



Town of Franklin

HEALTH DEPARTMENT

355 East Central Street
Franklin, MA 02038
Phone: 508-520-4905 Fax: 508-520-4989

Bridget Sweet-Chair
Jeffrey Harris-Vice Chair
Kimberly Mu-Chow-Member

Cathleen Liberty-Director
Ginny McNeil-Agent

BOARD OF HEALTH AGENDA January 3, 2024

The Board of Health will be conducting the Board of Health meeting at 355 East Central St, **Conference Room, 3rd floor** at 5:00 p.m. The Public has the option of attending the meeting live at the Town Hall or dial into the meeting using the provided phone number (Cell phone or Landline Required) OR citizens can participate by copying the link (Phone, Computer, or Tablet required).

Join with Google Meet

meet.google.com/msd-rmbj-hfm

Join by phone

(US) +1 402-803-1078 PIN: 830 130 806#

<https://meet.google.com/msd-rmbj-hfm?authuser=0&hs=122>

APPROVAL OF MINUTES

- Reading and acceptance December 6, 2023

NEW BUSINESS

- BOH Scheduled Meetings for 2024
- Humanitarian Crisis Update
- Reduced Oxygen Packaging Policy
- Topic of the month
- Metacomet shared service grant regional inspector report
- Metacomet shared service grant public health nurse report
- Metacomet shared service grant epidemiologist report

CITIZENS COMMENTARY

ADJOURNMENT

BOH MEETING MINUTES

12/06/2023

In attendance: Bridget Sweet, Chair; Timothy Cochrane Jr., Vice Chair; Jeffrey Harris, Member; Cathleen Liberty, Director; Ginny McNeil, Health Agent; Alisha Sullivan, Public Health Nurse; John Robertson, Shared Service Grant Regional Inspector; Epidemiologist Cassia Monteiro; Maureen Canesi, Administrative Assistant and Kim Mu-Chow.

CALL TO ORDER: ► Chair Sweet called the Meeting to order at 5:00 pm.

APPROVAL OF MINUTES: ► November 1, 2023.

► **MOTION** to Approve the November, 2023 meeting minutes by Harris. **SECOND** by Sweet. No discussion. ► **ROLL CALL VOTE:** Harris-YES; Sweet-YES; ► **VOTE:** Yes-2, No-0, Absent-0.

Reorganization - Board of Health

Chair Sweet welcomed Kim Mu-Chow as the new member to the Board of Health.

► **MOTION** by Kim Mu-Chow nominated Bridget Sweet as Board of Health Chair. **SECOND** by Harris. ► No discussion. ► **ROLL CALL VOTE:** Mu-Chow-YES; Harris-YES; ► **VOTE:** Yes-2, No-0, Absent-0.

► **MOTION** by Kim Mu-Chow nominated Jeffrey Harris as Board of Health Vice Chair. **SECOND** by Sweet. ► No discussion. ► **ROLL CALL VOTE:** Mu-Chow-YES; Sweet-YES; ► **VOTE:** Yes-2, No-0, Absent-0.

Discussion on the Bylaw to amend the code for the Town of Franklin, Chapter 139, Sewers

Director Liberty reviewed the Bylaw and changes: enforcing grease traps for new and existing businesses and changes to FOG (fog, oil, grease) violations.

Vote to approve a local upgrade at 6 Bunny Drive

► **MOTION** to approve request for a local upgrade on increase and the maximum allowable cover; systems components for repair only at 6 Bunny Drive by Harris. **SECOND** by Mu-Chow. ► No discussion. ► **ROLL CALL VOTE:** Harris-YES; Mu-Chow-YES; Sweet-YES ► **VOTE:** Yes-3, No-0, Absent-0.

Metacomet Shared Service Grant Inspector Update

Regional Inspector John Robertson updated the board with the Regional Inspector Report for the month of November, 2023.

Metacomet Public Health Nurse Update

Public Health Nurse Alisha Sullivan updated the board with the Public Health Report for the month of November, 2023.

Metacomet Shared Service Grant Epidemiologist Update

Epidemiologist Cassia Monteiro updated the board with the Epidemiologist Report for the month of November, 2023.

CITIZENS COMMENTARY

ADJOURNMENT

► MOTION to adjourn at 5:24 by Harris. SECOND by Mu-Chow. ► No discussion. ► ROLL
CALL VOTE: Harris-YES; Mu-Chow-YES; Sweet-YES ► VOTE: Yes-3, No-0, Absent-0.

Respectively submitted by: Maureen Canesi

BOARD OF HEALTH
2024 SCHEDULED MEETINGS

February 7, 2024

March 6, 2024

April 3, 2024

May 1, 2024

June 5, 2024

July 3, 2024

August 7, 2024

September 4, 2024

October 2, 2024

November 6, 2024

December 4, 2024

FDA 2013 Food Code

Reduced Oxygen Packaging.

