



# THE FRANKLIN Connection

## Franklin Senior Center's Monthly Newsletter

June 2022

### The Franklin Senior Center

10 DANIEL MCCAILL ST.  
FRANKLIN, MA 02038  
PHONE: 508-520-4945  
FAX: 508-520-4917

OPEN MON-FRI  
8:30am- 4:00pm

<http://www.franklinma.gov/>

### BEN'S BOUNTY GIFT SHOP 10AM-1PM

Open Mon-Fri



COMMON  
GROUND'S CAFÉ!

WE ARE OPEN!

MON-FRI

Breakfast 8:30- 10a

Lunch 11:30-1:00p



Make Sure to  
Follow us on our  
Social Media  
Platforms to  
Stay Informed  
About the  
Happenings at  
The Senior Center!

### DIRECTORS MESSAGE

We're halfway through the year after this month- if you can believe it or not! Even though we are still "new" and continuing to learn the workings of this vibrant Senior Center and the members that make it, we have realized how crucial our dedicated and hard-working staff are to the success of the Franklin Senior Center. And, we want to make sure they know how appreciated and lucky we are to have them!

**Sue Barbour**- our Program Coordinator- is the longest tenured staff we have on our team and our local historian lol. Her kindness and strength are a huge asset to our team, on top of her humor, that always keeps us laughing!

**Ariel Doggett**- our Supportive Programming Coordinator- a woman you'd want to go into battle with. Her compassion, dedication, and high energy are something I think we should all strive to have.

**Nurse Trish Collatos**- our Health and Wellness Nurse- always looking to see what new and innovative programs for health and wellness she can bring to the table. She is very easy to talk to and always so welcoming and encouraging.

**Maggie Gundersen**-our Social Services Coordinator- whom is a wealth of knowledge and a great resource and advocate for our residents. Her intelligence and networking skills are bar none, and we can't help but appreciate and latch on to her vision of the future for our Senior Center.

**Donna Haynes**- our Supportive Day Coordinator- her grace, empathy, and dedication are witnessed everyday by staff, members, and family alike. You can tell she loves what she does and she truly cares about this program that she helped build and instill at the senior center.

**Mary Hynes**- our Administrative Assistant- a woman with a mission. She only started last July, but what an impact she has made. She is the heartbeat of this center. If she is not running around setting things up or trying to do four things at once, she is getting to know and help out each and every one of us. A woman of many hats and always with a smile!

**Kathleen Laughran**- our Supportive Day Assistant- brings a calmness and relatability to our Sunshine Club. We thought she was quiet at first, but come to know she's got a larger than life personality and vibrancy to her!

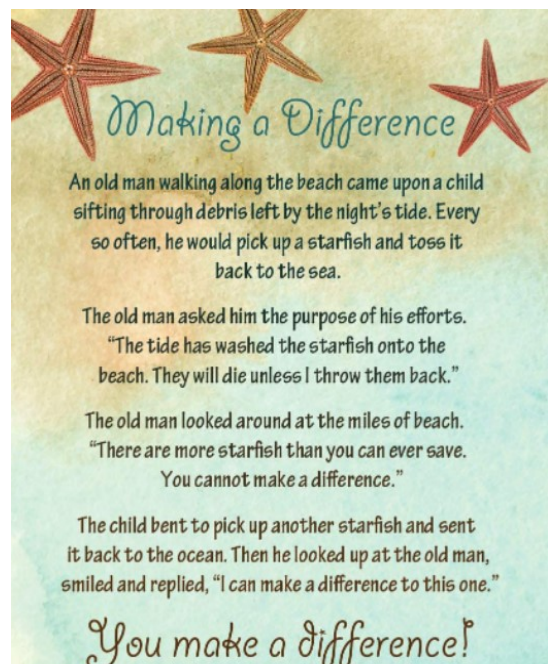
**Anne Scungio**- our new Chef and Kitchen Manager- how did we get so lucky! She has definitely made a great first impression, I'm sure all of you agree. We're excited to see what she cooks up next!

In addition, the Senior Center is blessed to have over 10,000 hours donated each year through volunteers- that's an impressive statistic! This month, we will be honoring our volunteers on Friday, June 10th in collaboration with the celebration of the Queen's Jubilee, where they will be treated like royal-tea!

If you see our staff and volunteers, please make sure to thank them for the difference they make.

