



# THE FRANKLIN Connection

## Franklin Senior Center's Monthly Newsletter

**May 2022**

### The Franklin Senior Center

10 DANIEL MCCAILL ST.  
FRANKLIN, MA 02038  
PHONE: 508-520-4945  
FAX: 508-520-4917

**OPEN MON-FRI  
8:30am- 4:00pm**

<http://www.franklinma.gov/>

### BEN'S BOUNTY GIFT SHOP 10AM-1PM

**Open Mon-Thurs**



**COMMON  
GROUND'S CAFÉ!**

**WE ARE OPEN!**

**MON-FRI**

**Breakfast 8:30- 10a**

**Lunch 11:30-1:00p**



**Make Sure to  
Follow us on our  
Social Media  
Platforms to  
Stay Informed  
About the  
Happenings at  
The Senior Center!**

### DIRECTOR'S MESSAGE



During one of our TedTalk discussions this month, we talked about how people are interestingly living longer, and a big part of that discussion was focused on having that quality of life with the now longer quantity of life. It's something that I think we all ponder about every now and again- what am I doing with my life, am I happy, what more do I want to do. It's the need to find a bigger purpose in life, to have made a difference. It's finding those things or people that challenge you, motivate you, inspire you to want to pursue things you love to do.

I coach a local USA club swim team, and in April we start our long course season. At the beginning of each season I challenge the kids to look at what they want to accomplish throughout the season (try a new race, complete a specific set, make a certain cut time), how they are going to get that done, and who is going to help them (hopefully they think I'll be a part of that as their coach ha-ha). Some look at me confused, and other's take on the challenge. Which group do you think has more success?!

MAY I implore you to challenge yourself this month! What fills your cup up? What/ Who motivates you? What scares you? These things all make up who you are. Do some self -reflecting and figure out what you want to accomplish, even just within the next month or by the end of the year. Maybe you've always wanted to learn to line dance, or learn to knit. step out of your comfort zone and try it out (the worst that can happen is you don't like it and you try something else). Make it a realistic goal, figure out who and what will motivate you! Share your successes with others, inspire others!

**Come what MAY!**

**-Danielle Hopkins**

Art Class with Danielle!



Pizza Making with Chef Anne



April Showers Spring Party!



First Annual Cribbage Tournament



The Franklin SR. Players Performance



# MAY HAPPENINGS



**LOOK AT OUR MAY PRESENTATIONS ON THE LAST PAGE AND CALL TO REGISTER NOW!**



## WOODCARVING EXPO

*FRIDAY, May 20th*

The Woodcarving group is having an expo to show off their hard work! Come and see all the talent!

**Starting at 10:00am**



## RAINBOW CAFÉ

**Are you a member or ally of the LGBTQ+ community?! Come join us and like-minded people for coffee, conversation, and friendship!**

**Tuesday, May 31st @ 10AM**

**Call to Register**

## INTERGENERATIONAL PROGRAM!

Come exercise and share stories with students from Horace Mann

**Friday, May 20th @ 2:00pm**

**Call to Register**



## THE GARDEN YEARS CLUB

**Interested in a gardening group?**

**Come join Christina on**

**Monday, May 9th @ 10:30am**

**Bring your green thumbs!**



## AL TESTA and the CLASSIC JAZZ QUINTET PERFORMS

Come listen to some great music on a Friday afternoon!

**Call to Register**

**May 13th @ 1:00PM**



## HEARING CLINIC

**CALL TO MAKE AN APPOINTMENT**

Hearing assessment, ear and hearing aid cleaning, etc.

**Wed, May 18th 10a-12p**

## CRAFTING CORNER

(PLEASE REGISTER)

### ♦ TUESDAY, MAY 3RD @ 1:00PM

MOTHER'S DAY CRAFT WITH THE MERCER GROUP VOLUNTEERS

### ♦ FRIDAY, MAY 6TH @ 1:30PM

THE GARDEN CLUB IS PARTNERING WITH THE SENIOR CENTER TO MAKE SPRING WREATHS!

### ♦ FRIDAY, MAY 27TH @ 1:00PM

MAKE POPPIES FOR MEMORIAL DAY



Come join Danielle for another art class!

