

April 2022

# The Franklin Senior Center

10 DANIEL MCCAHILL ST. FRANKLIN, MA 02038 PHONE: 508-520-4945 FAX: 508-520-4917

OPEN MON-FRI 8:30am-4:00pm

http://www.franklinma.gov/

# BEN'S BOUNTY GIFT SHOP 10AM-1PM

**Open Mon-Thurs** 



Make Sure to
Follow us on our
Social Media
Platforms to
Stay Informed
About the
Happenings at
The Senior Center!



twitter\*



# Connection

# Franklin Senior Center's Monthly Newsletter



### Deputy Director's Message

-Deputy Director, Christina LaRose

It's thought that the name April comes from the Latin word "to open"-and in April we continue to open up

and welcome new faces and programs. We are especially excited to open The Common Grounds Cafe and welcome our new Chef- Anne Scungio. Anne comes to us with many years of experience working in commercial kitchens, supervising staff, and coming up with creative ideas for fun recipes. The Cafe will reopen the week of April 11, please stop by to welcome Chef Anne and see the updates we have done to the Cafe.

In the spirit of being open we continue to be open to new ideas, we want to hear from you. Over these next several weeks we will be asking for community feedback in various ways, through surveys, suggestions box, open forums, and open office hours. Please consider attending one of our Community Needs Discussion Forums on 4/8 at 1PM, 4/12 at 6PM, and 4/27 at 10AM. In addition to these open discussions, Danielle and myself will be hosting office hours, this is a time to come in to discuss ideas, make suggestions, and ask any questions you may have. Danielle's hours are Thursdays from 1-3PM. Christina's office hours are Tuesdays 10 AM-12 PM. We appreciate your participation and feedback and look forward to getting to work with all of you.







Thank you to the Franklin Fire Department for a delicious Corned Beef Dinner and BINGO game!



# APRIL HAPPENINGS



LOOK AT OUR APRIL PRESENTATIONS ON THE LAST PAGE AND CALL TO REGISTER NOW!



6 Week Exercise Series with Steve Avellino

### **Balance and Posture**

\$30 for 6 weeks starting Monday, April 25th @ 9:30am

Call to Register!

# TEDTALKS IDEASWORTHSPREADING

Tuesdays at 2:00pm

TED Talks and Discussion Groups with Danielle



STAMPIN' UP!
ART CLASS
Wed, April 6th
2:00pm

Come join us and test your Knowledge

Mondays @ 11:00AM



### CRIBBAGE TOURNAMENT

Represent your Senior Center!

MONDAY, APRIL 25TH

\$3/ PERSON
CHECK IN @ 9:00am
Call for more information
and to register!

### PROGRAM OF THE MONTH

TAI CHI WITH TONY Thursdays at 1:00pm

Tai Chi is described as meditation in motion, tai chi promotes serenity through gentle, flowing movements.

Come try out a class!





### **HEARING CLINIC**

CALL TO MAKE AN APPOINTMENT

Hearing assessment, ear and hearing aid cleaning, etc. Wed, April 20th 10a-12p

Come join Danielle for another art class! Friday, April 15th at 1:00 PM \$4/person All levels welcome!

Call to Register



Come celebrate Baseball season and watch the Red Sox Opening Game vs the Yankees

Thursday, April 7 @ 1PM



Monday Matinee Every Monday at 1:15pm. Call to find out what movie!

### **HEALTH & WELLNESS SERIES**

Wellness Series: Our Sleep Cycles and What do they Mean!

Thursday, April 14th @ 1:00pm

Health Corner: Gift of Giving-Being an Organ Donor

Thursday, April 28th @ 6:00PM



# CAREGIVER'S CORNER AND SUPPORT GROUPS

THE SUNSHINE CLUB has a few openings left! This program offers seniors with memory loss, chronic medical issues, or social isolation a safe & engaging environment. Our day program provides individual attention, socialization, fun activities, lively discussion, & gentle exercises that make for a stimulating day! For more information, call Ariel Doggett at 508-520-4945.