With appreciation,

Christina LaRose and Danielle Hopkins



# JUNE HAPPENINGS



LOOK AT OUR JUNE PRESENTATIONS ON THE LAST PAGE AND CALL TO REGISTER NOW!



## GO FOR THE GOLD JUNE PARTY

**Friday, June 17th**

11:00am

\$6 to sign up

**Register by June 13th**

*(different price for our Olympic athletes)*

### Vietnam: Enduring Struggle With Paolo DiGregorio

Lecture discussing the origins of American involvement, political and military efforts on the ground, and the aftermath of the Vietnam War

**Wednesday, June 22 @ 2PM**  
**Call to Register**



### TECHNOLOGY CLINIC

**Thursday, June 23 @ 2:00PM**

Come with your cell phone to work with Ryan, our lovely technology guru!

Ryan is also available by appt too!  
*Call to Register!*

## HEALTH & WELLNESS SERIES

### Pro PT Back Clinic: Back Pain and Sciatica

Tuesday, June 14th @ 1:00PM

Starting another **6 Week Series with Steve Avellino (\$35)**

**Feet and Ankles:** Starting Monday, June 13th @ 9:30AM

**Balance and Exercise 3 Week Series Class with Nurse Trish**

Wednesday, June 22 and 29 @ 11:30AM

**Wellness Series: Importance of Hydration**

Thursday, June 23rd @ 1:00PM

**Levels of HealthCare in Massachusetts**

Thursday, June 30th @ 6:00PM



### HEARING CLINIC

*CALL TO MAKE AN APPOINTMENT*

Hearing assessment, ear and hearing aid cleaning, etc.

**Fri, June 3 @ 1:00pm**

**Wed, June 15 @ 10:00am**

### THE GARDEN YEARS CLUB

Interested in a  
gardening group?

Come join Christina on  
**6/6 and 6/27 @ 10:30am**

**Bring your green thumbs!**



### RAINBOW CAFÉ

Are you a member or ally of the LGBTQ+ community?!  
Come join us and like-minded people for coffee, conversation, and friendship!

**Tuesday, June 28th @ 10AM**  
**Call to Register**

### RAINBOW JEOPARDY

Come test your knowledge about LGBTQ+ leaders, authors, celebrities and change-makers who have shaped our history!

Hosted by Julie Nowak

**THURSDAY, JUNE 30TH**

**2:00PM**

CALL TO REGISTER!



Come join Danielle for another art class!

**FRIDAY, JUNE 10TH**

**At 1:00 PM**

**\$4/person**

All levels welcome!

Call to Register



# CAREGIVER'S CORNER AND SUPPORT GROUPS

**THE SUNSHINE CLUB** This program offers seniors with memory loss, chronic medical issues, or social isolation a safe & engaging environment. Our day program provides individual attention, socialization, fun activities, lively discussion, & gentle exercises that make for a stimulating day! For more information, call Ariel Doggett at 508-520-4945.



**MEMORY CAFÉ** Please join us **Wednesday, June 15th** at 1pm at our "Where's The Toast" memory Cafe. **Tap Dancing Ted** will be entertaining us with songs we know and love. Memory Café's are safe and inviting spaces for those who are experiencing memory loss and their families. Join us for an hour of music, socialization and engagement. Please RSVP to Ariel:



Mass Cultural Council  
[adoggett@franklinma.gov](mailto:adoggett@franklinma.gov) or 508-520-4945 This Memory Café' is supported in part by a generous grant from the Franklin Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.

**ALZHEIMER'S CAREGIVERS SUPPORT GROUP** Supports caregivers caring for their loved ones with Alzheimer's or dementia. On-site respite care is available if needed. Call The Senior Center for more information. The group meets every **second and fourth Wednesday at 4:00pm.**

**FIBROMYALGIA SUPPORT GROUP** Join this monthly group to help you find ways to improve your health and wellbeing whilst living with a long term health condition. Meets the **First Thursday of the month at 1:00pm.**

## HEARING AND VISION SUPPORT GROUPS

One on One Assistance with Low Vision Technology: Every Thursday by appt with Jerry 857-443-6366 (10a-2p)

Tuesday, June 7th at 1:00pm: Audio Reading of the Senior Center June Newsletter.

Wednesday, June 8th at 1:00pm: Guest Speaker: Chris Murphy from Mass EDP Phones, demonstrates phones for people with hearing impairment or low vision.