**THURSDAY, MAY 19TH**

**At 2:00 PM**

**Call to Register**

## TECHNOLOGY CLINIC

*Wed, May 18 @ 2:30PM*

Come with your technology (cell phone, laptop, iPad) to work with Ryan, our lovely technology guru! Ryan is also available by appt too!

*Call to Register!*



## SHREDDING EVENT!

**(D.A. Sponsored)**

Come one come all for your shredding needs! We will have a box truck in the parking lot from 10AM-1PM.

No limit on shredding.

**Tuesday, May 24th**



# CAREGIVER'S CORNER AND SUPPORT GROUPS

**THE SUNSHINE CLUB** This program offers seniors with memory loss, chronic medical issues, or social isolation a safe & engaging environment. Our day program provides individual attention, socialization, fun activities, lively discussion, & gentle exercises that make for a stimulating day! For more information, call Ariel Doggett at 508-520-4945.



**MEMORY CAFÉ** Please join us **Wednesday, May 18th** at 1pm at our "Where's The Toast" memory Cafe. P.E. James will be entertaining us with songs we know and love. Memory Café's are safe and inviting spaces for those who are experiencing memory loss and their families. Join us for an hour of music, socialization and engagement. Please RSVP to Ariel: [adoggett@franklinma.gov](mailto:adoggett@franklinma.gov) or 508-520-4945 This Memory Café' is supported in part by a generous grant from the Franklin Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.



**ALZHEIMER'S CAREGIVERS SUPPORT GROUP** Supports caregivers caring for their loved ones with Alzheimer's or dementia. On-site respite care is available if needed. Call The Senior Center for more information. The group meets every **second and fourth Wednesday at 4:00pm.**

**FIBROMYALGIA SUPPORT GROUP** Join this monthly group to help you find ways to improve your health and wellbeing whilst living with a long term health condition. Meets the **First Thursday of the month at 1:00pm.**

## HEARING AND VISION SUPPORT GROUPS

Wednesday, May 11th at 1:00pm: Ellen Perkins, a Hard of Hearing Skills Trainer from the Center for Independent Living in Worcester will be presenting.

One on One Assistance with Low Vision Technology: Every Thursday by appt with Jerry 857-443-6366 (10a-2p)

Tuesday, May 3rd at 1:00pm: Audio Reading of the Senior Center May Newsletter.

Thursday, May 12th at 1:00pm: Low Vision Monthly Support Group with guest speaker Steward Flom.

Thursday, May 19th at 1:00pm: Vision Loss Adjustment Counseling (peer support group)

Thursday, May 17th and 24th at 1:00pm: Audio Book Club



# CONGRATS!

MEMORIAL DAY  
BREAKFAST

REMEMBER AND HONOR

FRIDAY, MAY 27TH @ 9:00AM

CALL TO REGISTER  
508-520-4945



The Franklin Fire Department is pleased to announce our new ISO (Insurance Services Office, Inc.) rating of an ISO Class 1 Fire Department effective July 1st, 2022.

Please check out the link below to our website for additional information and feel free to contact the FD if you have any questions!

<https://www.franklinma.gov/fire-department/news/iso-class-1-rating>



The TOPS weight loss program (Take Off Pounds Sensibly) meets each Friday at the Franklin Senior Center from 12:30 to 1:30.

Pictured is member Patricia D'Amour who was recently recognized at the TOPS State Recognition Day for her 2011 weight loss.