MEMORY CAFÉ Please join us Wednesday April 16th at 1pm at our "Where's The Toast" memory Cafe. Patrick Durkin will be entertaining us with songs we know and love. Memory Café's are



safe and inviting spaces for those who are experiencing memory loss and their families. Join us for an hour of music, socialization and engagement. Please RSVP to Ariel: Cultural adoggett@franklinma.gov or 508-520-4945 This Memory Café' is supported in part by a Council generous grant from the Franklin Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.



ALZHEIMER'S CAREGIVERS SUPPORT GROUP Supports caregivers caring for their loved ones with Alzheimer's or dementia. On-site respite care is available if needed. Call The Senior Center for more information. The group meets every second and fourth Wednesday at 4:00pm.

FIBROMYALGIA SUPPORT GROUP Join this monthly group to help you find ways to improve your health ad wellbeing whilst living with a long term health condition. Meets the First Wednesday of the month at 1:00pm.

HEARING AND VISION SUPPORT GROUPS Call Maggie for more information 508-520-4945





YOU'RE INVITED TO A

APRIL 22, 2022 AT 11:00AM-1:00PM

LIVE ENTERTAINMENT AND LUNCHEON 66/PERSON- CALL TO REGISTER 508-520-4945



Join us for our April Monthly Party: April Showers Bring May Flowers on Friday, April 22 at 11:00AM

Live entertainment at 11am, Luncheon at Noon Please call to register: 508-520-4945 \$6/ person

### COMMON GROUNDS CAFÉ UPDATE

We are excited to announce that we have a new chef and kitchen manager!! Please welcome Chef Anne Scungio

Starting MONDAY, APRIL 11th Come and join us for BREAKFAST & LUNCH!

> Breakfast 8:30-10:30a Lunch 11:00-1:00p

### Tuesday, April 5th @ 10:00am

Come celebrate Pizza Day by making your own Pizza with our new chef! Call to Register as Spots are limited!

> We are looking for anyone that has any special talents or interested in providing new programs and activities for the senior center. From art & exercise classes, history & music lectures, travelogues, etc.- we'd love to know!

