

RULES	3RD-4TH Grade Boys	3rd- 5th Grade Girls	5th-6th Grade Boys	6th-8th Grade Girls	7th-8th Grade Boys
Stealing	Stealing the ball is ONLY allowed on a pass. Stealing off the dribble is a violation. Reaching in with contact is a FOUL	Stealing the ball is ONLY allowed on a pass. Stealing off the dribble is a violation. Reaching in with contact is a FOUL	Stealing the ball is ALLOWED	Stealing the ball is ALLOWED	Stealing the ball is ALLOWED
Rules On Pressing	Man-to-man full court press is NOT permitted at any time during the game.	Man-to-man full court press is NOT permitted at any time during the game.	Man-to-man full court press in the final 2 mins of the 4 th -8 th (and all overtime) periods is ALLOWED. Unless the opposing team is up by 20 or more. No zone or trap press.	Man-to-man full court press in the final 2 mins of the 4 th -8 th (and all overtime) periods is ALLOWED. Unless the opposing team is up by 20 or more. No zone or trap press.	Man-to-man full court press in the final 2 mins of the 4 th -8 th (and all overtime) periods is ALLOWED. Unless the opposing team is up by 20 or more. No zone or trap press.
Double Teaming	No double-teaming outside the lane. A double-team or "help defense within the lane is allowed.	No double-teaming outside the lane. A double-team or "help defense within the lane is allowed.	No double-teaming outside the lane. A double-team or "help defense within the lane is allowed.	No double-teaming outside the lane. A double-team or "help defense within the lane is allowed.	No double-teaming outside the lane. A double-team or "help defense within the lane is allowed.
Man to Man Defense	Teams must play man-to-man defense. NO zone or trap defense is allowed. A technical foul violation will be called after one warning.	Teams must play man-to-man defense. NO zone or trap defense is allowed. A technical foul violation will be called after one warning.	Teams must play man-to-man defense. NO zone or trap defense is allowed. A technical foul violation will be called after one warning.	Teams must play man-to-man defense. NO zone or trap defense is allowed. A technical foul violation will be called after one warning.	Teams can plan man-to-man or zone defense.
Picks / Screens	Picks / Screens are NOT allowed. Moving Screens will be called as a personal foul	Picks / Screens are NOT allowed. Moving Screens will be called as a personal foul	Picks/screens are ALLOWED. Moving Screens will be called as a personal foul	Picks/screens are ALLOWED. Moving Screens will be called as a personal foul	Picks/screens are ALLOWED. Moving Screens will be called as a personal foul

Free Throws	If a shooting foul occurs in the first half (quarters 1-7) the ball will be taken out of bounds. Shooting fouls that occur in the last 2 mins of 8 th period will result in FT's and the clock being stopped. No "And One's in periods (1-7)	If a shooting foul occurs in the first half (quarters 1-7) the ball will be taken out of bounds. Shooting fouls that occur in the last 2 mins of 8 th period will result in FT's and the clock being stopped. No "And One's in periods (1-7)	Normal rules regarding Free Throws. Clock stops when Free throws are being taken. One-and One begins with 7 th foul of the half (periods 1-4 & 5-8). Two FT's begin with 10th foul of a half.	Normal rules regarding Free Throws. Clock stops when Free throws are being taken. One-and One begins with 7 th foul of the half (periods 1-4 & 5-8). Two FT's begin with 10th foul of a half.	Normal rules regarding Free Throws. Clock stops when Free throws are being taken. One-and One begins with 7 th foul of the half (periods 1-4 & 5-8). Two FT's begin with 10th foul of a half.
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