



# THE FRANKLIN Connection

FRANKLIN SENIOR CENTER'S MONTHLY NEWSLETTER

APRIL 2024

## FRANKLIN SENIOR CENTER

10 Daniel McCahill Street  
Franklin, MA 02038

P | 508-520-4945

F | 508-520-4917

[www.franklinma.gov](http://www.franklinma.gov)

### OFFICE HOURS

Mon-Fri | 8:30am-4:00pm

Wednesday open until 5:30p

Social Services by appt.

### BEN'S BOUNTY GIFT SHOP

Mon-Fri | 10:00am-1:00pm

### COMMON GROUND'S CAFÉ

Monday - Friday

Breakfast | 8:30am-10:00am

Lunch | 11:30am-1:00pm

## WHAT'S WHAT?

Page 1: Director's Message

Page 3: April Happenings

Page 4: April Presentations

Page 5: Caregiver Corner and  
Support Groups

Page 6 & 7: April Calendar

Page 8: Low Vision Programs,  
Garden Club, & Veterans

Page 9: FOFE & Psychic

Medium Fundraiser, & Trips

Page 10: FOFE Donations

## *Making a Difference*

*I saw some starfish  
on the shore  
drying in the sun.*

*"I cannot save them all,"*

*I thought,*

*"but I can still save some."*

*I spent the rest of that long day  
throwing starfish into the sea.*

*"I made a difference for you,"*

*I thought,*

*"and that's made a difference in me."*



*Tom Schneider*

April is Volunteer Appreciation Month, and I wanted to take a moment to spotlight all of our fantastic volunteers. From the gift shop, the greeters, the café, sunshine, running programs, and more, the Franklin Senior Center would not be what it is without YOU! I think we all strive in life to feel fulfilled and make a difference to others, so if you are interested in volunteering, please reach out! If you see a volunteer this month, make sure to say Thank You :)

-Danielle Hopkins, Director



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**Kevin L Johnson**  
Financial Advisor

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508-346-3750



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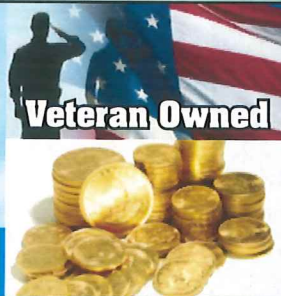
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Franklin Senior Center, Franklin, MA 06-5389



**Let's Shake,  
Rattle, and Roll**

Join us for a

**50's Sock Hop!**

Friday, April 26th  
at 11:00am

Monthly Party Luncheon  
with Live Entertainment

**\$6/ Person  
Must Sign UP!**




## TECHNOLOGY CORNER

*(Sign up now!)*

- **Dating Your Device (6 wk. series)**
  - ⇒ Mondays @ 2:30p: Let's Talk Apps
  - ⇒ Thursdays @ 2:30p: Beginner Android
- **Let's Get Social**
  - ⇒ *Let's Talk Instagram: 4/5 @ 10:00am*
- **Google Bootcamp**
  - ⇒ *Google Calendar: 4/25 at 10am*
- **Protect Your Bits**
  - ⇒ *Scam Prevention Talk 4/23 @ 2:30p*
- **1:1 Technology Help**
  - ⇒ *Work with our Tech Guru Ryan 1:1*