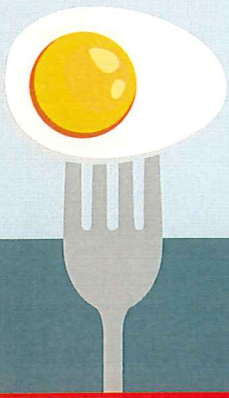
(1) "Reduced oxygen packaging" means:

(a) The reduction of the amount of oxygen in a PACKAGE by removing oxygen; displacing oxygen and replacing it with another gas or combination of gases; or otherwise controlling the oxygen content to a level below that normally found in the atmosphere (approximately 21% at sea level). A HACCP plan is required.

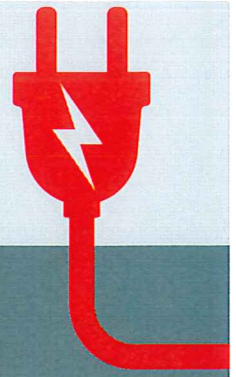
HACCP plan Hazard Analysis and Critical Control Point (HACCP) is a systematic approach to identifying, evaluating, and controlling food safety hazards. Food safety hazards are biological, chemical, or physical agents that are reasonably likely to cause illness or injury in the absence of their control.

Seven Principles

- 1: Conduct a hazard analysis
- 2: Determine the critical control points (CCPs)
- 3: Establish critical limits Principle
- 4: Establish monitoring procedures Principle
- 5: Establish corrective actions
- 6: Establish verification procedures
- 7: Establish record-keeping and documentation procedures



Eat Safe Food after a Power Outage



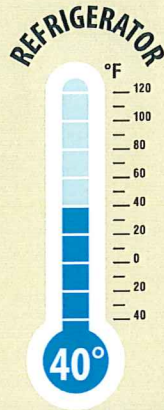
Refrigerated or frozen foods may not be safe to eat after the loss of power. Find out what you can do to keep food safe during a power outage, and when you need to throw away food that could make you sick.

Before

Keep appliance thermometers in your refrigerator and freezer.

The refrigerator should be at 40°F or below.

The freezer should be at 0°F or below.

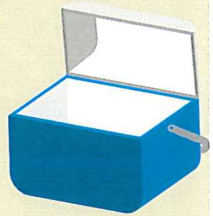


Prepare for emergencies or natural disasters



Freeze containers of water and gel packs to help keep your food at 40°F or below.

Have a cooler handy.



Buy dry ice or block ice to keep food cold in the refrigerator if the power might be out for a long time.

During

KEEP
Refrigerator
& Freezer Doors
CLOSED



4
Hours
in a
Refrigerator



48
Hours
in a
FULL
Freezer



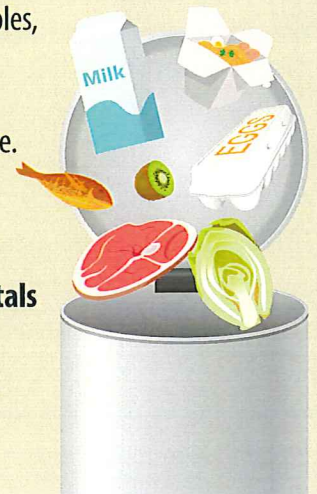
24
Hours
in a
HALF-FULL
Freezer

After 4 hours without power, put refrigerated perishable foods in a cooler. Add ice or another cold source to keep them at 40°F or below.

After

Never taste food to determine if it is safe to eat. **When in doubt, throw it out.**

- **Throw out perishable food** in your refrigerator (meat, fish, cut fruits and vegetables, eggs, milk, and leftovers) **after 4 hours without power** or a cold source.
- Throw out any food with an **unusual odor, color, or texture**.
- **Check temperatures of food** kept in coolers or your refrigerator with a cold source. Throw out food above 40°F.
- If you have an appliance thermometer in your freezer, check to see if it is still at 40 °F or below.
- You can **safely refreeze or cook** thawed frozen food **that still contains ice crystals** or is at 40 °F or below.



www.cdc.gov/foodsafety

Franklin Board of Health
Monthly Report

Name: John Robertson

Date submitted: December 27, 2023

Report includes work performed between the dates of December 1, 2023 through December 31, 2023.

