends of Franklin Elders, Inc.

10 Daniel McCahill St, Franklin MA 02038

Friends of Franklin Elders, Inc.

The Friends of Franklin Elders, Inc. (FOFE) is a private, non-profit 501c3 organization since 1990, whose purpose is to provide funds for programs, services, and equipment for the Franklin Senior Center that cannot be provided by state or local government. FOFE raises funds through membership fees, donations, and special events.

Our next meeting is scheduled for:

Friday, September 27 at 9:30 a.m. The public is welcome to attend.

FOFE OFFICERS:

JoAnn Wright, President | Nan Rafter, Vice President
Pam Spicer, Treasurer | Margie Lane, Secretary

MEMBERS:

Eileen Burnard, Pat Donnelly, Julie Garilli, Karen Juhl, Paula Lombardi, Jan Prentice, Jean Tolland

ASSOCIATE:

Carol Ellsworth

WE'RE LOOKING FOR A COA BOARD MEMBER

**Apply
Today**



*The Franklin Council on Aging
Advisory Board is looking for a
new member!*

3 year commitment

*The COA Meets the third Friday of
each month at 1:30 P.M.*

Contact Sarah Amaral for more info
(508) 520-4945
samaral@franklinma.gov

HANDYMAN

"Mr. Fix It"

Not much I can't do around the house, inside & out.



PAINTING • CARPENTRY • BATHROOM
REMODELING • GUTTER CLEANING

NO JOB TOO SMALL!

CALL MARK 508-243-1065

I Have Coins and Collectibles

I make home visits or you can visit my store.

I'm transparent and honest.

Free appraisals and easy to work with.

I buy Coins, Comics, Cards, Cash for gold/silver.

I'm available to discuss other collectibles.

My business is located at 15 Main St. Franklin
781-962-0329 • www.ihavecoins.com



Veteran Owned

CHARLES F. OTERI & SON FRANKLIN FUNERAL HOME

33 Cottage St., Franklin, MA

508-528-0011

www.franklinfuneral.com

oterifuneralhome@gmail.com

Charles F. Oteri • Sean A. Oteri, Directors



FREE
AD DESIGN
with purchase
of this space

CALL 800-477-4574

PROFESSIONAL PHYSICAL THERAPY'S

**FREE EDUCATIONAL
WORKSHOPS HELD
TWICE A MONTH!**

Call or visit website for dates and details

508-528-6100

WWW.PROPTINC.COM

Accepting most major Insurances including
MEDICARE

**SHOULDER PAIN
& ROTATOR
CUFF**

**BACK PAIN &
SCIATICA**



PROFESSIONAL
PHYSICAL THERAPY
& SPORTS MEDICINE

620 Old West Central Street, Franklin
340 East Central Street, Franklin



Dr. James A. Anderson, Jr. & Associates
PODIATRIC PHYSICIANS

184 West Central Franklin, MA 02038 (508) 528-2525
160 West Street Milford, MA 01757 (508) 473-3338

franklinfootcare.com

TRAIN with SHAIN

IN HOME PERSONAL TRAINING
FOR SENIORS

Gait, Balance/Fall Prevention
& Strength Training

(508) 231-6378

www.trainwithshain.net

FULLY INSURED



Milford
AUDIOLOGY CENTER

MARIA VERONICA VIVAS M.S. CCC-A

Hearing Aids • Consultations • Audiological Evaluations
215 West Street, Milford • Located in the Milford Medical Center

Call Today: (508) 478-0723

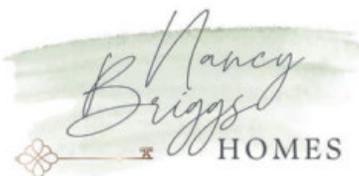
www.milfordaudiologycenter.com

Mass. Licensed
and Certified

LET'S GROW YOUR BUSINESS
Advertise in our Newsletter!

CONTACT ME Karen Fontaine

kfontaine@lpicommunities.com • (800) 477-4574 x6350



REAL ESTATE WITH A PERSONAL TOUCH

Senior Real Estate Specialist (SRES)

Servicing Real Estate needs for all generations.

• Selling • Buying • Estates

Call today for a Free consultation - 508-254-6393

nancybriggshomes@gmail.com | www.nancybriggshomes.com



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lpi.com

Franklin Senior Center, Franklin, MA 06-5389

Franklin Council on Aging

OFFICERS

Chair.....Lyn O'Brien
 Vice Chair.....Jan Jewett
 Secretary.....Phyllis Malcolm

MEMBERS

Colette Ferguson, Faith Flaherty, Robert Kaufman,
 Kim Mu-Chow, Ken Norman, Lester Quan

STAFF

Acting Director.....Sarah Amaral
 Executive Assistant.....Mary Hynes
 Administrative Assistant.....Emily Dellorco
 Administrative Assistant.....Jillian Rochat
 Social Services Coordinator.....Raeleen Gallivan
 Program & Volunteer Coordinator....Ariel Doggett
 Supportive Day Coordinator...Kathleen Laughran
 Supportive Day Assistant.....Amanda Rabbitt
 Wellness Nurse.....Trish Collatos
 Kitchen Manager.....Anne Scungio
 Line Cook.....Marilyn Howe
 Line Cook.....Lauretta Taddeo
 Veterans' Services Officer.....Shannon Nisbett
 Veterans' Services Assistant.....Debra Martin
 Public Health Nurse.....Alisha Sullivan
 Epidemiologist.....Cassia Monteiro

Friends of Franklin Elders, Inc.
 c/o Franklin Council on Aging
 10 Daniel McCahill Street
 Franklin, MA 02038

Postage Paid
 Non-Profit
 Franklin, MA
 Permit #13

Franklin Senior Center

Independence, Engagement, Connection

OUR MISSION

The mission of the Franklin Council on Aging, with the support of the community, is to identify, advocate, and implement meaningful educational, cultural, social, health and wellness activities and services for our aging population.

The Franklin Connection is distributed with funds provided by EOE & Friends of Franklin Elders

MICHAEL A. KASBERG

Attorney At Law

The Time To Solve Estate Planning Problems is Before They Happen

Proper estate planning is the best way to provide your family with security and peace of mind

For A Free No Obligation Initial Consultation Call Attorney Michael Kasberg today at (508) 213-8223

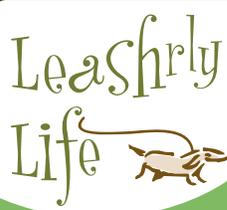
- Estate Planning
- Elder Law
- Family Law
- Business Law
- Estate Administration

195 Main Street, Suite 11, Franklin
www.kasberglaw.com

Check your calendar for upcoming presentations



Michael A. Kasberg, ESQ.



NOW HIRING:

Animal lovers to join our team!

To apply, visit www.leashrlylife.com/job-postings or call 781-241-2083 for an interview.

All American at Wrentham

ASSISTED LIVING, MEMORY CARE, RESPITE





SEASONAL SAVINGS IN ORDER! LIMITED AVAILABILITY!

We Put the Emphasis on Living!

A friendly neighborhood community in the truest sense of the word.
 Rates Starting at: \$4,400 for Assisted Living, \$6,600 for Memory Care



ALL AMERICAN ASSISTED LIVING AT WRENTHAM
 30 Ledgeview Way • Wrentham, MA 02093
 774-210-8108 | AllAmericanAtWrentham.com

Our Community Access

102.9 **wfpr.fm**

Franklin.TV

FranklinMatters.org

Watch, Listen, & Read

Get our on-line program guide at Franklin.TV