For further information about TOPS, contact Valerie Tessicini, email: [vtessicini@comcast.net](mailto:vtessicini@comcast.net)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 9:30AM 6 WEEK SERIES: BALANCE & POSTURE* \$ 9:30AM ITALIAN CONVERSATION 10:30AM POKER 11:00AM TRIVIA! 1:00PM CHAIR VOLLEYBALL 1:00PM BOOK CLUB 1:00PM AMERICAN MAH JONG 1:15PM MOVIE MATINEE: LICORICE PIZZA 6:00PM CRIBBAGE	<b>3</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM HAND & FOOT 11:00AM CARDIO, STRENGTH & BALANCE \$ <b>1:00PM MOTHER'S DAY</b> <b>CRAFT**</b> 1:00PM MINDFUL MOVEMENTS \$ 1:00PM BINGO 1:00PM CRIBBAGE INSTR. 1:00PM QUILTING 2:00PM TED TALKS W/ DANIELLE	<b>4</b> 9:00AM WALKING GROUP 10:00AM CHAIR YOGA \$ <b>10:00AM VETERANS</b> <b>COFFEE SOCIAL</b> 10:00AM KNITTING 10:00AM SCRABBLE 10:00AM ASIAN MAH JONG 11:00AM POUND FITNESS \$ 1:00PM LINE DANCING \$ 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR SCRIBBLERS	<b>NO LUNCH TODAY 5</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM DISCUSSION GROUP 11:00AM CARDIO, STRENGTH & BALANCE \$ 12:00PM POKER 12:30PM OPEN ART STUDIO <b>1:00PM FIBROMYALGIA</b> <b>SUPPORT GROUP</b> 1:00PM AUDIO READING OF NEWSLETTER 1:00PM BINGO 1:00PM TAI CHI \$	<b>6</b> 10:00AM WOODCARVING 10:00AM HAND & FOOT 10:00AM COMEDY CLUB 11:00AM ZUMBA \$ 12:00PM T.O.P.S (TAKING OFF POUNDS SENSIBLY) 1:00PM POKENO 1:00PM POOL INSTRUCTION <b>1:30PM GARDEN CLUB:</b> <b>SPRING WREATH</b> <b>MAKING**</b> 2:00PM SILVERTONES CHORAL GROUP
<b>9</b> 9:30AM 6 WEEK SERIES: BALANCE & POSTURE* \$ 9:30AM ITALIAN CONVERSATION <b>10:30AM THE GARDEN</b> <b>YEARS CLUB**</b> 10:30AM POKER 11:00AM TRIVIA! 1:00PM CHAIR VOLLEYBALL 1:00PM AMERICAN MAH JONG 1:15PM MOVIE MATINEE: MOTHER'S DAY <b>2:00PM ESTATE</b> <b>PLANNING SEMINAR**</b> 6:00PM CRIBBAGE	<b>10</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM HAND & FOOT <b>10:00AM COA MEETING</b> 11:00AM CARDIO, STRENGTH & BALANCE \$ 1:00PM MINDFUL MOVEMENTS \$ 1:00PM BINGO 1:00PM CRIBBAGE INSTR. 1:00PM QUILTING 2:00PM TED TALKS W/ DANIELLE	<b>11</b> 9:00AM WALKING GROUP 10:00AM CHAIR YOGA \$ 10:00AM KNITTING 10:00AM SCRABBLE 10:00AM ASIAN MAH JONG 11:00AM POUND FITNESS \$ <b>1:00PM HEARING</b> <b>SUPPORT GROUP</b> 1:00PM LINE DANCING \$ 1:00PM CHAIR VOLLEYBALL 1:00PM SENIOR SCRIBBLERS <b>4:00PM CAREGIVER</b> <b>SUPPORT GROUP</b>	<b>12</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM DISCUSSION GROUP 11:00AM CARDIO, STRENGTH & BALANCE \$ <b>11:15AM HEALTH CORNER:</b> <b>NEW ENGLAND ORGAN</b> <b>DONATION TALK **</b> 12:00PM POKER 12:30PM OPEN ART STUDIO <b>1:00PM LOW VISION</b> <b>SUPPORT GROUP</b> 1:00PM BINGO 1:00PM TAI CHI \$	<b>13</b> 10:00AM WOODCARVING 10:00AM HAND & FOOT 10:00AM COMEDY CLUB 11:00AM ZUMBA \$ 12:00PM T.O.P.S (TAKING OFF POUNDS SENSIBLY) <b>1:00PM AL TESTA AND</b> <b>THE CLASSIC JAZZ</b> <b>QUINTET PERFORMS**</b> 1:00PM POKENO 1:00PM POOL INSTRUCTION 2:00PM SILVERTONES CHORAL GROUP
<b>16</b> 9:30AM 6 WEEK SERIES: BALANCE & POSTURE* \$ 9:30AM ITALIAN CONVERSATION 10:30AM POKER 11:00AM TRIVIA!	<b>17</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM HAND & FOOT	<b>18</b> 9:00AM WALKING GROUP 10:00AM CHAIR YOGA \$ 10:00AM KNITTING 10:00AM SCRABBLE 10:00AM ASIAN MAH JONG <b>10:00AM HEARING CLINIC*</b> 11:00AM POUND FITNESS \$ 11:00AM FRANKLIN Q & A	<b>19</b> <b>8:30AM COFFEE HOUR W/</b> <b>STATE &amp; LOCAL OFFICIALS</b> 9:00AM CRIBBAGE 9:30AM BUSY BEES 9:30AM LOW IMPACT W/ SHIRLEY MAE \$ 10:00AM DISCUSSION GROUP	<b>20</b> 9:30AM FOFE MEETING <b>10:00AM WOODCARVING</b> <b>EXPO!</b> 10:00AM HAND & FOOT 10:00AM COMEDY CLUB 11:00AM ZUMBA \$ 12:00PM T.O.P.S (TAKING OFF POUNDS SENSIBLY)