> > Reach out to Danielle 508-520-4945 or dhopkins@franklinma.gov

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Application of the second of t	COME TELL US YOUR IDEAS AND THOUGHTS FOR THE FRANKLIN SENIOR CENTER! OPEN OFFICE HOURS WITH THE DIRECTORS: DANIELLE THURSDAYS 1-3PM CHRISTINA TUESDAYS 10-12AM COME TO OUR COMMUNITY NEEDS OPEN DISCUSSION FORUMS TOO!	HAIRDRESSER/BARBER  MON & WED BY APPT  MON & WED BY APPT  WEDAY OTHER  TUESDAY BY APPT  TUESDAY BY APPT  CALL FOR DATE  CALL FOR DATE  WED & THURS  WED & THURS		10:00AM WOODCARVING 10:00AM HAND & FOOT 10:00AM COMEDY CLUB 11:00AM ZUMBA \$ 12:00PM T.O.P.S (TAKING OF POUNDS SENSIBLY) 1:00PM POKENO 1:00PM POKENO 1:00PM POLENO CHORAL GROUP 2:00PM SILVERTONES CHORAL GROUP
9:30AM ITALIAN CONVERSATION 10:30AM POKER 11:00PM TRIVIA! 1:00PM CHAIR VOLLEYBALL 1:00PM BOOK CLUB 1:00PM AMERICAN MAH JONG 1:15PM MOVIE MATINEE 6:00PM CRIBBAGE	5 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM SENIOR PLAYERS 10:00AM PIZZA MAKING & MEET THE NEW CHEF!* 11:00AM CARDIO, STRENGTH & BALANCE \$ 1:00PM MINDFUL MOVEMENTS \$ 1:00PM BINGO 1:00PM CRIBBAGE INSTR. 1:00PM QUILTING 2:00PM TED TALKS	9:00AM WALKING GROUP 9:45AM CHAIR YOGA \$ 10:00AM VETERANS COFFEE SOCIAL 10:00AM KNITTING 10:00AM SCRABBLE 11:00AM ASIAN MAH JONG 11:00AM SCRABBLE SUPPORT GROUP 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR SCRIBBLERS 2:00PM STAMPIN' UP! 4:00PM CAREGIVER SUPPORT GROUP	9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM CHAIR W/ JUDY \$ 11:00AM DISCUSSION GROUP 11:00AM CARDIO,STRENGTH & BALANCE \$ 12:00PM POKER 12:30PM OPEN ART STUDIO 1:00PM BINGO 1:00PM TAI CHI \$ 1:00PM RED SOX VS YANKEES GAME PARTY!	8 10:00AM WOODCARVING 10:00AM HAND & FOOT 10:00AM COMEDY CLUB 11:00AM ZUMBA \$ 12:00PM T.O.P.S (TAKING OFF POUNDS SENSIBLY) 12:30PM LEGACY GROUP 11:00PM COMMUNITY NEEDS DISCUSSION FORUM 1:00PM POKENO 1:00PM POCL INSTRUCTION 2:00PM SILVERTONES CHORAL GROUP
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10	6)	1-
GOOD FRIDAY 15  ART CLASS WITH DANIELLE* POKENO POOL INSTRUCTION SILVERTONES CHORAL GROUP	CARTH DAY   22	WOODCARVING HAND & FOOT COMEDY CLUB ZUMBA \$ T.O.P.S (TAKING POUNDS SENSIBLY) POKENO POOL INSTRUCTION SILVERTONES CHORAL GROUP
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14. 12:00PM POKER 12:30PM OPEN ART STUDIO 1:00PM WELLNESS SERIES: SLEEP CYCLES* 1:00PM BINGO 1:00PM TAI CHI S	21 S:30AM COFFEE HOUR W/ STATE & LOCALOFFICIALS 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM CHAIR W/ JUDY \$ 10:00AM DISCUSSION GROUP 11:00AM CARDIO, STRENGTH 2:00PM POKER 12:30PM POKER 12:30PM OPEN ART STUDIO 1:00PM BINGO 1:00PM BINGO 1:00PM BINGO 1:00PM BINGO 1:00PM HISTORY OF THE SUPPREME COURT	9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM CHAIR W/ JUDY \$ 10:00AM DISCUSSION GROUP 11:00AM CARDIO, STRENGTH & BALANCE \$ 12:00PM POKER 12:30PM OPEN ART STUDIO 1:00PM BINGO 1:00PM TAI CHI \$ 6:00PM TAI CHI \$ 6:00PM HEALTH CORNER: GIFT OF GIVING: BEING AN ORGAN DONOR*
13 1:00PM MEMORY CAFÉ ** 1:00PM LINE DANCING \$ 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR SCRIBBLERS	9:00AM WALKING GROUP 9:45AM CHAIR YOGA \$ 10:00AM HEARING CLINIC* 10:00AM HEARING CLINIC* 10:00AM KNITTING 10:00AM KNITTING 11:00AM ASIAN MAH JONG 11:00PM LINE DANCING \$ 1:00PM LINE DANCING \$ 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR SCRIBBLERS 4:00PM CAREGIVER SUPPORT GROUP	9:00AM WALKING GROUP 9 9:45AM CHAIR YOGA \$ 9 10:00AM COMMUNITY 9 10:00AM KNITTING 10:00AM SCRABBLE 10:00AM ASIAN MAH JONG 11:00AM POUND FITNESS 1:00PM LINE DANCING \$ 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR 5 1:00PM SENIOR 6 1:00PM SENIOR 6 1:00PM SENIOR 7 1:00PM SENIOR 7 1:00PM SENIOR 6 1:00PM SENIOR 7 1:00PM SENIOR 7 1:00PM SENIOR 7 1:00PM SENIOR 8 1:00PM SENIOR 8 1:00PM SENIOR 8 1:00PM SENIOR 9
11:00AM CARDIO, STRENGTH 11:  & BALANCE \$ 11:00PM LEGAL CLINIC** 11:00PM MINDFUL MOVEMENTS \$ 11:00PM BINGO 1:00PM CRIBBAGE INSTR. 1:00PM QUILTING 2:00PM DANIELLE'S DISCUSSION GROUP 6:00PM COMMUNITY NEEDS DISCUSSION FORUM	9:00AM CRIBBAGE 9:130AM BUSY BEES 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ 10 SHIRLEY MAE S 10:00AM SENIOR PLAYERS 11:00AM CARDIO, STRENGTH 10 & BALANCE S 11:00PM MINDFUL MOVEMENTS \$ 1:00PM BINGO 1:00PM CRIBBAGE INSTR. 1:01:00PM CRIBBAGE INSTR. 1:01:00PM QUILTING 2:00PM TED TALKS 446	9:00AM CRIBBAGE 9:0 9:30AM BUSY BEES 9:4 9:30AM LOW IMPACT W/ 10 SHIRLEY MAE \$ 10:00AM SENIOR PLAYERS 10:1:00AM CARDIO, STRENGTH 10:00PM MINDFUL MOVEMENTS \$ 1:00PM MINDFUL MOVEMENTS \$ 1:00PM CRIBBAGE INSTR. 1:00PM QUILTING
YBALI N N N N N N N N N N N N N N N N N N N	SENIOR CENTER CLOSED TODAY:	9:00AM CRIBBAGE TOURNAMENT:*S 9:30AM ITALIAN CONVERSATION 9:30AM 6 WEEK SERIES: BALANCE & POSTURE* S 10:30AM POKER 11:00AM TRIVIA 11:30AM NAME THAT TUNE! 1:00PM CHAIR VOLLEYBALL 1:00PM AMERICAN MAH JONG 1:15PM MOVIE MATINEE 6:00PM CRIBBAGE

