

# OCTOBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Tales From a Reluctant World Traveler</i> 7:00	2 <i>Self Care Series</i> 6:30	3 Guglielmo Marconi: Wizard of the Wireless 6:30	4 <i>Knitting Group</i> 10:00-12:00	5 <i>Drum Circle with Mike Leo</i> 12:00
6	7	8	9 <i>Self Care Series</i> 6:30	10 <i>Author Talk with Jane Eagles</i> 6:30	11 <i>Knitting Group</i> 10:00-12:00	12
13	14 Closed for Columbus Day	15 <i>Composting</i> 101 6:30	16 <i>Self Care Series</i> 6:30	17	18 <i>Knitting Group</i> 10:00-12:00 <i>Book Sale</i> 1:00-5:00	19 <i>Book Sale</i> 9:00-12:00 <i>Genealogy Club</i> 10:00-3:30 <i>Bag Sale</i> 1:00-4:00
20 <i>Acrylic Pour Workshop</i> 3:00	21	22 <i>Interview Preparation Part 2</i> 6:30 Franklin Public Library Book Club 7:00	23 <i>Self Care Series</i> 6:30	24	25 <i>Knitting Group</i> 10:00-12:00	26
27	28	29	30 <i>Life and Times of Luigi Galleani</i> 6:30	31 <i>Genealogy Club</i> 6:30		



118 Main Street, Franklin MA 02038

508-520-4941

October 2019

<http://www.franklinma.gov/franklin-public-library>

## News & Events for October 2019

### Celebrate Italian Heritage Month at the Franklin Public Library

To kick off Italian Heritage month in Massachusetts, Alan Earls, local historian and 'at large' member of the Massachusetts Sons of Italy, will be delivering a slide show and talk about Guglielmo Marconi, the Wizard of Wireless, who pioneered so many of the technologies we rely on today. Alan will talk about the Massachusetts connections of Marconi and explain some of the key technologies Marconi helped develop. The event will start at 6:30 PM on Thursday, Oct. 3 at the Library.

Alan will be delivering his second talk in celebration of Italian Heritage month, with a slide show and talk about Luigi Galleani, the famous anarchist who called Wrentham home and inspired violent action by some of his followers, including the attempted 1919 bombing of the Ray Mill in Franklin. Alan will provide an overview of the life and times of Gallleani, who is the subject of a new biography in English. The event will start at 6:30 pm on Wednesday, Oct. 30 at the Library.

### Did you know that your Library Card can help you to...



Place holds, reserve a museum pass, check your account, and renew items using the Minuteman Mobile App!



Watch Creativebug online art & craft video classes taught by recognized design experts and artists!



Receive Text Message Notices! Have your library notices and other reminders sent as text messages. Renew items and check your account details by sending a text message! Text 833-201-1813



Use Rosetta Stone's award-winning interactive method to learn a new language! Core lessons build reading, writing, speaking, and listening skills in 30 languages.

### October Library Hours

The Library will be closed Monday, October 14 for Columbus Day. The Library's regular hours are Monday through Thursday, 9:00 a.m. to 8:00 p.m., Friday and Saturday, 9:00 a.m. to 5:00 p.m., and Sunday, 1:30 p.m. to 5:00 p.m.



## October Programs

### **Tales from a Reluctant World Traveler with Randy Ross, Tuesday, October 1, 7:00 p.m.**

Sixteen weeks, four continents, three bungee jumps, and Randy Ross couldn't come home soon enough. This is the story of how a Boston homebody turned a solo trip around the globe into a comedy novel and an acclaimed one-man show. The 1.5-hour, multimedia event includes a humorous travel slide show, readings from his novel [God Bless Cambodia](#) and performances from his show [The Chronic Single's Handbook](#). This talk is free and open to the public.

### **Self Care Series, Wednesdays, October 2, 9, 16, & 23, 6:30 p.m.**

Professional Life Coach Bethany Amatucci will lead a six-week Self Care Series to help you on the journey to living your best life! These classes are free and open to the public. No registration is required.

*Wednesday, October 2, 6:30 p.m. Learning to Relax: An Introduction to Meditation and Deep Breathing Techniques*

In our busy world, it can feel almost impossible to find time to be still and relax. On this night we will introduce some basic guided meditation as well as mindful breathing techniques to help you find your calm even in the midst of chaos. Everything taught tonight will be simple and effective! It's not necessary to bring any materials, everything can be done sitting in the comfort of a chair.

*Wednesday, October 9, 6:30 p.m. Stress Management Without Medication*

Stress and anxiety can make it hard to function, and can make even the smallest inconveniences feel overwhelming and unbearable. This week we will cover strategies to overcome those moments of hardship and panic, in a natural manner. You will have a variety of tools to add to your toolbox and when the next tough time comes, you'll be ready!

*Wednesday, October 16, 6:30 p.m. Mindfulness and Being Intentional in our Busy Lives*

In a world full of juggling responsibilities and being exhausted, it can be difficult to slow down and enjoy the present moment. This week's focus will be on

mindfulness and how being intentional can improve our eating habits, our relationships, our work ethic, and our overall happiness.

*Wednesday, October 23, 6:30 p.m. Vision board Making: Plan your best year yet!*

This week we will talk about the power of positive thinking and how it relates to your goals and future. We will create vision boards to help you dream up your ideal year and give you an image to keep you motivated daily. Positive actions start with positive thoughts! All vision board materials will be provided.