Thursday, June 9th at 1:00pm: Peer Empowerment Program: Michael, from A.T. Guys of Michigan, will speak to us about latest trends in assistive technology for those with vision impairment.

Thursday, June 16th at 1:00pm: Vision Loss Adjustment Counseling (peer support group)

Thursday, June 21st and 28th at 1:00pm: Audio Book Club: The Paper Palace by Miranda Cowley Heller #508-206-8603



Franklin Senior Center's First Annual

## SENIOR OLYMPICS

June 13- June 17, 2022

\$5 to compete in any and all events

\$10 to compete and join the Go For the Gold Party Friday!

REGISTER BY JUNE 6<sup>TH</sup> IF INTERESTED IN COMPETING!







### Events to Compete In:

- ◆ 1/2 Mile Walk
- ◆ 1 Mile Walk
- ◆ 2 Mile Walk
- ◆ Bocce Tournament
- ◆ CornHole Tournament
- ◆ Trivia Bee
- ◆ Cribbage Competition
- ◆ Darts
- ◆ Pool Tournament
- ◆ Pickleball
- ◆ Puzzle Wars
- ◆ Scrabble Tournament
- ◆ Watermelon Carving
- ◆ And More!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>2022</b>	<p><b>SIGN UP FOR</b></p>  <p><b>SENIOR OLYMPICS</b></p>	<p><b>1</b></p> <p>9:00AM WALKING GROUP 10:00AM CHAIR YOGA \$ <b>10:00AM VETERANS COFFEE SOCIAL</b> 10:00AM KNITTING 10:00AM SCRABBLE 10:00AM ASIAN MAH JONG 11:00AM POUND FITNESS \$ 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR SCRIBBLERS</p>	<p><b>2</b></p> <p>9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM DISCUSSION GROUP 11:00AM CARDIO, STRENGTH &amp; BALANCE \$ 12:00PM POKER 12:30PM OPEN ART STUDIO <b>1:00PM FIBROMYALGIA SUPPORT GROUP</b> 1:00PM BINGO 1:00PM TAI CHI \$</p>	<p><b>3</b></p> <p>10:00AM WOODCARVING 10:00AM HAND &amp; FOOT <b>11:00AM FOFE MEETING</b> 11:00AM ZUMBA \$ 12:00PM T.O.P.S (TAKING OFF POUNDS SENSIBLY) <b>1:00PM HEARING CLINIC*</b> 1:00PM POKENO 1:00PM POOL 2:00PM INSTRUCTION SILVERTONES 2:00PM CHORAL GROUP</p>
<p><b>6</b></p> <p>9:30AM 6 WEEK SERIES: BALANCE &amp; POSTURE* \$ 9:30AM ITALIAN CONVO <b>10:30AM THE GARDEN YEARS CLUB*</b> 10:30AM POKER 11:00AM TRIVIA! 1:00PM CHAIR VOLLEYBALL 1:00PM AMERICAN MAH JONG 1:00PM LINE DANCING \$ 1:15PM MOVIE MATINEE: JUNGLE CRUISE 5:00PM CRIBBAGE</p>	<p><b>7</b></p> <p>9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM HAND &amp; FOOT 11:00AM CARDIO, STRENGTH &amp; BALANCE \$ 1:00PM AUDIO READING OF NEWSLETTER 1:00PM MINDFUL MOVEMENTS \$ 1:00PM BINGO 1:00PM CRIBBAGE INSTR. 