\*\* PLEASE CALL THE SENIOR CENTER TO RESERVE A SPOT FOR THIS PROGRAM #508-520-4945 **\$ EXERCISE CLASSES COST BETWEEN \$2-\$3 PER CLASS** 

## Friends of Franklin Elders, INC.

The Friends of Franklin Elders, Inc. (FOFE) is a private, non-profit organization whose purpose is to provide funds for programs, services, and equipment for the Franklin Senior Center that cannot be provided by state or local government. The Friends raise funds through membership fees, donations, and special events. Our next meeting is scheduled for

Friday, April 22 @9:30 am. The public is welcome to attend.



JoAnn Wright, President
Nan Rafter, Vice President
Julie Garilli, Treasurer
Margie Lane, Secretary
Carol Ellsworth, Judy Pfeffer,
Helen Power, Paula Lombardi, Pam Spicer.

We are trying to go **Green** more at the
Franklin Senior Center.

If you would rather have your newsletter
emailed to you please email Danielle
dhopkins@franklinma.gov



## Veterans' Services Office (508) 613-1315

**April 6** – **Veterans' Coffee Social** – 10:00 a.m. at the Senior Center. Please join us for a celebration of the Starbucks team this month. All veterans are welcome to join us for coffee and conversation!

**April 14** – **Veterans' Council Meeting** – 7:00 p.m. at the Senior Center. All members of the community interested in veterans' activities are invited. Please note this month's meeting is offcycle. Regular meeting cycle (3<sup>rd</sup> Thurs of the month) will resume in May.

April 14, 2022 - Air Force Reserve Birthday

April 23, 2022 - Army Reserve Birthday











The *Tune It Out* guitar lessons program for veterans meets on Tuesdays at 5:30 p.m. at the Senior Center. There is no charge for lessons and no guitar experience is required. Call the Veterans' Services Office for details.

The next engraved brick installation on the Veterans Memorial Walkway is scheduled to coincide with Memorial Day. The deadline for this installation is April 1st. Brick orders received after this date will be scheduled for the fall installation. Forms are available in the Town Hall and Senior Center lobbies as well as on the Veterans' Services page on the Town web site.

For information about COVID-19 booster appointments and clinics in the Boston VA Healthcare System, go to: <a href="https://www.va.gov/boston-healthcare/">https://www.va.gov/boston-healthcare/</a>

Proof of full COVID-19 vaccination or masks will be required at all Veterans' events.



# Friends of Franklin Elders, Inc. (FOFE)

A private, non-profit organization whose purpose is to provide funds for programs, services and equipment for the Franklin Senior Center that cannot be provided by state or local government. FOFE raises funds through membership fees, donations and special events.

