

## PROGRAM CONTACTS

**Kathleen Laughran**  
Supportive Day Coordinator  
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**Amanda Rabbitt**  
Supportive Day Assistant  
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**To learn more about  
our intake process,  
please contact us at  
508-520-4945**

## PROGRAM FEES

- \$75 per day
- Lunch and snacks are included in fees.
- Transportation to and from the program is the responsibility of members and their caregivers.

## ADDITIONAL RESOURCES

**ALZHEIMER'S SUPPORT GROUP:** This group is tailored to supporting caregivers providing for their loved ones with dementia or Alzheimer's. Receive tips and education, as well as emotional and social support. The group meets the second and fourth Wednesday of each month at 4:00 PM at the Franklin Senior Center.

**MEMORY CAFE:** The Senior Center hosts our "Where's the Toast?!" Memory Cafe on the third Wednesday of each month at 1:00 PM. Memory Cafes are safe and inviting spaces for people experiencing memory loss, as well as for their families and caregivers.



**FRANKLIN  
SENIOR CENTER**  
TOWN *of* FRANKLIN

**SUPPORTIVE DAY PROGRAM**

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The Supportive Day Program, known as the Sunshine Club, provides a structured, supervised environment for older adults facing challenges such as mild to moderate dementia, cognitive decline, or social isolation.

Our program emphasizes enrichment and connection through person-centered care, while encouraging independence and personal success.

Activities include gentle exercise, games, parties, music, and a variety of social events, all conducted in a supportive, family setting.



*"The emotional and practical support I've received from Kathleen and Amanda and the entire Franklin Senior Center staff and volunteers has been invaluable in helping me navigate the challenges of caregiving. Their understanding and support have made me feel more connected to a community that truly understands my struggles, which has been both uplifting and empowering."*  
- Julie, Wife and Caregiver

**Join us for a cup of coffee  
and a day of sunshine!**

*"The Sunshine Club has been a godsend to us. It is a true lifeline, offering us respite as caregivers while ensuring mom receives companionship, social engagement, cognitive stimulation, compassion care, and is in good hands while we are busy at work."*  
- Barbara, Daughter and Caregiver



## PROGRAM DETAILS

**Monday through Friday  
9:00 AM – 3:00 PM**

Located in the state-of-the-art Franklin Senior Center, our program provides accessible and inviting spaces. The Sunshine Club creates a warm, welcoming environment where members can enjoy all of our scheduled activities.

Meals are freshly prepared in our Cafe, accommodating most dietary needs. Beautiful outdoor spaces provide a place for members to connect with nature, offering moments of tranquility that can enrich their daily experience.

