

THE FRANKLIN CONNECTION



Franklin Senior Center's Monthly Newsletter
FEBRUARY 2026

Franklin Senior Center

10 Daniel McCahill St
Franklin, MA 02038

508-520-4945
www.franklinma.gov/583/fsc

Office Hours

Monday – Friday
8:30 AM – 4:00 PM

Ben's Bounty Gift Shop

Monday – Friday
10:00 AM – 1:00 PM

Common Grounds Cafe

Monday – Friday
Breakfast 8:30 AM – 10:00 AM
Lunch 11:30 AM – 1:00 PM

Did you know
you could receive
the newsletter

two weeks early?

Sign-up
for our
email list!

- ✓ Call the Senior Center, 508-520-4945
- ✓ Update your email address with staff
- ✓ Get the newsletter delivered to your inbox!

Where's What?

- Pg 1: Director's Message
- Pg 3: What's New?
- Pg 4: Support Corner
- Pg 5: Low Vision Corner
- Pg 6: February Activities
- Pg 7: February Happenings
- Pg 8 & 9: February Calendar
- Pg 10: Regular Programs
- Pg 11: Van, Volunteers, Trips
- Pg 12: Veterans' Corner
- Pg 14: FOFE

Following a thoughtful review of our operational needs and long-term sustainability, we have made updates to our staffing structure at the Senior Center. These changes reflect the expanded responsibilities, experience, and leadership of our team members. Emily now serves as Transportation & Volunteer Coordinator, Jillian as Activities Coordinator, and Amanda as Supportive Day & Special Projects Coordinator.

This realignment was the result of a careful internal review after a staff vacancy. Rather than backfilling that position, we intentionally redistributed responsibilities among capable and motivated staff, allowing us to operate more efficiently while recognizing the dedication and growth of our team.

One meaningful outcome of this process is the restoration of the Community Wellness Nurse position. Through strategic reallocation of our existing budget (with NO new funding) we were able to welcome Trish back to the Senior Center on Tuesdays and Wednesdays from 8:30 AM – 1:30 PM. Additionally, Alisha will continue her Thursday nurse hours. This approach also allows us to bring in part-time support to meet our growing social services needs.

We are excited about these changes and grateful for the teamwork that made them possible as we continue to serve our community.

-Chasity Cheng, Deputy Director

Complimentary Hearing Clinic at the Franklin COA!
Please Call for Clinic Dates and Times



Call Today to Schedule a Complimentary Hearing Test:

Franklin COA – 508-520-4945

Lauren Warburton – 508-250-9324

Board Certified Hearing Instrument Specialist, Lic. #275

www.athomehearinghealthcare.com

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SALMON
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Grateful Hearts.
A GIVING COMMUNITY

Discover a lifestyle where comfort, connection, and peace of mind come together. With independent living, assisted living, and memory care, our community helps you thrive today and into the future.

Call 508-533-3300 today to learn more — we can't wait to welcome you home.

SALMON at Medway
44 Willow Pond Circle
Medway, MA 02053

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Franklin Senior Center, Franklin, MA 06-5389

Volunteer Spotlight



Next up on the Volunteer Spotlight, **Patricia Stevens!**

Patricia is a staple in our Sunshine Club every Friday. She has been a volunteer with our center since before we were in this building—in fact, she has been working with the Sunshine Club since it first started!

Patricia treasures the relationships she builds with our Sunshine members and finds her work deeply fulfilling, knowing she is doing something that truly matters. In addition to volunteering, Patricia plays Bridge, meets friends here for lunch, and enjoys our library.

The dedication and compassion she brings each week are a big part of what makes the Sunshine Club so successful and meaningful. We are incredibly grateful for her many years of commitment.

The next time you're here on a Friday, be sure to say hi!

NOW AVAILABLE
AT FRANKLIN LIBRARY!

BLOOD PRESSURE MONITOR KITS

Stay proactive about your health with our new blood pressure monitors! Patrons who visit the **Franklin Library** can now monitor their blood pressure at home as part of the American Heart Association's ongoing "Libraries with Heart" program, which allows for blood pressure kits to be borrowed, much like checking out a book.

DID YOU KNOW?