### Thank you to the following for their Generous Donation

Tha	ank you to the following fo	r their Generous Donations	to FOFE
Eileen B. Burnard	Mary Principessa	Theresa Fiorillo	Barbara & Robert Evans
JoAnn Wright	William & Janet Norman	Sandra Gaudet	Dawn Gaudet - Logan
James & Nan Rafter	Bill Quinn	Mary Girard	Elizabeth & Peter Giancola
Jane Barraclough	Diane Rappa	Lois Griffin	Muriel Goyer
Mary Chouinard	Jeanne Reilly	Marjorie Hanavan	Mark Griffin
Wolfgang Bauer	Dorothy C. Rietzel	James & Mildred Hansen	Dick & Judy Hynes
Donald & Josephine Bombara	Anne & Doug Saunders	Diane & William Howard	Richard S. Moore
Phyllis C. Bremer	Mary Jane Sciortino	Joyce Hutchinson	Carol & John Saletnik
Elaine Costello	Elsie G. Scott	Young O Hwang	Kevin & Suzanne Sayward
Bob Catalano	Stephen G. Sherlock	Robert & Mary LeCount	Robert L. Schaaf
Linda & Jack Coughlin	Steve Skaza	Louis & Beverly Marguerite	Ron & Nancy Standring
Betty Cronin	Kirk & Pam Smith	Virginia McBride	Ming Cheng Wei
Kathleen Duggan	James Swarr	Wanda Mercer	George & Pamela Young
Ellen & James Ford	Rose M. Turco	Deborah A. Monaghan	Kaye & Bob Crowley
Diana Foster	Charles & Marilyn Wayshville	Mary Nally	Mary A. Denommee
Diane & Dana Friend	John & Cindy White	Deborah Pellegri	Carolyn Marr
Carlo & Rita Geromini	Jill Worner	Fathy Habib Ramla	Joyce Adams
Ronald & Rita Gianetti	Nick & Marge Capezza	Martha Svingen	Stephen Green
Jim Ginley	Charles & Jane Maguire	Edward P. Taddeo	Lorraine Kerr
Joyce M. Jobe	Barbara Swasey	Richard & Terri Tomaino	Linda R. King
Robert & Audrey Kelley	Edward J. Wenger	Diana VandeKerkhoff	Patricia M. Lacourse
Richard & Karen Miller	Cindy-Lee Barrett	Keo & Malayky Vilaysack	Sarah O'Neal
Robert Miller	Gunnlaug Bloemink	Bruce & Eileen Watkins	Gary A. Siwnk
Judith Murphy	Andre & Jeanette Bonvin	Catherine H. Williams	Lyle & Carol Wicker
Nelson & Judy Osborn	Anne Brunelli	Richard & Janet Whitten	Suzanne Clark
Lenora & James Palanzi	James Canavan	Joan C. Boyd	Anne Covell
Elsa T. Paxton	Maureen Colella	Faye Caribardi	Tom & Jackie Gibbons
Tina Powderly	Therese Crowley	Richard Grover	Lorie & Bruce Hurst
Philip Prescott	Martha Denyer	Pauline J. Cataloni	Paul & Beth Mucciarone
Patricia Prewitt	Hagop & Eleanor Eknaian	Rick Ciccone	Carol Ross



### Thank you to the following for their Generous Donations to FOFE...(cont.)

Sharon Whalen

Ron & Mary Higgenbottom

Catherine McCahill

Monty Bidder

Gail Port

Elaine Renzi

Chris Campbell

Dee Clark

Mary Riordon

Louise Comeay

Jean & Roger Bachelder

Judith Sawyer

Joanne Carden

Carol Bethoney

Joanne Carden

Maria & Edward Colace

Tracy & Malcolm Macleod

In Loving Memory

Richard & Cynthia Douglas in Memory of Pete & Marion DiPietro

John & Paula Lombardi In Memory of William J. Murphy

Joseph Pulsone in Memory of Nick, Mary, Joan & Family

Patricia M. Stevens in Memory of Richard Stevens

Anthony Gromelski in Memory of Ralph & Dorothy Mendall; Edward & Mary Gromelski

Marcia A. Bergman in Memory of her husband Melvin Howards

Marie Dalo in Memory of Antonietta (Tony) Carlucci

Janet M. McLaughlin in Memory of Dorothy Wilson

Valerie Blaine in Memory of Louie Blaine & Barbara Besterfield

Anne M. Boulanger in Memory of Paul E. Boulanger Sr.