<div>16</div> <div>1:00PM CHAIR</div> <div>VOLLEYBALL</div> <div>1:00PM AMERICAN</div> <div>MAH JONG</div> <div>1:15PM MOVIE MATINEE: GREEN BOOK</div> <div>6:00PM CRIBBAGE</div>	<div>17</div> <div>11:00AM CARDIO, STRENGTH &amp; BALANCE \$</div> <div>12:30PM LEGAL CLINIC**</div> <div>1:00PM MINDFUL MOVEMENTS \$</div> <div>1:00PM BINGO</div> <div>1:00PM CRIBBAGE INSTR.</div> <div>1:00PM AUDIO BOOK CLUB</div> <div>1:00PM QUILTING</div> <div>2:00PM TED TALKS W/ DANIELLE</div>	<div>18</div> <div>11:00AM FISH MEETING</div> <div>1:00PM MEMORY CAFÉ **</div> <div>1:00PM LINE DANCING \$</div> <div>1:00PM CHAIR</div> <div>VOLLEYBALL</div> <div>1:00PM SENIOR</div> <div>2:30PM SCRIBBLERS TECHNOLOGY CLINIC**</div>	<div>19</div> <div>11:00AM CARDIO, STRENGTH &amp; BALANCE \$</div> <div>12:00PM POKER</div> <div>12:30PM OPEN ART STUDIO</div> <div>1:00PM BINGO</div> <div>1:00PM VISION LOSS COUNSELING</div> <div>1:00PM TAI CHI \$</div> <div>2:00PM ART CLASS WITH DANIELLE**</div>	<div>20</div> <div>1:00PM POKENO POOL</div> <div>1:00PM INSTRUCTION</div> <div>2:00PM HORACE MANN INTERGENERATIONAL PROGRAM**</div> <div>2:00PM SILVERTONES CHORAL GROUP</div>
<div>23</div> <div>9:30AM 6 WEEK SERIES: BALANCE &amp; POSTURE* \$</div> <div>9:30AM ITALIAN CONVERSATION</div> <div>10:30AM POKER</div> <div>11:00AM TRIVIA</div> <div>1:00PM CHAIR</div> <div>VOLLEYBALL</div> <div>1:00PM AMERICAN</div> <div>1:15PM MOVIE MATINEE: SOUTH PACIFIC</div> <div>6:00PM CRIBBAGE</div>	<div>24</div> <div>9:00AM CRIBBAGE</div> <div>9:30AM BUSY BEES</div> <div>9:30AM LOW IMPACT W/ SHIRLEY MAE \$</div> <div>10:00AM HAND &amp; FOOT</div> <div>10:00AM SHREDDING EVENT!</div> <div>11:00AM CARDIO, STRENGTH &amp; BALANCE \$</div> <div>1:00PM MINDFUL MOVEMENTS \$</div> <div>1:00PM BINGO</div> <div>1:00PM CRIBBAGE INSTR.