\* Dating Your Device \*  
 \* Starts 2nd Week

# THRIVING

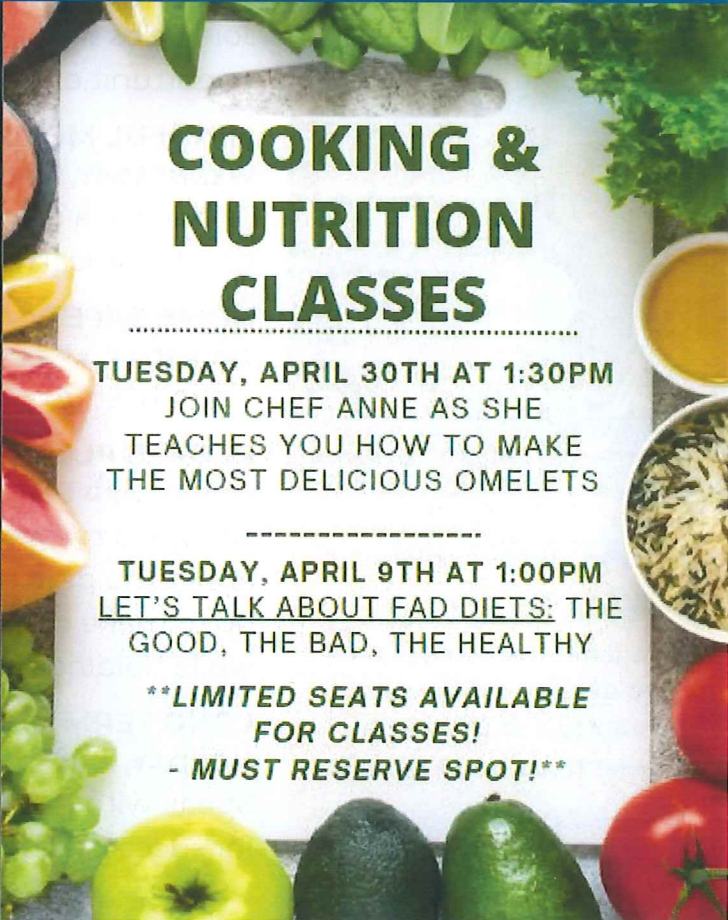
*Solo*

April 17th @ 2PM



Join other solo agers (single or partnered adults 55+ without the support of adult children or close family members) for a social group focused on what it means to navigate aging on one's own.

Come meet and have fun with other solo agers!



## COOKING & NUTRITION CLASSES

.....

**TUESDAY, APRIL 30TH AT 1:30PM**  
 JOIN CHEF ANNE AS SHE TEACHES YOU HOW TO MAKE THE MOST DELICIOUS OMELETS

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**TUESDAY, APRIL 9TH AT 1:00PM**  
 LET'S TALK ABOUT FAD DIETS: THE GOOD, THE BAD, THE HEALTHY

**\*\*LIMITED SEATS AVAILABLE FOR CLASSES!  
 - MUST RESERVE SPOT!\*\***

# 04 April Presentations

THE FRANKLIN SENIOR CENTER



## MOBILE FOOD PANTRY

PARTNERING WITH THE FRANKLIN FOOD PANTRY AND THE YMCA

Come to receive a bag of staple items, choice of protein, and dairy items!

WEDNESDAY, APRIL 10th  
at 11:00am

## PIZZA & MOVIE NIGHT: *Poor Things*

Thursday, April 11th  
at 4:30pm (\$3/ person)



## EAT AROUND THE WORLD

Once a month, come join us to explore a different country and try out its cuisine! This Month: **SPAIN**

Friday, April 12th @ 11am  
\*Sign Up Required\*

## PRESENTATIONS— CALL TO REGISTER!

### DRUM CIRCLE

MONDAY, MARCH 8TH AT 11:00AM

Do you know that drumming can reduce stress, increase energy, lower blood pressure, and boost brain health! Join us for an hour of hand drumming. Drums provided

### REAL ID WITH AAA MONDAY, MARCH 8TH AT 11:15AM

AAA Franklin will educate on why the Real ID is important and how to get one!

### GAMETOPIA WEDNESDAY APRIL 10 & 24 AT 12:30PM

Playing games improves your brain function, reduces stress, and provides social connection. Join Pete from Pete's Nerd Emporium to learn exciting new games!

### MEDICARE WEDNESDAY, APRIL 10TH AT 2:00PM

How to spot errors, fraud, and abuse !

### INTERNATIONAL & DOMESTIC TRAVEL 2025

WEDNESDAY, APRIL 17TH AT 9:30AM

Join us as we talk to Colette Travel about upcoming travel opportunities (Iceland, Grand Canyon, Europe!)

### MINDFUL MOMENTS MEDITATION FOR RELAXATION

WEDNESDAY, APRIL 17TH AT 1:00PM

Join us for a meditation and relaxation class to promote good physical mental and spiritual health.

### HOME SAFETY AND FALL PREVENTION

THURSDAY, APRIL 11TH, 18TH, AND 25TH AT 1:00PM

Learn best techniques to keep you safe!