<u>Inspection category / work performed</u>	<u>Inspections performed</u>
1. HOUSING	
Housing code inspections	0
Housing re-inspections	0
Lead paint inspections	0
Housing Code court cases	0
2. NUISANCE INSPECTIONS	
Nuisance complaint inspections	0
Nuisance re-inspections	0
Nuisance court cases	0
3. FOOD ESTABLISHMENT INSPECTION	
Bi-annual inspections (2/year)	9
Food establishment re-inspections	11
Food complaint inspections	1
Food complaint re-inspections	0
Food borne illness inspections	0
Food pre-opening inspections	0
Temporary Events.....	0
4. SPECIAL INSPECTIONS	
Rooming houses, hotels, motels	0
Public and semi-public pools and spas	0
Camps	0
Miscellaneous inspections, meetings, etc. ... (Voucher, task Force).....	0

TOTAL NUMBER OF INSPECTONS.....	21
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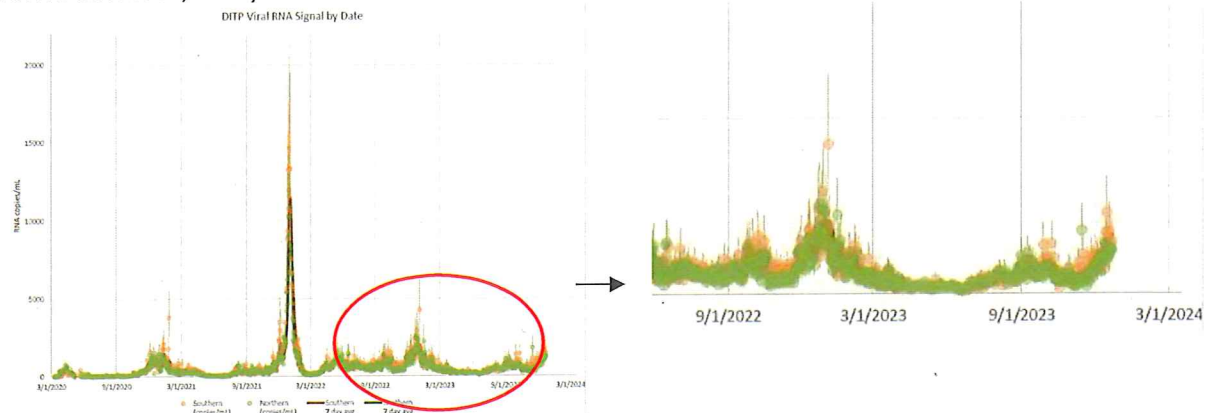
5. MEETINGS, CONFERENCES, SEMINARS and TRAINING COURSES:
- 50 State FDA Conference Call, December 4, 2023
 - Harassment Training, December 12, 2023
 - Local Boards of Health Webinar

Submitted by: _____
John Robertson
Regional Health Agent

Public Health Nurse Agenda

❖ **Communicable Diseases:**

- COVID-19 cases** (data from 1/2/24, data is subject to change):
- Franklin total COVID-19 cases for December, 2023: 108 (versus 61 in November, 2023)
- Continue to monitor COVID-19 clusters other communicable disease case investigations (food-borne illnesses, LTBI)



- Influenza cases:** 57 confirmed cases in Franklin since August 2023, 42 of those cases in December, 2023.
- Last week severity of influenza is estimated to be high for the Franklin area
- Influenza like illness visits are greater than baseline at 4.36% last week (3.89% the week prior).
- The most common influenza strain this week is Type A

❖ **Central Park Terrace**

- BINGO on 12/6/23
- Mobile food pantry (free produce and shelf-stable foods) occurring monthly

❖ **CPR Class**

- Stop the Bleed training performed for community members at the Franklin Fire Department on 12/13/23

❖ **Meetings/Trainings**

- Bi-weekly Local Board of Health Webinars
- SWAC meeting at FHS 12/5/23
- PFA webinar 12/12/23
- RSV vaccine webinar 12/21/23

❖ **Nursing Care**

- Blood pressure and glucose monitoring
- Case management services/referrals

❖ **Migrant Assistance**

- Assisting with medical appointments and medication management
- Blood pressure, glucose testing and triaging (weekly on Wednesdays)
- Providing resources/case management services
- Safe Sleep class with Lauren McVeigh (Families in Bloom) on 12/20/23

Public Health Nurse Agenda



Public Health Agenda - December

Epidemiologist

COVID-19 Data

- In the month of December there were 108 confirmed COVID-19 positive cases. There were 0 reported COVID-19 related deaths in the month of December. Confirmed cases have increased 112% from November to December.

Regroup Text

- Weekly wellness updates went out through regroup texts and emails to raise awareness of health issues

Surveillance & Case Management of Communicable Diseases

- Calling and investigating communicable disease cases, answering questions, giving guidance, doing case investigations, and reporting data into MAVEN.

Stop the Bleed Training - Dec.13th

Franklin Senior Center Resource Guide

- Working alongside Danielle to create resource website.

Franklin Opioid Data Dashboard

- Working with Natalie (GIS Specialist) in creating an opioid dashboard including Franklin's opioid overdoses, deaths, narcan administration, overdose follow ups, and more.

Migrant Dashboard

- Updating the Migrant Dashboard weekly. The data can be found on the Franklin Health Department Website. 312 individuals, 93 families, and 0 arrivals in the last week.

Central Park Terrance

- Bingo 12/6
- Mobile Food Pantry will resume in January

Meetings/Certifications

- Biweekly LBOH Webinars & Weekly Epi Zoom Meeting