</div> <div>1:00PM AUDIO BOOK CLUB</div> <div>1:00PM QUILTING</div> <div>2:00PM TED TALKS</div>	<div>25</div> <div>9:00AM WALKING GROUP</div> <div>9:45AM CHAIR YOGA \$</div> <div>10:00AM FRANKLIN POLICE DEPT: SITUATIONAL AWARENESS CLASS**</div> <div>10:00AM KNITTING</div> <div>10:00AM SCRABBLE</div> <div>10:00AM ASIAN MAH JONG</div> <div>11:00AM POUND FITNESS \$</div> <div>1:00PM LINE DANCING \$</div> <div>1:00PM CHAIR</div> <div>VOLLEYBALL</div> <div>1:00PM SENIOR</div> <div>SCRIBBLERS</div> <div>4:00PM CAREGIVER SUPPORT GROUP</div>	<div>26</div> <div>9:00AM CRIBBAGE</div> <div>9:30AM BUSY BEES</div> <div>9:30AM LOW IMPACT W/ SHIRLEY MAE \$</div> <div>10:00AM DISCUSSION GROUP</div> <div>11:00AM CARDIO, STRENGTH &amp; BALANCE \$</div> <div>12:00PM POKER</div> <div>12:30PM OPEN ART STUDIO</div> <div>1:00PM BINGO</div> <div>1:00PM TAI CHI \$</div> <div>2:00PM VIRTUAL TOUR OF ARLINGTON NATIONAL CEMETARY**</div> <div>6:00PM MY FIVE WISHES PRESENTATION**</div>	<div>NO LUNCH TODAY 27</div> <div>9:00AM MEMORIAL DAY BREAKFAST**</div> <div>10:00AM WOODCARVING</div> <div>10:00AM HAND &amp; FOOT</div> <div>10:00AM COMEDY CLUB</div> <div>11:00AM ZUMBA \$</div> <div>12:00PM T.O.P.S (TAKING OFF POUNDS SENSIBLY)</div> <div>1:00PM CRAFTING: MAKING POPPIES**</div> <div>1:00PM POKENO POOL</div> <div>1:00PM INSTRUCTION</div> <div>2:00PM SILVERTONES CHORAL GROUP</div>
<div>CLOSED TODAY 30</div> <div></div> <div>MEMORIAL DAY</div> <div>REMEMBER AND HONOR</div>	<div>31</div> <div>9:00AM CRIBBAGE</div> <div>9:30AM BUSY BEES</div> <div>9:30AM LOW IMPACT W/ SHIRLEY MAE \$</div> <div>10:00AM RAINBOW CAFÉ**</div> <div>10:00AM HAND &amp; FOOT</div> <div>11:00AM CARDIO, STRENGTH &amp; BALANCE \$</div> <div>1:00PM MINDFUL MOVEMENTS \$</div> <div>1:00PM BINGO</div> <div>1:00PM CRIBBAGE INSTR.</div> <div>1:00PM QUILTING</div> <div>2:00PM TED TALKS W/ DANIELLE</div>	<div>HAIRDRESSER/BARBER</div> <div>MON &amp; WED BY APPT</div> <div></div> <div>MANICURES:</div> <div>EVERY OTHER TUESDAY BY APPT</div> <div></div> <div>PODIATRY CLINIC</div> <div>CALL FOR DATE</div> <div></div> <div>BLOOD PRESSURE &amp; SUGAR TESTING</div> <div>WED &amp; THURS</div> <div></div>	<div></div> <div>2022</div>	