1:00PM QUILTING</p>	<p><b>8</b></p> <p>9:00AM WALKING GROUP 10:00AM CHAIR YOGA \$ 10:00AM KNITTING 10:00AM SCRABBLE 10:00AM ASIAN MAH JONG 11:00AM POUND FITNESS \$ <b>1:00PM HEARING SUPPORT GROUP</b> 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR SCRIBBLERS <b>4:00PM CAREGIVER SUPPORT GROUP</b></p>	<p><b>9</b></p> <p>9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM DISCUSSION GROUP 11:00AM CARDIO, STRENGTH &amp; BALANCE \$ 12:00PM POKER 12:30PM OPEN ART STUDIO <b>1:00PM LOW VISION SUPPORT GROUP</b> 1:00PM BINGO 1:00PM TAI CHI \$</p>	<p><b>10</b></p> <p>10:00AM WOODCARVING 10:00AM HAND &amp; FOOT <b>10:30AM VOLUNTEER APPRECIATION BRUNCH</b> 11:00AM ZUMBA \$ 12:00PM T.O.P.S (TAKING OFF POUNDS SENSIBLY) <b>1:00PM ART CLASS WITH DANIELLE*\$</b> 1:00PM POKENO 1:00PM POOL 2:00PM INSTRUCTION SILVERTONES 2:00PM CHORAL GROUP  <b>CAFÉ CLOSED TODAY!</b></p>
<p><b>13</b></p> <p><b>OLYMPIC WEEK</b> 9:30AM 6 WEEK SERIES: ANKLES AND FEET* \$ 9:30AM ITALIAN CONVO <b>10:00AM OPENING CEREMONIES</b> 10:30AM POKER <b>11:00AM ½ MILE WALK*</b> 11:00AM TRIVIA! 1:00PM LINE DANCING \$</p>	<p><b>14</b></p> <p><b>OLYMPIC WEEK</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ <b>10:00AM COA MEETING</b> 10:00AM HAND &amp; FOOT <b>10:30AM CORNHOLE TOURNAMENT, MEN*</b> <b>10:30AM PUZZLE WARS*</b> 11:00AM CARDIO, STRENGTH &amp; BALANCE \$</p>	<p><b>15</b></p> <p><b>OLYMPIC WEEK</b> 9:00AM WALKING GROUP <b>10:00AM SCRABBLE TOURNAMENT*</b> 10:00AM CHAIR YOGA \$ 10:00AM KNITTING 10:00AM ASIAN MAH JONG <b>10:00AM HEARING CLINIC*</b> 11:00AM POUND FITNESS \$ <b>11:00AM FRANKLIN Q &amp; A 1 MILE WALK*</b></p>	<p><b>16</b></p> <p><b>OLYMPIC WEEK</b> 8:30AM COFFEE HOUR W/ STATE &amp; LOCAL OFFICIALS 9:00AM CRIBBAGE <b>9:30AM POOL TOURNAMENT*</b> 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM DISCUSSION GROUP <b>10:30AM WATERMELON CARVING CONTEST*</b></p>	<p><b>17</b></p> <p><b>OLYMPIC WEEK</b> 9:00AM 2 MILE WALK (GS)* 9:45AM STANDING LONG JUMP (GS)* 9:45AM SOFTBALL THROW (GS)* 10:00AM WOODCARVING 10:00AM HAND &amp; FOOT 11:00AM ZUMBA \$ <b>11:00AM GO FOR THE GOLD PARTY WITH LIVE ENTERTAINMENT!*\$</b></p>