Mr & Mrs. Robert Brunelli in Memory of Nelsi & Anita Brunelli; Anna & Armetti Bassignani

Rose Carlucci in Memory of Rudolph Carlucci

Roberta Clary in Memory of Paul Clary

Jane & Peter Coppola in Memory of Andrew Coppola

Donna & William Cupelo in Memory of Angela A. Chevalier & William J. Cupelo

Lois D'Amico in Memory of Madeline Post

Marie Dalo in Memory of Steve Dalo & Blance Mucciaroni

Pam DeGrazia in Memory of Frank & Paul DeGrazia

Doris M. Downe in Memory of Dora Sacchetine

Julie Garilli in Memory of Conrad & Barbara Caligaris

Robert & Dorothy Giordano in Memory of Charlie Ross

Josephine Henault in Memory of Phil Henault

Robert F. Hannon in Memory of Kathleen M. Hannon

Richard & Helen Hastry in Memory of Madeleine Faenza

Jacqueline R. Higgins in Memory of Joel T. Sexton

Paul L. Holst Sr. in Memory of his wife Margaret E. Holst

Bill Laquidara in Memory of Roger Jordan, Paul Holst, Jr., Mary Jordan

Anthony V. Luzzo in Memory of Geraldine Luzzo, Rose, Bruno & Anna

Marie MacSwain in Memory of Mary L. Degnim

Ralph Masi in Memory of Phyllis Masi, Elisabeth Masi

James Misner in Memory of Beth Misner

Margaret Natan in Memory of Max Natan

Nancy Rappa in Memory of Bob Rappa

William Reynolds in Memory of Barbara Reynolds

Judith E. Ross in Memory of Andrew Bissanti

Anonymous in Memory of Kirsti Kainu

Lucy Semerjian in Memory of Garabed Semerjian

Ann Seymour in Memory of Donald J. Seymour

Anthony & Massimina Vignone in Memory of Pete D'Amelio, Fred Pecci, Greg Ballario, Nicholas Santoro, Ray Tucci,

Harvey Nasuti, Al Lewis



# In Loving Memory

# Thank you to the following for their Generous Donations to FOFE...(cont.)

Louise C. Vozzella in Memory of Joseph P. Vozzella
James & Kathleen Wilcox in Memory of Rob Wilcox
Theresa Yadisernia in Memory of Mary Lou Degnim
Shanna McKelvie in Memory of Stephen McKelvie
Peter & Camille Molloy in Memory of Marlene Fregeau
& Sheila Hooper

George & Therese Perron in Memory of Carmine Iannuzzi Irene H. Allison in Memory of the Francis H. Allison Floyd & Sylvia Bent in Memory of the Ralph Bent & Rosina Bent Clarice Cargill in Memory of David Cargill

Angelina Carlucci in Memory of Anthony E. Mucciarone; Anthony & Olga Mucciarone; Nello & Josephine Luccini Marilyn Carpenter in Memory of Ted Carpenter Janice Corso in Memory of Frank Corso, Sr.

Janice Corso in Memory of Frank Corso, Sr.

Nicholas & Mary D'Aluisio in Memory of Marion Aherns
Barbara A. DeCosta in Memory of Robert & Carleen DeCosta
Kathleen DeRosa in Memory of Thomas DeRosa
Veronica Dolge In Memory of Madeleine Faenza
Josephine Greenwood In Memory of Kenneth Greenwood
Linda Huempfner in Memory of Russ Grant & Ed Rosslin
Joan Junghanns in Memory of George Junghanns
Dona P. Mackintosh in Memory of Donald Mackintosh
Phyllis E. Molloy in Memory of Paul J. Molloy