**\*\* PLEASE CALL THE SENIOR CENTER TO RESERVE A SPOT FOR THIS PROGRAM #508-520-4945**

**\$ EXERCISE CLASSES COST BETWEEN \$2-\$3 PER CLASS**



## Friends of Franklin Elders, INC.

**The Friends of Franklin Elders, Inc. (FOFE)** is a private, non-profit organization whose purpose is to provide funds for programs, services, and equipment for the Franklin Senior Center that cannot be provided by state or local government. The Friends raise funds through membership fees, donations, and special events. Our next meeting is scheduled for

**Friday, May 20th @ 9:30 am.**

The public is welcome to attend.



JoAnn Wright, President  
Nan Rafter, Vice President  
Julie Garilli, Treasurer  
Margie Lane, Secretary  
Carol Ellsworth, Judy Pfeffer, Helen Power, Paula Lombardi, Pam Spicer.

Claire Cox  
Jeffery Nutting  
Joanne Rossetti  
Robert & Lynn Pisano  
Joan & Wayne Toye  
Abdulmessih/Ferial Nehme  
Bassalee

Margaret Derry  
Barbara J. Pisani  
Judy Noble  
Kathleen Tayne  
Rose Bertoni  
Cora Cadillac

Hilary Perry  
Karen McWilliams  
Bernard & Marie Mullaney  
James O'Connor  
Lorraine Schratz  
Joanna & Dennis Marguerite  
Linda Dornan

Jeanne Scoba  
Betty Connolly  
Gail Borstell  
Barbara Cook  
Linda Massey  
Mary Jo Yasutovich

## Donations

*Gail and Paul Shew in memory of Harvey and Doey Nasuti*

*Leslie Hoop in memory of William Hoop*

*Marion Arcaro in memory of Michael and Julie Carlucci  
and Mario and Angelo Arcaro*

*Robert & Maureen Armitage in memory of  
John & Mary Cogne*

*Lucia Buchanio in memory of Donald Buchanio*

*Charlotte Corley in memory of Phil Mastrangelo*

*Ellien Kazijian in memory of Mary R O'Connell Vipraio*

*Ann Evans in memory of George J. Evans*

*Peter A. Melo in memory of Melo Family*

*Jeannette Hart in memory of Charles E. Hart*

*Carol J. Adiletto in memory of Donald (Danny) Adiletto*

*Charles Bertone in memory of his wife Jeanette Bertone*

*Priscilla Cornetta in memory of Susan Cornetta Pauplis,  
Sheila A. Hooper, and Isabel Coyne*

## Veterans' Services Office (508) 613-1315

**May 4 – Veterans' Coffee Social** – 10:00 a.m. at the Senior Center. Cris Goldsmith, Volunteer Coordinator at RSVP, the Rides for Veterans Program, will make a short presentation. All veterans are welcome to join us for updates, coffee and conversation!

**May 6 – Military Spouse Appreciation Day** – This date recognizes the services and sacrifices of military spouses. Thank you to all military spouses for your love, loyalty and support!

**May 19 – Veterans' Council Meeting** – 7:00 p.m. at the Senior Center. All members of the community interested in veterans' activities are invited.

**May 21– Armed Services Day** is an annual holiday observed to pay tribute to men and women currently serving in the U.S. armed forces. Thank you to all members of the military. We salute you for your service and sacrifice!

**May 27 – Annual Memorial Day Breakfast** – 9:00 a.m. – 11:00 a.m. at the Senior Center. Reservations required. Call Mary at: (508) 520-4945 to sign up.

**May 30 – Memorial Day** honors the men and women who died while serving in the U.S. military. The **Memorial Day Parade** will begin at 10:30 a.m., starting at Dean College, proceeds to Union Street and St. Mary's Cemeteries via School, West Central and Beaver Streets and concludes on the Town Common, where a **Memorial Day Ceremony** will be held at 12:00 p.m. If any veteran would like to participate in the parade, please contact our office.

**Veterans Memorial Walkway** -The May installation of engraved bricks on Walkway will be completed by Memorial Day. Thank you to all who've supported this project by honoring their special U.S. service members with a brick. The next installation will be in November to coincide with Veterans' Day. Brick order forms are available in the Town Hall and Senior Center lobbies and on the Veterans' Services page on the Town website.

Please let our office know if you or a family member (residing in Franklin) is a **Purple Heart** recipient. National Purple Heart Day is celebrated on August 7 every year.

The *Tune It Out* guitar lessons program for veterans meets on Tuesdays at 5:30 p.m. at the Senior Center. There is no charge for lessons and no guitar experience is required. Call the Veterans' Services Office for details.



## F.O.F.E. MEMORIAL DONATION

Your Name

Address

In Memory of:

MAIL TO:

Friends of Franklin Elders, Inc.  
10 Daniel McCahill St. Franklin,  
MA 02038

## CHARLES F. OTERI & SON

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## The Friends of Franklin

Elders are looking for new  
members. If you would be  
interested in serving on the  
Friends Board, please call  
the Senior Center at (508)  
520-4945.