<b>13</b> <b>1:00PM BOCCE TOURNAMENT*</b> 1:00PM CHAIR 1:00PM VOLLEYBALL 1:00PM AMERICAN MAH JONG 1:15PM MOVIE MATINEE: THE JUDGE <b>2:00PM INVESTMENT TALK</b> 5:00PM CRIBBAGE	<b>14</b> 1:00PM MINDFUL MOVEMENTS \$ 1:00PM BINGO 1:00PM CRIBBAGE INSTR. 1:00PM QUILTING <b>1:00PM PRO PT</b> <b>BACK CLINIC*</b> <b>1:00PM CORNHOLE</b> <b>TOURNAMENT, WOMEN*</b> <b>2:00PM TRIVIA BEE*</b>	<b>15</b> <b>1:00PM MEMORY CAFÉ *</b> 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR SCRIBBLERS <b>1:00PM CRIBBAGE</b> <b>COMPETITION*</b> <b>2:00PM DARTS!</b>	<b>16</b> 11:00AM CARDIO,STRENGTH & BALANCE \$ 12:00PM POKER 12:30PM OPEN ART STUDIO <b>1:00PM VISION LOSS</b> <b>COUNSELING</b> 1:00PM BINGO 1:00PM TAI CHI \$ <b>1:00PM PICKLEBALL</b> <b>COMPETITION (REC)*</b>	<b>17</b> 12:00PM T.O.P.S (TAKING OFF POUNDS SENSIBLY) 1:00PM POKENO 1:00PM POOL INSTRUCTION 2:00PM SILVERTONES CHORAL GROUP  <b>CAFÉ CLOSED TODAY!</b>
<b>CLOSED TODAY</b> <b>20</b> 	<b>21</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM HAND & FOOT 11:00AM CARDIO, STRENGTH & BALANCE \$ <b>12:30PM LEGAL CLINIC*</b> 1:00PM MINDFUL MOVEMENTS \$ 1:00PM AUDIO BOOK CLUB 1:00PM BINGO 1:00PM CRIBBAGE INSTR. 1:00PM AUDIO BOOK CLUB 1:00PM QUILTING <b>2:00PM TED TALKS</b>	<b>22</b> 9:00AM WALKING GROUP 9:45AM CHAIR YOGA \$ 10:00AM KNITTING 10:00AM SCRABBLE 10:00AM ASIAN MAH JONG 11:00AM POUND FITNESS \$ <b>11:30AM BALANCE AND</b> <b>EXERCISE 3 WK SERIES*</b> 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR SCRIBBLERS <b>2:00PM VIETNAM:</b> <b>ENDURING STRUGGLE</b> <b>WITH PAOLO D.*</b> <b>4:00PM CAREGIVER</b> <b>SUPPORT GROUP</b>	<b>23</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM DISCUSSION GROUP 11:00AM CARDIO,STRENGTH & BALANCE \$ 12:00PM POKER 12:30PM OPEN ART STUDIO 1:00PM BINGO 1:00PM TAI CHI \$ <b>1:00PM WELLNESS SERIES:</b> <b>IMPORTANCE OF</b> <b>HYDRATION*</b> <b>2:00PM TECHNOLOGY</b> <b>CLINIC*</b>	<b>24</b> 10:00AM WOODCARVING 10:00AM HAND & FOOT 11:00AM ZUMBA \$ 12:00PM T.O.P.S (TAKING OFF POUNDS SENSIBLY) 1:00PM POKENO 1:00PM POOL INSTRUCTION 2:00PM SILVERTONES CHORAL GROUP
<b>27</b> 9:30AM 6 WEEK SERIES: ANKLES AND FEET* \$ 9:30AM ITALIAN CONVO <b>10:30AM GARDEN</b> <b>YEARS CLUB*</b> 10:30AM POKER 11:00AM TRIVIA 1:00PM LINE DANCING \$ 1:00PM CHAIR VOLLEYBALL 1:00PM AMERICAN MAH JONG 1:15PM MOVIE MATINEE: JUST GO WITH IT 5:00PM CRIBBAGE	<b>28</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM HAND & FOOT <b>10:00AM RAINBOW CAFÉ*</b> 11:00AM CARDIO, STRENGTH & BALANCE \$ 1:00PM MINDFUL MOVEMENTS \$ 1:00PM AUDIO BOOK CLUB 1:00PM BINGO 1:00PM CRIBBAGE INSTR. 1:00PM QUILTING	<b>29</b> 9:00AM WALKING GROUP 10:00AM CHAIR YOGA \$ 10:00AM KNITTING 10:00AM SCRABBLE 10:00AM ASIAN MAH JONG 11:00AM POUND FITNESS \$ <b>11:30AM BALANCE AND</b> <b>EXERCISE 3 WK SERIES*</b> 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR SCRIBBLERS	<b>30</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM DISCUSSION GROUP 11:00AM CARDIO,STRENGTH & BALANCE \$ 12:00PM POKER 12:30PM OPEN ART STUDIO 1:00PM BINGO 1:00PM TAI CHI \$ <b>2:00PM RAINBOW</b> <b>JEOPARDY*</b> <b>6:00PM LEVELS OF</b> <b>HEALTHCARE IN MA*</b>	<b>HAIRDRESSER/ BARBER</b>  MON & WED BY APPT  <b>MANICURES:</b>  EVERY OTHER TUESDAY BY APPT  <b>BLOOD PRESSURE</b> <b>&amp; SUGAR TESTING</b>  WED & THURS