### PEOPLE PLEASING: REWIRE YOUR BRAIN

FRIDAY, APRIL 19TH AT 1:00PM

Are you a recovering people pleaser? Come learn more about the psychology of people pleasing and what we can do to make conscious choices about relating to others while holding personal boundaries

### LONG TERM CARE AND IRREVOCABLE TRUSTS

MONDAY, APRIL 29TH AT 11:00AM

Speak with Michael Kasberg about how to set yourself up for success and planning for the future.

\*  
\* 100 FOOT JOUENY

# Caregiver Corner and Support Groups

## THE FRANKLIN SENIOR CENTER

**THE SUNSHINE CLUB** This supportive adult day program offers seniors with memory loss, chronic medical issues, or social isolation a safe & engaging environment. For more info call Kathleen Laughran at 508-520-4945

**MEMORY CAFÉ** Please join us Wednesday, April 17th at 1pm at our "Where's The Toast" memory Cafe. We will have live entertainment! Memory Café's are safe and inviting spaces for those who are experiencing memory loss and their families. Refreshments sponsored by All American in Wrentham. Please RSVP to Ariel: [adoggett@franklinma.gov](mailto:adoggett@franklinma.gov) or 508-520-4945. This Memory Café is supported by a generous grant from the Franklin Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.



**ALZHEIMER'S CAREGIVERS SUPPORT GROUP** Supports caregivers caring for their loved ones with Alzheimer's or dementia. Call The Senior Center for more information. The group meets every second and fourth Wednesday at 4:00pm.

**GENERAL CAREGIVER SUPPORT GROUP** Are you a caregiver? Join this monthly group to talk with other caregivers and provide with you tips and support. Meets the **First Thursday of the month at 1:00pm.**

**PATHWAY TO HEALING BEREAVEMENT SUPPORT GROUP** Join this monthly group to help people with their journey of healing after a loved one passes. **April 10th and 24th at 1:00pm**





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# 06 April 2024 Calendar ( \* = signup needed!)