♥ Nearly half of American adults have high blood pressure. Many don't even know they have it!

♥ The best way to know if you have high blood pressure is to have your blood pressure checked.



SECOND WEDNESDAY OF EVERY MONTH
at the Franklin Senior Center

**FEBRUARY'S
WILL BE
WED, 2/11**

MOBILE FOOD PANTRY

Come to the Senior Center to receive groceries! You'll have your choice of protein, dairy, produce, bread, and pantry staples. In partnership with the Hockomock YMCA and the Franklin Food Pantry.

**NOW WITH A NURSE AVAILABLE FOR FREE
BLOOD PRESSURE SCREENINGS!**



Cancer Support Program

A Support Group for Hope, Strength & Renewal



Join **Angel Moscatelli**, a rare cancer survivor, as she shares her personal journey of victory, resilience, and grace. Whether you choose to simply listen or share your own story, you'll be welcomed with compassion and understanding.

HEALING CANCER WITH GRACE

Third Wednesday each month at 12:30 PM
First session on Wednesday, February 18

04 SUPPORT CORNER

Franklin Senior Center

Dementia & Alzheimer's

Sunshine Club: The Senior Center hosts a daily Supportive Day Program, known as the Sunshine Club. This program provides a structured, supervised environment for older adults facing challenges such as mild to moderate dementia, cognitive decline, or social isolation.



For more information on the Sunshine Club, contact Kathleen or Amanda at (508) 520-4945

Alzheimer's Support Group: This group is tailored to supporting caregivers providing for their loved ones with dementia or Alzheimer's. Receive tips and education, as well as emotional and social support. The group meets the second & fourth Wednesday of each month at 4:00 PM.

Memory Cafe: Join us on **Wed, February 18 at 1:00 PM** for this month's Memory Cafe! Live entertainment featuring Kalifornia Karl.

Memory Cafes are safe and inviting spaces for people experiencing memory loss, as well as for their families and caregivers. Join us for an hour of music, conversation, refreshments, and meaningful engagement.

Registration is required! Please call the Senior Center at 508-520-4945 to register.

This Memory Cafe is supported in part by a generous grant from the Franklin Cultural Council, a local agency supported by the MA Cultural Council, a state agency. Refreshments are graciously provided by Benchmark Senior Living at Forge Hill.

Health & Wellness

We provide basic healthcare with the Senior Center's **Community Wellness Nurse** and the Health Dept's **Public Health Nurse**. Services include blood sugar testing, blood pressure testing, pulse oximetry testing, education, and more!

Community Wellness Nurse Office Hours:
Tuesdays & Wednesdays
8:30 AM - 1:30 PM

Public Health Nurse Office Hours:
Thursdays
8:30 AM - 2:30 PM

Pathway to Healing Bereavement Support:
This bereavement support group is designed to help people in their journey of healing after a loved one passes. The group meets the second & fourth Wednesday of each month at 1:00 PM.

Social Services

The Senior Center provides social services assistance to all Franklin residents with our **Social Services Coordinator**. Services include: housing assistance, referrals to home care agencies, career services, independent living communities, long-term care facilities, caregiver programs, pharmacy outreach programs, medical durable equipment, transportation services, behavioral health, and legal referrals.

Our coordinator can also assist with applications for public benefits including fuel assistance, SNAP, unemployment, social security, MassHealth, housing, and other related cost saving programs.

If you are in need of social services assistance, please call the Franklin Senior Center at (508) 520-4945 to book an appointment.



LOW VISION CORNER

Franklin Senior Center

05

Audio Reading of Newsletter CANCELED

Low Vision Support Group

Thursday, February 19 at 12:00 PM

Low Vision Assistive Technology with MABVI

Thursday, February 19 at 1:00 PM

Audio Book Club (Conference Call)

Tuesday, February 24 at 1:00 PM

This Month's Book: Morning on Horseback by David G. McCullough



Conference Call

Phone #:

(508) 206-8603

Low Vision Robo Calls are sent every Friday!
Includes info on the upcoming week's programs.
Call the Senior Center and ask for Jillian to sign-up!