**\*\* PLEASE CALL THE SENIOR CENTER TO RESERVE A SPOT FOR THIS PROGRAM #508-520-4945**

**\$ EXERCISE CLASSES COST BETWEEN \$2-\$3 PER CLASS**

**PLEASE REGISTER BY JUNE 6TH FOR ALL OLYMPIC EVENTS YOU WANT TO COMPETE IN.**

## Friends of Franklin Elders, INC.

The Friends of Franklin Elders, Inc. (FOFE) is a private, non-profit organization whose purpose is to provide funds for programs, services, and equipment for the Franklin Senior Center that cannot be provided by state or local government. The Friends raise funds through membership fees, donations, and special events. Our next meeting is scheduled for

**Friday, June 3 @ 11:00 am.**

The public is welcome to attend.



JoAnn Wright, President  
Nan Rafter, Vice President  
Julie Garilli, Treasurer  
Margie Lane, Secretary  
Carol Ellsworth, Judy Pfeffer, Helen Power, Paula Lombardi, Pam Spicer.

## Donations

*Thank you for your donations to the  
Franklin Senior Center*

**Dionne Reinhardt**

**Phillip Prescott**

**Betty Cirotski**

**Larry and Fran Drumtra**

**Carol J. Adiletto** in memory of her husband

**Donald** and her son **Danny Adiletto**

**Cynthia Burns** in memory of **Bruce McAlpine**, a  
Vietnam Veteran

**Rita Brewer** in memory of **Charlie Brewer**

**Jennifer Giannetto** in memory of **Leo G. Cirotski**

**Mary & Edward Hick** in memory of **Linda Koplin**

## Veterans' Services Office (508) 613-1315

**June 1 - Monthly Coffee Social** - 10:00 a.m. at the Senior Center. All veterans are welcome to join us for updates, coffee and conversation!

**June 6 - D-Day Invasion Anniversary** - On June 6, 1944, Allied forces launched a combined naval, air and land assault on Nazi-occupied France which led to the liberation of Western Europe from Nazi control.

**June 14 - Flag Day** commemorates the adoption of the U.S. flag by the Continental Congress on June 14, 1777. In 1916, President Woodrow Wilson proclaimed June 14 as the official date to celebrate Flag Day.

**June 14 - U.S. Army's 247<sup>th</sup> Birthday**



**June 16 - Veterans' Council Meeting** - 7:00 p.m. at the Senior Center. John Silva, VA Vocational Rehabilitation Specialist, will be the guest speaker. All members of the community who are interested in veterans' activities and events are welcome to join us!

**Veterans Memorial Walkway** - The May installation of engraved bricks was completed. The next installation will be in November to coincide with Veterans' Day. Brick order forms are available in the Town Hall and Senior Center lobbies and on the Veterans' Services page on the Town website. Thank you to all who have supported this project by purchasing bricks for their special veterans.

**Purple Hearts** - Please let the Veterans' Services Office know if you or a family member (residing in Franklin) is a Purple Heart recipient so we can add you to our database. The Purple Heart is presented to service members who have been wounded or killed as a result of enemy action while serving in the U.S. military. National Purple Heart Day is celebrated on August 7 every year.

The **Tune It Out guitar lessons program** for veterans meets on Tuesdays at 5:30 p.m. at the Senior Center. There is no charge for lessons and no guitar experience is required. Call the Veterans' Services Office for details.

For information about COVID-19 booster appointments and clinics in the Boston VA Healthcare System, go to: <https://www.va.gov/boston-healthcare/>

**Proof of full COVID-19 vaccination or masks will be required at all Veterans' events.**





## F.O.F.E. MEMORIAL DONATION

Your Name

Address

In Memory of:

MAIL TO:

Friends of Franklin Elders, Inc.  
10 Daniel McCahill St. Franklin,  
MA 02038

## CHARLES F. OTERI & SON

*Franklin Funeral Home*  
33 Cottage St. • Franklin, MA 02038  
(508) 528-0011  
Charles F. Oteri - Type 3  
Sean A. Oteri - Type 3  
Licensed Directors  
www.oterifuneralhome.com  
oterifuneralhome@verizon.net



## KEEFE INSURANCE AGENCY, INC.

"Personal and Professional Service since 1913"

**508 528-3310**

Auto • Home • Business • Life • Financial  
Planning

51 West Central Street, Franklin,



Eileen  
*Mason*  
REALTY

**508-330-4234**

emason4234@gmail.com  
SENIOR RESIDENTIAL SPECIALIST \*

I want a bank  
that cares about  
us and our  
community!



**PROBLEM  
SOLVED.**

**DEAN BANK**

...It's my bank.™

www.deanbank.com • (508) 528-0088

FRANKLIN BELLINGHAM BLACKSTONE MENDON



Member FDIC  
Member SIF

**THE ENCLAVE**  
— OF FRANKLIN —

**Assisted Living  
Memory Care**

Call 508.520.1150 to  
schedule your tour today.