THE FRANKLIN SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>01</b></p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Novel Reading</p> <p><b>10:00am Garden Club</b></p> <p>10:30am Poker</p> <p>11:00am Line Dancing \$</p> <p>1:00pm Trivial!</p> <p>1:00pm Chair Volleyball</p> <p>1:00pm American Mah Jong</p> <p>1:15pm Movie Matinee: Airplane</p> <p><del>2:30pm Dating Device: Apps*</del></p> <p>4:00pm Pool Night</p>	<p><b>02</b></p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p>10:00am Hand &amp; Foot</p> <p><b>10:30am Hearing Clinic*</b></p> <p>10:30am Senior Players</p> <p>11:00am Cardio, Strength, and Balance (CSB) \$</p> <p>1:00pm BINGO</p> <p>1:00pm Chess</p> <p>1:00pm Cribbage Instruct.</p> <p>1:00pm Quilting</p> <p><b>1:00pm Audio Reading of the Newsletter</b></p>	<p><b>03</b></p> <p>9:00am Walking Group</p> <p><b>10:00am Vets Coffee Social</b></p> <p>10:00am Chair Yoga \$</p> <p>10:00am Knitting</p> <p>10:00am Scrabble</p> <p>10:00am Asian Mah Jong</p> <p>11:00am Pound Fitness \$</p> <p>12:00pm Bridge</p> <p>1:00pm Pokeno</p> <p>4:00pm Cardio Fusion \$</p> <p><i>100 job laundry Presents: Industry in Franklin</i></p>	<p><b>04</b></p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p>10:00am Discussion Group</p> <p>10:15am Bible Study</p> <p>11:00am CSB \$</p> <p><b>1:00pm Low Vision Tech.</b></p> <p>1:00pm BINGO</p> <p>1:00pm Open Art Studio</p> <p>1:00pm Tai Chi \$</p> <p><b>1:00pm Caretaker Support</b></p> <p>1:00pm Cribbage</p> <p><del>2:30pm Dating Device: Phone*</del></p> <p>5:30pm Acoustic Jam Session</p>	<p><b>05</b></p> <p>9:30am ZUMBA \$</p> <p>10:00am Woodcarving</p> <p>10:00am Political Discussion</p> <p>10:00am Hand &amp; Foot</p> <p><b>10:00am Let's Talk Instagram*</b></p> <p>12:30pm T.O.P.S.</p> <p>1:00pm Pokeno</p> <p>1:00pm Darts</p> <p>1:00pm Diamond Art</p> <p>2:00pm Silvertones</p> <p>Choral Group</p>
<p><b>08</b></p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Novel Reading</p> <p><b>10:00am Garden Club</b></p> <p>10:30am Poker</p> <p><b>11:00am Drum Circle*</b></p> <p><b>11:15am Let's Talk Real ID*</b></p> <p>1:00pm Trivial!</p> <p>1:00pm Chair Volleyball</p> <p>1:00pm American Mah Jong</p> <p>1:15pm Movie Matinee: Anatomy of a Fall</p> <p><b>2:30pm Dating Device: Apps*</b></p> <p>4:00pm Pool Night</p>	<p><b>09</b></p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p><b>9:30am Golf League Mtg</b></p> <p>10:00am Hand &amp; Foot</p> <p>10:30am Senior Players</p> <p>11:00am CSB \$</p> <p><b>11:00am Low Vision Support</b></p> <p>1:00pm BINGO</p> <p>1:00pm Chess</p> <p>1:00pm Cribbage Instruct.</p> <p>1:00pm Quilting</p> <p><b>1:00pm Let's Talk Fad Diets*</b></p>	<p><b>10</b></p> <p>9:00am Walking Group</p> <p>10:00am Chair Yoga \$</p> <p>10:00am Knitting</p> <p>10:00am Scrabble</p> <p>10:00am Asian Mah Jong</p> <p><b>11:00am Mobile Food Pantry</b></p> <p>11:00am Pound Fitness \$</p> <p>12:00pm Bridge</p> <p><b>12:30pm Gametopia*</b></p> <p>1:00pm Pokeno</p> <p>1:00pm Senior Scribblers</p> <p><b>1:00pm Craft Corner</b></p> <p><b>2:00pm Medicare Talk</b></p> <p><b>1:00pm Bereavement Support</b></p> <p>4:00pm Cardio Fusion \$</p> <p><b>4:00pm Alzheimer's Support</b></p>	<p><b>11</b></p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p>10:00am Discussion Group</p> <p>10:15am Bible Study</p> <p>11:00am CSB \$</p> <p>1:00pm BINGO</p> <p><b>1:00pm Danielle's Art Class**\$</b></p> <p>1:00pm Tai Chi \$</p> <p><b>1:00pm Home Safety &amp; Fall Prevention*</b></p> <p>1:00pm Cribbage</p> <p><b>2:30pm Dating Device: Phone*</b></p> <p><b>4:30pm Pizza &amp; Movie Night: <del>Bookings**\$</del></b></p> <p><i>100 Foot Journey</i></p>	<p><b>12</b></p> <p><b>LIMITED BREAKFAST</b></p> <p>9:30am ZUMBA \$</p> <p>10:00am Woodcarving</p> <p>10:00am Political Discussion</p> <p>10:00am Hand &amp; Foot</p> <p><b>11:00am Eat Around the World: SPAIN**\$</b></p> <p>12:30pm T.O.P.S.</p> <p>1:00pm Pokeno</p> <p>1:00pm Darts</p> <p>1:00pm Diamond Art</p> <p>2:00pm Silvertones</p> <p>Choral Group</p>
<p><b>15</b></p> <p><b>SENIOR CENTER CLOSED FOR PATRIOTS DAY!</b></p>	<p><b>16</b></p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p>10:00am Hand &amp; Foot</p> <p>10:00am COA Meeting</p> <p><b>10:30am Hearing Clinic*</b></p> <p>10:30am Senior Players</p>	<p><b>17</b></p> <p>9:00am Walking Group</p> <p><b>9:30am Travel Opportunities 2025 (Int'l and Domestic!)*</b></p> <p>10:00am Chair Yoga \$</p> <p>10:00am Knitting</p> <p>10:00am Scrabble</p> <p>10:00am Asian Mah Jong</p>	<p><b>18</b></p> <p>8:30am <b>Coffee Hour with State &amp; Local Officials</b></p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p>10:00am Discussion Group</p> <p><b>10:30am Notary Services</b></p>	<p><b>19 CAFÉ CLOSED!</b></p> <p>10:00am Woodcarving</p> <p>10:00am Political Discussion</p> <p>10:00am Hand &amp; Foot</p> <p><b>10:30am Rock N' Roll Volunteer Appreciation Brunch (Invite Only)</b></p>