Elizabeth Picard in Memory of Edward Picard

Gloria Rollinson in Memory of Nicholas. Antoinette Mi

Gloria Rollinson in Memory of Nicholas, Antoinette Mucciarone & Sons; Henry & John DeGregorio & Edgar Rollinson

Elaine Rossetti in Memory of William J. Rossetti

Gail & Paul Shew in Memory of Harvey & Doey Hasuti

Joan E. Spiegel in Memory of Daniel Spiegel

Kathy Stoffel in Memory of Jim Stoffel

Louise C. Vozzella in Memory of Barbara A. Besterfield

Marion Arcaroin Memory of Antoinetta & Gino Carlucci

Anne Bissanti in Memory of Tony Bissanti

Mary Crehan in Memory of Eleanor Heisler

Eugene Holmes III in Memory of Gene Holmes, Jr.

Dr. William Koplin in Memory of Linda Koplin

Nora Minnichelli in Memory of her husband Anthony Minnichelli & her mother Helen Boghosian

Maureen Murphy in Memory of Pearce Murphy

Margaret Rettman in Memory of Madeleine Faenza from Larry & Marge Rettman

Joanne Roche in Memory of Neil J. Roche

Lucy Semerjian & JoAnn Wright in Memory of Barbara Besterfield

Susan Sheridan in Memory of Pauline Sheridan

Susan Shluger in Memory of Rita Scher

Patricia Tomasetti in Memory of Richard & Stephen Tomasetti

Helen Cherryin Memory of William Chiverton

Carol A. Gillespie in Memory of Peter H. Gillespie

Lou Mortelli in Memory of Barbara Besterfield & Evelyn Howe

James and Bernice Adams in Memory of Kevin Murphy & Robert Adams

Judith Ferland in Memory of Randall & Alice Berndt

Mary J. Foley in Memory of Walter J. Foley

Teresa Foley in Memory of David X. Foley

Cora Labossiere in Memory of Francis Labossiere

Claire Lombardi in Memory of Donald Gelineau

Veronica & Venancio Santo-Domingo in Memory of Mary Lou Degnin

Mary Brunelli in Memory of Albert Brunelli

Ann Franciose in Memory of Henry Franciose

Jan Jewett in Memory of Christine Goguen

Pierina D'Ascenzo in Memory of Domenic & Paul D'Ascenzo

Barbara Godin in Memory of Thomas Godin

Emma Halligan in Memory of Joseph Halligan, Sr.

Maureen Kravatas in Memory of Shirley Spinney

Clare Flynn in Memory of James Flynn

Claire Lewis in Memory of Albert R. Lewis

Roger & Roberta Trahan in Memory of Vincent & Alma DeBaggis



### In Loving Memory

# Thank you to the following for their Generous Donations to FOFE...(cont.)

Brenda Hutchinson in Memory of George F. Hutchinson

Catherine McNiff in Memory of J. Kevin McNiff

Margaret O'Neill-Perkins in Memory of Bill Perkins

Florence Simmler in Memory of Friends Lost During 2021

Carole Taddeo in Memory of Oscar & Theresa Bouchard

Carol Belcher in Memory of Allan Belcher, Jr.

Gloria Gelineau in Memory of Donald Gelineau

Barbara Ann Kelly in Memory of Dorothy Meehan

Marie Santoro in Memory of Nick Santoro

Bob Weidman in Memory of Mary Ellen Weidman



### Happy Retirement to our dear FOFE member, Marge Capezza!

All the FOFE members would like to thank you for your outstanding work and dedication as a FOFE member and our secretary for ten plus years.

In the many years that you were a member, you were always ready to help out. When Karen Alves needed help with coordinating the newsletter, you stepped right up and volunteered. You loved getting people at the senior center involved in volunteering their time to assemble the newsletter. When the senior center had their monthly parties, you helped out with the 50/50 raffle and made it fun.

Congratulations! We all wish you the best of health and happiness!



### ARE YOU LOOKING TO VOLUNTEER AT THE SENIOR CENTER?

The Friends of Franklin Elders (FOFE) are looking for two new members. If you would be interested in serving on the FOFE Board and want to learn more about us, please come to our next meeting on April 22, 2022 at 9:30am or call the Senior Center at (508) 520-4945. This is an open meeting and is held on the 4<sup>th</sup> Friday of the month (with the exception of June – August).