656 King Street  
enclaveoffranklin.com



**The Friends of Franklin  
Elders** are looking for new  
members. If you would be  
interested in serving on the  
Friends Board, please call  
the Senior Center at (508)  
520-4945.



**Milford  
Audiology Center**  
Hearing Aids, Evaluation & Audiological Services

**Maria Vivas MS CCC-A**  
Certified & Licensed Audiologist

(508) 478-0723  
milfordaudio@gmail.com

215 West St, Milford MA  
at Milford Medical Center

## NEWSLETTER ADVER- TISING

Over the years, the generous  
and continuing support of ar-  
ea businesses has enabled  
publication of our informative  
10 month "The Connection"  
newsletter. If you aren't al-  
ready part of our advertising  
team and would like your ad-  
vertising message to reach  
3,000 seniors, please contact  
Pam Spicer at  
[rhspc@comcast.net](mailto:rhspc@comcast.net) for more  
information.

**FranklinTV**

**& Franklin Public Radio**

**Comcast 08  
96 11**



email or call: [info@wfpr.fm](mailto:info@wfpr.fm) / 508-528-9377

**TAKE  
OUR  
SURVEY!**



## FRANKLIN COUNCIL ON AGING

### Officers:

Chairman.....Bob Crowley  
Secretary.....Lyn O'Brien

### Members:

Faith Flaherty, Jan Jewett, Janet Milici, Ken Norman, Lester Quan

### Staff:

Director.....Danielle Hopkins  
Deputy Director.....Christina LaRose  
Program Coordinator.....Sue Barbour  
Social Svc. Coordinator.....Maggie Gundersen  
Administrative Assistant.....Mary Hynes  
Respite Coordinator.....Ariel Doggett  
Supportive Day Coordinator.....Donna Haynes  
Wellness Nurse.....Trish Collatos  
Veterans' Services Officer.....Shannon Nisbett  
Veterans' Services Assistant.....Debra Martin  
Public Health Nurse.....Alisha Deptula

**The Franklin Connection is distributed with funds provided by the Executive Office of Elder Affairs, and the Friends of Franklin Elders, Inc.**

Friends of Franklin Elders, Inc.  
c/o Franklin Council on Aging  
10 Daniel McCahill Street  
Franklin, MA 02038

Pre-Sorted  
Standard  
Franklin, MA  
Permit No. 13

### Franklin Senior Center

*"Independence, Engagement & Connection!"*

The mission of the Franklin Council on Aging, with the support of the community, is to identify, advocate, and implement meaningful educational, cultural, social, health/wellness activities and services for our aging population.

We are trying to go **Green** more at the  
Franklin Senior Center.

If you would rather have your newsletter emailed to you  
please email Danielle : [dhopkins@franklinma.gov](mailto:dhopkins@franklinma.gov)

## June Presentations– Call to Register!

### Best Investments Presentation with Chris Peterson

Monday, June 13th at 2:00PM

### Pro PT Back Clinic

Tuesday, June 14th @ 1:00PM

### Franklin Q & A with Franklin Matters Steve Sherlock

Wednesday, June 15th @ 11:00AM

### Ted Talks with Danielle: Juneteenth

Tuesday, June 21st @ 2:00PM

### Health Corner: Balance and Exercise 3 week Series with Nurse Trish

Wednesday, June 22nd, June 29th, and July 6th @ 11:30AM

### Vietnam: Enduring Struggle with Paolo Di Gregorio

Wednesday, June 22nd @ 2:00PM

### Wellness Series: The Importance of Hydration

Thursday, June 23rd @ 1:00PM

### Levels of Healthcare in Massachusetts

Thursday, June 30th @ 6:00PM



## Jokes of the Month

Why is basketball the messiest sport? Because the players dribble all over the court!

Why couldn't the tomatoes win races against the lettuce at the Olympic Games? Because the lettuce were always a head, and the tomatoes were always trying to ketchup!

Why was it so hot in the stadium after the game? All the fans left!

Why did the spotted cat get disqualified from the Olympics? He was a cheetah!

Why were the swimming elephants thrown out of the Olympics? Because they couldn't keep



COME AND  
TOUR THE  
SENIOR CENTER  
AND SEE WHAT  
GREAT THINGS  
WE ARE DOING!



REMINDER: All entrants are now required to show proof of full vaccination against