# April 2024 Calendar Continued **07**

FRANKLIN SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>15 CONTINUED</b></p>  <p><b>PATRIOTS DAY</b></p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Novel Reading</p> <p><b>10:00am Garden Club</b></p> <p>10:30am Poker</p> <p>11:00am Line Dancing \$</p> <p>1:00pm Trivia!</p> <p>1:00pm Chair Volleyball</p> <p>1:00pm American Mah Jong</p> <p>1:15pm Movie Matinee: Anyone But You</p> <p><b>2:30pm Dating Device: Apps*</b></p> <p>4:00pm Pool Night</p>	<p><b>16 CONTINUED</b></p> <p>11:00am CSB \$</p> <p>1:00pm BINGO</p> <p>1:00pm Chess</p> <p>1:00pm Cribbage Instruct.</p> <p>1:00pm Quilting</p> <p><b>1:00pm Legal Clinic*</b></p> <p><b>23</b></p> <p>9:00am Cribbage</p> <p>9:30am Low Impact</p> <p>9:30am Busy Bees</p> <p>10:00am Hand &amp; Foot</p> <p>10:30am Senior Players</p> <p>11:00am CSB \$</p> <p>1:00pm BINGO</p> <p>1:00pm Chess</p> <p><b>1:00pm Audio Book Club</b></p> <p>1:00pm Cribbage Instruct.</p> <p>1:00pm Quilting</p> <p><b>2:30pm Scam Prevention*</b></p> <p><b>30</b></p> <p>9:00am Cribbage</p> <p>9:30am Low Impact</p> <p>9:30am Busy Bees</p> <p>10:00am Hand &amp; Foot</p> <p>10:30am Senior Players</p> <p>11:00am CSB \$</p> <p>1:00pm BINGO</p> <p>1:00pm Chess</p> <p><b>1:00pm Audio Book Club</b></p> <p>1:00pm Cribbage Instruct.</p> <p>1:00pm Quilting</p> <p><b>2:30pm Cooking Class: Omelet Making*</b></p> <p><b>2:30pm Rainbow Café</b></p>	<p><b>17 CONTINUED</b></p> <p>11:00am Pound Fitness \$</p> <p><b>11:00am Franklin Q &amp; A</b></p> <p>12:00pm Bridge</p> <p><b>1:00pm Memory Café</b></p> <p>1:00pm Pokeno</p> <p><b>1:00pm Mindful Moments*</b></p> <p><b>2:00pm Thriving Solo*</b></p> <p><b>24</b></p> <p>9:00am Walking Group</p> <p>10:00am Chair Yoga \$</p> <p>10:00am Knitting</p> <p>10:00am Scrabble</p> <p>10:00am Asian Mah Jong</p> <p>11:00am Pound Fitness \$</p> <p>12:00pm Bridge</p> <p><b>12:30pm Gametopia*</b></p> <p>1:00pm Studio (Scribblers)</p> <p>1:00pm Pokeno</p> <p><b>1:00pm Bereavement Support</b></p> <p>4:00pm Cardio Fusion \$</p> <p><b>4:00pm Alzheimer's Support</b></p>	<p><b>18 CONTINUED</b></p> <p>10:15am Bible Study</p> <p>11:00am CSB \$</p> <p>1:00pm BINGO</p> <p>1:00pm Tai Chi \$</p> <p>1:00pm Cribbage</p> <p><b>1:00pm Home Safety &amp; Fall Prevention*</b></p> <p><b>2:30pm Dating Device: Phone*</b></p> <p><b>25</b></p> <p>9:00am Cribbage</p> <p>9:30am Low Impact</p> <p>9:30am Busy Bees</p> <p>10:00am Discussion Group</p> <p><b>10:00am Google Calendar*</b></p> <p>10:15am Bible Study</p> <p>11:00am CSB \$</p> <p>1:00pm BINGO</p> <p>1:00pm Open Art Studio</p> <p>1:00pm Tai Chi \$</p> <p>1:00pm Cribbage</p> <p><b>1:00pm Home Safety &amp; Fall Prevention*</b></p> <p><b>2:30pm Dating Device: Phone*</b></p>	<p><b>19 CONTINUED</b></p> <p>12:30pm T.O.P.S.</p> <p><b>1:00pm People Pleasing *</b></p> <p>1:00pm Pokeno</p> <p>1:00pm Darts</p> <p>1:00pm Diamond Art</p> <p>2:00pm Silvertones</p> <p><b>26 CAFÉ CLOSED!