### F.O.F.E. MEMORIAL DONATION

Your Name

Address

In Memory of:

MAIL TO:

Friends of Franklin Elders, Inc. 10 Daniel McCahill St. Franklin MA 02038

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### The Friends of Franklin

Elders are looking for new members. If you would be interested in serving on the Friends Board, please call the Senior Center at (508) 520-4945.





Maria Vivas MS CCC-A Certified & Licensed Audiologist



(508) 478-0723

milfordaudio@gmail.com

215 West St, Milford MA at Milford Medical Center

### **NEWSLETTER ADVER-TISING**

Over the years, the generous and continuing support of area businesses has enabled publication of our informative 10 month "The Connection" newsletter. If you aren't already part of our advertising team and would like your advertising message to reach 3,000 seniors, please contact Pam Spicer at rhspc@comcast.net for more

information.



& Franklin Public Radio Comcast 96 11 08



email or call: info@wfpr.fm / 508-528-9377

WE HAVE HIGH SCHOOL STUDENTS THAT CAN HELP YOU WITH YOUR SPRING CLEANING!

CALL SUE AT THE SENIOR CENTER TO HELP ARRANGE! 508-520-4945



Where flowers bloom so does hope.

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LADY BIRD JOHNSON



### FRANKLIN COUNCIL ON AGING

#### Officers:

Chairman	Bob Crowley
Vice-Chairman	Ron Higginbottom
Secretary	Lyn O'Brien

### Members:

Faith Flaherty, Mary Hick, Jan Jewett, Janet Milici, Ken Norman, Lester Quan

### Staff:

Director
Veterans' Services OfficerShannon Nisbett Veterans' Services AssistantDebra Martin
Public Health NurseAlisha Deptula

The Franklin Connection is distributed with funds provided by the Executive Office of Elder Affairs, and the Friends of Franklin Elders, Inc.

### Friends of Franklin Elders, Inc. c/o Franklin Council on Aging 10 Daniel McCahill Street Franklin, MA 02038

Pre-Sorted Standard Franklin, MA Permit No. 13

## Franklin Senior Center "Independence, Engagement & Connection!"

The Franklin Council on Aging meets on the second Tuesday of the month at 10:00 a.m. This is an open meeting; the public is invited to attend.

The mission of the Franklin Council on Aging is to enhance the independence and quality of life for Franklin older adults by:

- Identifying the needs of this population and creating programs that meet those needs.
- ♦ Offering the knowledge, tools and opportunities to promote mental, social and physical well-being.
- ♦ Advocating for relevant programs and services in our community.
- ♦ Serving as a community focal point for aging issues and as liaison to local, state and Federal resources for older adults and their families.

### April Presentations - Call to Register!

### **Community Needs Discussion Forums:**

Fri, April 8th @ 1:00PM, Tues, April 12th @ 6:00PM, Wed, April 27th @ 10AM

### Reversing the Aging Process with Steve Avellino

Monday April 11th @ 9:30am

### **Understanding Cyber Security Presentation**

Monday, April 11th @ 2:00pm

Wellness Series: Sleep Cycles and What do they Mean.

Thursday, April 14th @ 1:00pm

The Highest Court: A Brief History of the Supreme Court with Paolo Di Gregorio

Thursday, April 21st @3:00pm

Health Corner: The Gift of Giving-Being an Organ Donor

Thursday, April 28th @ 6:00pm

# Jokes of the Month

What monster plays the most April Fool's jokes? Prankenstein!

Why should you start a gardening business? To rake in the cash!

If April showers bring May flowers, what do May flowers bring? Pilgrims

How excited was the gardner about spring? So excited he wet his plants!

Can bees fly in the rain? Only when they wear their yellow jackets!



COME AND TOUR THE SENIOR CENTER AND SEE WHAT GREAT THINGS WE ARE DOING!



REMINDER: All entrants are now required to show proof of full vaccination against COVID-19 or wear a mask while not consuming food or beverages.