**Milford**  
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Hearing Aids, Evaluation & Audiological Services

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Certified & Licensed Audiologist

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milfordaudio@gmail.com

215 West St, Milford MA  
at Milford Medical Center

## NEWSLETTER ADVERTISING

Over the years, the generous  
and continuing support of ar-  
ea businesses has enabled  
publication of our informative  
10 month "The Connection"  
newsletter. If you aren't al-  
ready part of our advertising  
team and would like your ad-  
vertising message to reach  
3,000 seniors, please contact  
Pam Spicer at  
[rhspc@comcast.net](mailto:rhspc@comcast.net) for more  
information.

**FranklinTV**

& Franklin Public Radio

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96 11



email or call: [info@wfpr.fm](mailto:info@wfpr.fm) / 508-528-9377

A HUGE THANK YOU TO ALL THE HIGH  
SCHOOL KIDS THAT HELPED OUT AND  
RAKED LEAVES AND DID CLEAN UP AT  
THE VARIOUS HOUSES! YOU ALL DID  
A GREAT JOB AND IT WAS VERY  
MUCH APPRECIATED!!



## FRANKLIN COUNCIL ON AGING

### Officers:

Chairman.....Bob Crowley  
Vice-Chairman..... Ron Higginbottom  
Secretary.....Lyn O'Brien

### Members:

Faith Flaherty, Jan Jewett, Janet Milici, Ken Norman, Lester Quan

### Staff:

Director.....Danielle Hopkins  
Deputy Director.....Christina LaRose  
Program Coordinator.....Sue Barbour  
Social Svc. Coordinator.....Maggie Gundersen  
Administrative Assistant.....Mary Hynes  
Respite Coordinator.....Ariel Doggett  
Supportive Day Coordinator.....Donna Haynes  
Wellness Nurse.....Trish Collatos  
Veterans' Services Officer.....Shannon Nisbett  
Veterans' Services Assistant.....Debra Martin  
Public Health Nurse.....Alisha Deptula

**The Franklin Connection is distributed with funds provided by the Executive Office of Elder Affairs, and the Friends of Franklin Elders, Inc.**

Friends of Franklin Elders, Inc.  
c/o Franklin Council on Aging  
10 Daniel McCahill Street  
Franklin, MA 02038

Pre-Sorted  
Standard  
Franklin, MA  
Permit No. 13

### Franklin Senior Center

"Independence, Engagement & Connection!"

The mission of the Franklin Council on Aging, with the support of the community, is to identify, advocate, and implement meaningful educational, cultural, social, health/wellness activities and services for our aging population.

We are trying to go **Green** more at the  
Franklin Senior Center.

If you would rather have your newsletter emailed to you  
please email Danielle : [dhopkins@franklinma.gov](mailto:dhopkins@franklinma.gov)

## May Presentations– Call to Register!

### Ted Talks/ Discussion Group with Danielle– Every Tuesday at 2pm

May 3: We Can Make COVID-19 the Last Pandemic  
May 10: For Women in Pursuit of Motherhood and Career  
May 17: President's Children: Where Are They Now?!  
May 24: A Different Understanding of American Patriotism  
May 31: How Today's Veterans Build Community Differently

### Health Corner: New England Donor Donation Presentation

Thursday, May 12th @ 11:15AM

### Estate Planning Seminar

Monday, May 9th @ 2:00pm

### Franklin Police Dept.: Situational Awareness Class

Wednesday, May 25th @ 10:00am

### Virtual Tour and Presentation of Arlington National Cemetery

Thursday, May 26th @ 2:00pm

### My Five Wishes

Thursday, May 26th @ 6:00pm



## Jokes of the Month

How did the daffodil win the car race? *Petal to the metal.*

Why are birds terrible gift givers? *They are cheep.*

What do you get if you cross a bee and a rabbit? *A honey bunny.*

Where do sheep go for their spring haircut? *A baa-baa shop.*

Why are frogs so happy? *They eat whatever bugs them!*



COME AND  
TOUR THE  
SENIOR CENTER  
AND SEE WHAT  
GREAT THINGS  
WE ARE DOING!



REMINDER: All entrants are now required to show proof of full vaccination against COVID-19 or wear a mask while not consuming food or beverages.