### **Guglielmo Marconi, the Wizard of Wireless, Thursday, October 3, 6:30 p.m.**

October is Italian Heritage month in Massachusetts (see <https://italianheritagemonth.com>)! To kick off Italian Heritage month in Massachusetts, Alan Earls, local historian and 'at large' member of the Massachusetts Sons of Italy, will be delivering a slide show and talk about Guglielmo Marconi, the Wizard of Wireless, who pioneered so many of the technologies we rely on today. Alan will talk about the Massachusetts connections of Marconi and explain some of the key technologies Marconi helped develop. The event will start at 6:30 PM on Thursday, Oct. 3 at the library.

### **Drum Circle with Mike Leo, Saturday, October 5, 12:00 p.m.**

The joy of making music is for everyone! Mike Leo brings a unique rhythm-based experience to individuals of all ages and abilities. All are welcome! This program will be outside on the Library's lawn, weather permitting. Drums will be provided, or bring your own! This program is free, and open to the public.

### **Interview Preparation Part 2, Tuesday, October 22, 6:30 p.m.**

Led by Employment Specialist Gary Gekow, this is an interactive and informal question and answer session where participants role-play typical interview questions and how best to answer them. The seminar also includes ways to avoid job candidates' most common interview mistakes. This program is free and open to the public.



## Programs Continued...

### **Author Talk with Jane Eagles, Thursday, October 10, 6:30 p.m.**

*Chester's Lessons: Life, loss, and love*

Drawn from her own experiences of life, loss, and love and that of the many clients Jane has counseled, Chester's Lessons tells the story of Chester's life, and of the love that permeated that life, nurtured his relationship with Jane, and ultimately sustained her in his loss. It is Chester's story and the lessons learned from it.

Having earned a B.A. in biology and 25 years later a M.Ed. and Ph.D. in psychology and in the interim having raised a family, Jane Eagles has worked as an oncology researcher and as a psychotherapist. Writing since adolescence, with her first poems published in her high school literary magazine, Jane has since added multiple essays, with her poems often illustrated by her own photographs.

### **Composting 101 with Blackstone Valley Veggie Gardens, Tuesday, October 15, 6:30 p.m.**

Did you know you can recycle all your kitchen scraps and yard waste, and turn it into beneficial food for your plants? Yep. We've got it all covered, from the "how to" to the "how much". This program is free and open to the public.

### **Acrylic Pour Workshop, Sunday, October 20, 3:00 p.m.**

Look at art differently and learn a meditative fluid painting technique with Artist Jacqueline Volpe! Participants will apply paint, in the style of the abstract expressionists of the New York School, to convey a greater importance on visual sensation rather than the representation of objects and explore, like they did, "going with the flow".

Paint without brushes to create a unique and spontaneous abstract painting! Participants will pour on canvas and various other materials to take home. We will cover various pouring techniques and tips for "after the pour". All materials and equipment will be provided. The workshop is for adult and young adult beginner and advanced artists. This program is limited to fifteen participants. To register, please visit <https://www.thecreativitycurator.com/mixed-media-art-journal-workshops-sign-up/> or call Assistant Library Director Kim Shipala at 508-520-4941.

### **The Life and Times of Luigi Galleani: Wrentham Anarchist, Wednesday, October 30, 6:30 p.m.**

Alan Earls, local historian and 'at large' member of the Massachusetts Sons of Italy, will be delivering his second talk in celebration of Italian Heritage month, with a slide show and talk about Luigi Galleani, the famous anarchist who called Wrentham home and inspired violent action by some of his followers, including the attempted 1919 bombing of the Ray Mill in Franklin. Alan will provide an overview of the life and times of Galleani, who is the subject of a new biography in English. The event will start at 6:30 pm on Wednesday, Oct. 30 at the library.

### **Genealogy Club, Saturday, October 19, 10:00 a.m. to 3:30 p.m.**

*Swedish Genealogy*  
Presented by the Swedish Ancestry Research Association.

### **Genealogy Club, Thursday, October 31, 6:30 p.m.**

*Overview of Online Genealogy Subscriptions, presented by Richard Reid from Friends of Irish Research*

Ancestry, FindMyPast, and MyHeritage are the big three. Each one has its strengths and weaknesses which are explored in this presentation. Besides the big boys, there are many lesser known subscription services that can be of great assistance in your family research.

### **Franklin Public Library Book Club, Tuesday, October 22, 7:00 p.m.**

The book for discussion is *The Witch Elm*, by Tana French. A limited number of copies of the book will be available for checkout at the Circulation Desk. Refreshments will be served. For more information, please contact Assistant Library Director Kim Shipala at [kshipala@minlib.net](mailto:kshipala@minlib.net).

### **Knitting Group, Fridays, 10:00 a.m. to 12:00 p.m.**

Love to knit or crochet? Join our group of local fiber artists who will be meeting in the Friends of the Franklin Community Room on Fridays 10:00 a.m. to 12:00 p.m.

### **Franklin Library Book Sale**

Friday, October 18, 1:00-5:00 p.m. Saturday, October 19, 9:00 a.m. to 12:00 Noon. All books are just one dollar!

### **Bag Sale - \$5 A Bag—Saturday, October 19, from 1:00-4:00 p.m.**

Come fill a brown bag with all the books you can!