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 <p>Eileen Mason REALTY</p> <p>today's dream ~ tomorrow's reality...</p> <p>(508) 330-4234</p> <ul style="list-style-type: none"> Senior Residential Specialist Notary <p>eileenmason@remax.net 308 West Central Street Franklin, MA 02038 https://eileenmason.remax.com</p> 	



06 FEBRUARY ACTIVITIES

Franklin Senior Center

Call or stop by to sign-up!

Monthly Party

Mardi Gras



\$10
ticket

live entertainment with
The Catnip Junkies

Fri, Feb 13 at 11 AM

Pizza & Movie Night



\$5
ticket

Thurs, Feb 19 at 4 PM

Eat Around the World



\$10
ticket

This month: **China**

Once a month, join us in
exploring another country's
culture and cuisine!

Fri, Feb 27 at 11 AM

Joe Landry Talk: Morse Block – Wednesday, February 4 at 1:00 PM

At this session, Joe will discuss the buildings that stood on the Morse Block, which include the ones where Franklin Furniture and Ficco's Shoe Repairing shop once did business.

Spanish Class – Wednesday, February 4, 11, 18, & 25 at 1:00 PM

Did you know learning a new language can boost brain health, improve problem-solving, and enhance multitasking? Come join our Spanish class, all levels welcome!

Language & Culture – Wednesday, February 4, 11, 18, & 25 at 2:00 PM

Everyone is welcome to join this discussion group on language and culture! Share your experiences and hear from others.

Franklin Ridge Presentation – Fri, February 6 from 1:30 PM – 3:30 PM

Franklin Ridge is a new senior housing development at 40 Veterans Memorial Drive in Franklin. Come learn about Franklin Ridge, the construction period, and the application process. First hour is presentation, and second hour is for Q&A.

Mobile Food Pantry – Wednesday, February 11 at 11:00 AM

At the Franklin Food Pantry, we know that health and nutrition go hand-in-hand. That's why we're bringing a volunteer nurse to our Mobile Food Pantry at the Senior Center for free, on-site blood pressure screenings. Whether you're stopping by for groceries or just passing through, we invite you to take a moment for your health.

Craft Corner – Thursday, February 12 at 1:00 PM

Join Jean in the craft room as she walks you through making a fun, easy craft!

Learn about Senior Connection – Thursday, February 12 at 1:00 PM

Senior Connection helps connect older adults to services that enable independent living within their community. Learn more about the Grandparents Raising Grandchildren Resource Center, the Care express van, our Family Caregiver Support Program, and more!

50+ Job Seekers: LinkedIn – Tuesday, February 17 at 1:30 PM

This month's session will focus on unlocking the mysteries of LinkedIn. Everything from the LinkedIn profile to the Job Search feature.

Cancer Support Program – Wednesday, February 18 at 12:30 PM

Join us for a discussion on navigating the before, after, and during a cancer diagnosis. This new program will run every month on the third Wed at 12:30 PM.

Comedy Cafe – Friday, February 20 at 1:00 PM

Join comedian Sylvia Lewis for an afternoon of laughter, plus sweet treats!

Understanding Vascular Disease – Monday, February 23 at 1:00 PM

This presentation will provide an overview of several disease states involving the vascular system. You will learn about the factors that put you at risk, identify the symptoms to watch for, know when to seek treatment, and discover some of the advanced treatment options available today. Presented by Laura Boitano, MD, Board-Certified Vascular Surgeon.

Crochet Class with Amanda – Tuesday, February 24 at 1:00 PM

Beginner friendly! Learn the techniques to continue your crocheting journey.

FEBRUARY HAPPENINGS

Franklin Senior Center

07



Learn about Senior Connection

Senior Connection helps connect older adults to services that enable independent living within their community.

**Thursday,
February 12
at 1 PM**



**Senior
Connection**



FRANKLIN RIDGE PRESENTATION

LEARN ABOUT FRANKLIN'S NEWEST SENIOR HOUSING



**FRI, FEBRUARY 6
1:30 PM – 3:30 PM**

Not able to make it? Franklin TV will record the presentation!

Join us for an afternoon full of laughter!

COMEDY CAFE

FEATURING

**SYLVIA LEWIS
COMEDIAN**

**FRI, FEBRUARY 20
AT 1:00 PM**

WITH COFFEE & SWEET TREATS!

UNDERSTANDING VASCULAR DISEASE

Laura T. Boitano, MD
Board-Certified Vascular Surgeon

Learning Benefit :

- Understand risk factors.
- Learn about symptoms.
- Gain valuable information regarding many treatment options available.

When:
**Monday, February 23
1:00 PM**



**The
Vascular
Care Group**



08

FEBRUARY 2026 CALENDAR

Franklin Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>02 9:30 Steve Avellino \$42/srs 9:30 Italian Novel Reading 10:00 Poker 11:00 Line Dancing \$4 11:00 Page Turners Book Club 12:30 American Mah Jong 1:00 Trivia 1:00 Chair Volleyball 1:00 Watercolor \$75/srs 1:15 Movie Matinee: Groundhog Day 4:00 Pool Night</p>	<p>03 9:00 Cribbage 9:30 Low Impact \$4 9:30 Busy Bees Crafters 9:30 Hand & Foot Game 10:30 Senior Players 11:15 Cardio, Strength, and Balance (CSB) \$4 1:00 BINGO 1:00 Chess 1:00 Learn to Play Cribbage 1:00 Quilting</p>	<p>04 9:00 Walking Group 10:00 Vets Coffee Social 10:00 Chair Yoga \$4 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Cardio Fusion \$4 12:00 Bridge 1:00 Joe Landry Talk: Morse Block 1:00 Pokeno 1:00 Spanish Class 2:00 Language & Culture</p>	<p>05 9:00 Cribbage 9:30 Low Impact \$4 10:00 Discussion Group 10:15 Bible Study 11:15 Cardio, Strength, and Balance (CSB) \$4 1:00 BINGO 1:00 Tai Chi \$4 1:00 Open Art Studio 1:00 Cribbage 4:00 Pool Night</p>	<p>06 9:30 Simply Fit \$4 9:30 Hand & Foot Game 10:00 Wood Carving 10:00 Political Discussion 12:30 T.O.P.S. 1:00 Pokeno 1:00 Diamond Art 1:30 Franklin Ridge Presentation 2:00 Silvertones Singing</p> <p>Wear Red Day! American Heart Association.</p> 
<p>09 9:30 Steve Avellino \$42/srs 9:30 Italian Novel Reading 10:00 Poker 11:00 Line Dancing \$4 12:30 American Mah Jong 1:00 Trivia 1:00 Chair Volleyball 1:00 Watercolor \$75/srs 1:15 Movie Matinee: Mrs. Harris Goes to Paris 4:00 Pool Night</p> <p>Hearing Clinic today!</p>	<p>10 9:00 Cribbage 9:30 Low Impact \$4 9:30 Tech Help 9:30 Busy Bees Crafters 9:30 Hand & Foot Game 10:30 Senior Players 11:15 Cardio, Strength, and Balance (CSB) \$4 1:00 BINGO 1:00 Chess 1:00 Learn to Play Cribbage 1:00 Quilting</p>	<p>11 9:00 Walking Group 10:00 Chair Yoga \$4 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Mobile Food Pantry 11:00 Cardio Fusion \$4 12:00 Bridge 1:00 Senior Scribblers 1:00 Pokeno 1:00 Bereavement Support 1:00 Spanish Class 2:00 Language & Culture 2:45 Zentangle Art \$25 4:00 Alzheimer's Support</p>	<p>12 9:00 Cribbage 9:30 Low Impact \$4 10:00 Discussion Group 10:15 Bible Study 11:15 Cardio, Strength, and Balance (CSB) \$4 1:00 Learn about Senior Connection 1:00 BINGO 1:00 Tai Chi \$4 1:00 Craft Corner 1:00 Cribbage 4:00 Pool Night</p>	<p>13 Cafe Closed 9:30 Simply Fit \$4 9:30 Hand & Foot Game 10:00 Wood Carving 10:00 Political Discussion 11:00 Monthly Party: Mardi Gras \$10 12:30 T.O.P.S. 1:00 Pokeno 1:00 Diamond Art 2:00 Silvertones Singing</p>

FEBRUARY 2026 CALENDAR

Franklin Senior Center

09

<p>16 Closed</p> 	<p>17 9:00 Cribbage 9:30 Low Impact \$4 9:30 Busy Bees Crafters 9:30 Hand & Foot Game 10:30 Senior Players 11:15 CSB \$4 1:00 BINGO 1:00 Chess 1:00 Learn to Play Cribbage 1:00 Quilting 1:30 50+ Job Seekers: Unlock the Mysteries of LinkedIn Legal Clinic today!</p>	<p>18 9:00 Walking Group 10:00 Chair Yoga \$4 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Franklin Q&A 11:00 Cardio Fusion \$4 12:00 Bridge 12:30 Cancer Support 1:00 Memory Cafe 1:00 Pokeno 1:00 Spanish Class 2:00 Language & Culture</p>	<p>19 8:30 Coffee Hour with State & Local Officials 9:00 Cribbage 9:30 Low Impact \$4 10:00 Discussion Group 10:15 Bible Study 11:15 CSB \$4 12:00 Low Vision Support 1:00 Low Vision Asst. Tech 1:00 BINGO 1:00 Tai Chi \$4 1:00 Tech Help 1:00 Open Art Studio 1:00 Cribbage 4:00 Pool Night 4:00 Pizza & Movie Night: Song Sung Blue \$5</p>	<p>20 9:30 Simply Fit \$4 9:30 Hand & Foot Game 10:00 Wood Carving 10:00 Political Discussion 12:30 T.O.P.S. 1:00 Comedy Cafe 1:00 Pokeno 1:00 Diamond Art 1:30 COA Meeting 2:00 Silvertones Singing</p>
<p>23 9:30 Steve Avellino \$42/srs 9:30 Italian Novel Reading 10:00 Poker 12:30 American Mah Jong 1:00 Trivia 1:00 Understanding Vascular Disease 1:00 Chair Volleyball 1:00 Watercolor \$75/srs 1:15 Movie Matinee: Hidden Figures 4:00 Pool Night No Line Dancing today</p>	<p>24 9:00 Cribbage 9:30 Low Impact \$4 9:30 Tech Help 9:30 Busy Bees Crafters 9:30 Hand & Foot Game 10:30 Senior Players 11:15 CSB \$4 1:00 BINGO 1:00 Audio Book Club 1:00 Chess 1:00 Crochet Class with Amanda 1:00 Learn to Play Cribbage 1:00 Quilting 1:30 Drum Circle</p>	<p>25 9:00 Walking Group 10:00 Chair Yoga \$4 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Cardio Fusion \$4 12:00 Bridge 1:00 Senior Scribblers 1:00 Pokeno 1:00 Bereavement Support 1:00 Spanish Class 2:00 Language & Culture 4:00 Alzheimer's Support</p>	<p>26 9:00 Cribbage 9:30 Low Impact \$4 10:00 Discussion Group 10:15 Bible Study 11:15 Cardio, Strength, and Balance (CSB) \$4 1:00 BINGO 1:00 Tai Chi \$4 1:00 Kathy's Art Class \$3 1:00 Cribbage 4:00 Pool Night</p>	<p>27 Limited Breakfast 9:00 FOFE Meeting 9:30 Simply Fit \$4 9:30 Hand & Foot Game 10:00 Wood Carving 10:00 Political Discussion 11:00 Eat Around the World: China \$10 12:30 T.O.P.S. 1:00 Pokeno 1:00 Diamond Art 2:00 Silvertones Singing</p>

10 REGULAR ACTIVITIES

Franklin Senior Center

Neuroscientist Kymberlee O'Brien presents



Drum CIRCLE

Drumming can reduce stress, burn calories, lower blood pressure, and enhance memory! Join us for an hour of drumming and movement.

DRUMS PROVIDED!

**TUESDAY, FEBRUARY 24
AT 1:30 PM**

FRANKLIN Cultural Council This program is made possible by a generous grant from the Franklin Cultural Council, a local agency supported by the Mass Cultural Council, a state agency. 



Kathy's Art Class

**Thurs, February 26
at 1 PM**

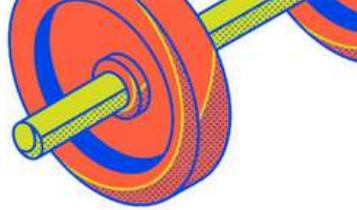
this month's creation:



\$3



FITNESS



- | | | | |
|---|---|--|---|
| <p>Steve Avellino PT
\$42 for 6-week series
Join Steve Avellino for effective and practical physical therapy</p> | <p>Line Dancing \$4
Kick up your heels with Steve Cavanaugh in a fun, group line dance!</p> | <p>Chair Volleyball free
Play seated with your team with a lightweight ball. No scoring, just have fun!</p> | <p>Walking Group free
Meet at the Senior Center to join the group for conversation and a stroll!</p> |
| <p>Low Impact \$4
Enjoy the benefits of exercise while minimizing stress on your joints</p> | <p>Cardio, Strength, and Balance \$4
Combining light cardio with strength and balance training</p> | <p>Chair Yoga \$4
Gentle yoga poses done seated or using a chair for balance</p> | <p>T.O.P.S. \$1
Taking Off Pounds Sensibly
Weight loss support group with education & resources</p> |
| <p>Cardio Fusion \$4
Join Judi for a mash-up of cardio, drumming, and balance exercises!</p> | <p>Tai Chi \$4
Gentle exercise with slow movements, controlled breathing, and a meditative state of mind</p> | <p>Simply Fit \$4
Simple and low impact! Strength and balance training combined with a core work-out</p> | <p>Exercise Room free
The Senior Center has a fully equipped exercise room. Doctor's clearance required, forms at center</p> |

FSC VAN, VOLUNTEERS, & TRIPS 11

Franklin Senior Center

Senior Center Van

The Franklin Senior Center Van is available for rides Monday – Friday from 9:00 AM to 3:30 PM. To schedule, call the center and select option #1.

The FSC Van provides our senior community with transport to a variety of locations including:

- Medical appointments
- Shopping trips
- Local errands
- Social events
- Senior Center activities
- and more!



Trips must be scheduled 48 hours in advance.

Ride must be confirmed with Emily to be on the schedule.

Van is available to Franklin residents only.

Wheelchair and walker accessible. Drivers are trained in assisting seniors and are equipped to handle mobility aids.

Are you interested in Volunteering at the Senior Center?

We're looking for a few additional volunteers! These positions are **NOT** for the tax work-off program, they are for regular volunteering only.

If you're interested, please call Emily at 508-520-4945 (option #1). Emily will walk you through the volunteer process, including completing an application and getting scheduled. Please note that all volunteers must complete the application and get scheduled by Emily before getting started.

The Franklin Senior Center could not function without the dedication of volunteers. We look forward to supporting our community together!

UPCOMING DAY TRIPS

SIGN-UP AT THE SENIOR CENTER TODAY!

ST. PATRICK'S DAY CELEBRATION

PADRAIG ALLEN, MCLEAN AVE BAND, IRISH STEP DANCERS

TUESDAY, MARCH 10

BUS DEPARTS 8:45 AM, RETURNS APPROX 5:30 PM

CORNED BEEF & CABBAGE OR BAKED SCROD

\$142



DAN FONTAINE'S VIVA LAS ELVIS

ELVIS PRESLEY TRIBUTE SHOW

THURSDAY, APRIL 16

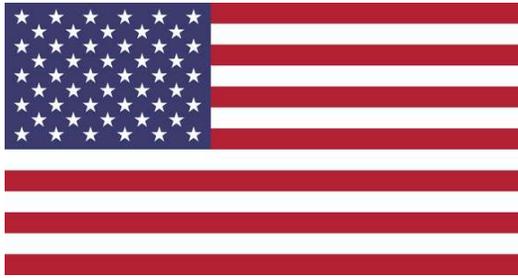
BUS DEPARTS 9:45 AM, RETURNS APPROX 5:15 PM

CHICKEN PARMESAN OR VEGETABLE LASAGNA

\$145

12 VETERANS' CORNER

Franklin Senior Center



The Town of Franklin Department of Veterans' Services offers assistance to any Franklin resident who has served the country in the United States Armed Forces and who may be entitled to receive benefits from local, state, or federal agencies. Our department also serves spouses and dependents of Veterans who reside in Franklin. Our goal is to provide services with the dignity and respect our Veterans have earned through their service to our country.

February 4 – Monthly Coffee Social – 10:00 AM at the Senior Center. All Veterans are welcome to join us for coffee, conversation and announcements.

February 4 – USO's Birthday – February 4th is the official birthday of the organization known as United Service Organizations or USO. The USO has been a fixture in military life for more than seven decades. Founded in 1941, the agency is a private, not-for-profit organization that serves men and women in the U.S. military and their families throughout their time in the service.

February 19 – Veterans' Council Meeting – 7:00 PM at the Senior Center. All Franklin residents interested in Veterans' activities are welcome to join us. The council meets the third Thursday of every month. Memorial Day Parade planning will be discussed at the next four council meetings. Volunteers are always needed!

February 19 – Coast Guard Reserve's 85rd Birthday

The **Tune It Out Guitar Lessons** program for Veterans meets on Tuesdays at 5:30 PM at the Senior Center. There is no charge for lessons and no guitar experience is required. We have guitars! Call the Veterans' Services office for details.

Warrior Within Yoga Classes for Veterans and First Responders are held on Thursdays at 4:00 PM at the Senior Center. No charge for classes. Call our office to register.

The next engraved brick installation on the **Veterans Memorial Walkway** is scheduled to coincide with Memorial Day. Brick orders are now being accepted for the May installation. Engraved bricks make great birthday, Mothers' Day and Fathers' Day gifts. Order forms are available in the Town Hall and Senior Center lobbies, as well as on the Veterans' Services page on the Town website.

Thank you to the Veterans and volunteers who helped hang Christmas wreaths on the Fallen Heroes' pedestals in December.



Department of Veterans' Services

(508) 613-1315

www.franklinma.gov/335/Veterans-Services
10 Daniel McCahill St, Franklin, MA 02038

By Appointment Only:

Mon, Tues, Thurs: 8:30 AM – 4:00 PM

Wednesday: 8:30 AM – 6:00 PM

Friday: 8:30 AM – 1:00 PM

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Amber Cadorette - REALTOR

508.498.1188

ambercadorette@gmail.com

- 20 Years Experience
- Franklin Resident for over 40 years



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REALTOR

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Franklin Senior Center, Franklin, MA 06-5389

14 FRIENDS OF FRANKLIN ELDERS

Franklin Senior Center



The Friends of Franklin Elders, Inc. (FOFE) is a private, non-profit 501c3 organization since 1990, whose purpose is to provide funds for programs, services, and equipment for the Franklin Senior Center that cannot be provided by state or local government. FOFE raises funds through membership fees, donations, and special events.

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FOFE OFFICERS:

Jean Tolland, President | JoAnn Wright, Vice President
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MEMBERS:

Eileen Burnard, Pat Donnelly, Julie Garilli,
Paula Lombardi, Sue Matto, Jan Prentice

ASSOCIATES:

Margie Lane, Kathy Lesica, Nan Rafter, Joanie Deam

The next FOFE meeting is scheduled for:

Friday, February 27 at 9:00 AM.

The public is welcome to attend.



A Message from FOFE President

The best news of the year is that TRISH IS BACK! We thank Sarah and all the staff who found ways to make this possible. It's also time for our annual membership drive. Renewal information will be going into the mail at the end of January. After much discussion and soul-searching, we have decided to raise the annual fee for 55+ year old Franklin residents to \$15, and to \$25 for non-residents and those youngsters under 55. These fees are one of our primary sources of income and help pay for many things such as those mentioned in the renewal packet. Lastly, do you have questions about FOFE, would you like to become involved, or want to let us know what's working, what needs improvement, or have ideas for new things you'd like to see? If so, we'd love to hear from you. In the meantime, Happy Valentine's Day and GO PATS!

– Jean Tolland, President

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Line Cook.....Pam Young
Van Driver.....Kathy Lewis
Van Driver.....Russ Pratt
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OUR MISSION

The mission of the Franklin Council on Aging, with the support of the community, is to identify, advocate, and implement meaningful educational, cultural, social, health and wellness activities and services for our aging population.

The Franklin Connection is distributed with funds provided by the Friends of Franklin Elders.

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