</b></p> <p>9:30am FOFE Meeting</p> <p>10:00am Woodcarving</p> <p>10:00am Political Discussion</p> <p>10:00am Hand &amp; Foot</p> <p><b>11:00am Monthly Party: Sock Hop with Live Entertainment **\$</b></p> <p>1:00pm Pokeno</p> <p>1:00pm Darts</p> <p>1:00pm Diamond Art</p> <p>2:00pm Silvertones</p> <p><b>2:15pm FSC and FHS Book Club Discussion</b></p> <p><b>6:30pm Night with Psychic Medium **\$</b></p>
<p><b>29</b></p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Novel Reading</p> <p><b>10:00am Garden Club</b></p> <p>10:30am Poker</p> <p>11:00am Line Dancing \$</p> <p><b>11:00am Long Term Care &amp; Irrevocable Trusts*</b></p> <p>1:00pm Trivia!</p> <p>1:00pm Chair Volleyball</p> <p>1:00pm American Mah Jong</p> <p>1:15pm Movie Matinee: Maestro</p> <p><b>2:30pm Dating Device: Apps*</b></p> <p>4:00pm Pool Night</p>	<p><b>29</b></p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Novel Reading</p> <p><b>10:00am Garden Club</b></p> <p>10:30am Poker</p> <p>11:00am Line Dancing \$</p> <p><b>11:00am Long Term Care &amp; Irrevocable Trusts*</b></p> <p>1:00pm Trivia!</p> <p>1:00pm Chair Volleyball</p> <p>1:00pm American Mah Jong</p> <p>1:15pm Movie Matinee: Maestro</p> <p><b>2:30pm Dating Device: Apps*</b></p> <p>4:00pm Pool Night</p>	<p><b>29</b></p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Novel Reading</p> <p><b>10:00am Garden Club</b></p> <p>10:30am Poker</p> <p>11:00am Line Dancing \$</p> <p><b>11:00am Long Term Care &amp; Irrevocable Trusts*</b></p> <p>1:00pm Trivia!</p> <p>1:00pm Chair Volleyball</p> <p>1:00pm American Mah Jong</p> <p>1:15pm Movie Matinee: Maestro</p> <p><b>2:30pm Dating Device: Apps*</b></p> <p>4:00pm Pool Night</p>	<p><b>29</b></p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Novel Reading</p> <p><b>10:00am Garden Club</b></p> <p>10:30am Poker</p> <p>11:00am Line Dancing \$</p> <p><b>11:00am Long Term Care &amp; Irrevocable Trusts*</b></p> <p>1:00pm Trivia!</p> <p>1:00pm Chair Volleyball</p> <p>1:00pm American Mah Jong</p> <p>1:15pm Movie Matinee: Maestro</p> <p><b>2:30pm Dating Device: Apps*</b></p> <p>4:00pm Pool Night</p>	<p><b>29</b></p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Novel Reading</p> <p><b>10:00am Garden Club</b></p> <p>10:30am Poker</p> <p>11:00am Line Dancing \$</p> <p><b>11:00am Long Term Care &amp; Irrevocable Trusts*</b></p> <p>1:00pm Trivia!</p> <p>1:00pm Chair Volleyball</p> <p>1:00pm American Mah Jong</p> <p>1:15pm Movie Matinee: Maestro</p> <p><b>2:30pm Dating Device: Apps*</b></p> <p>4:00pm Pool Night</p>
<p><b>HAIRDRESSER/ BARBER</b> MON &amp; WED BY APPT</p> <p><b>MANICURES:</b> EVERY OTHER TUESDAY BY APPT</p> <p><b>BLOOD PRESSURE &amp; SUGAR TESTING</b> WED &amp; THURS</p> <p><b>PODIATRIST</b> CALL FOR INFO</p>				

# 08 Low Vision and Veterans

THE FRANKLIN SENIOR CENTER

## LOW VISION PROGRAMS

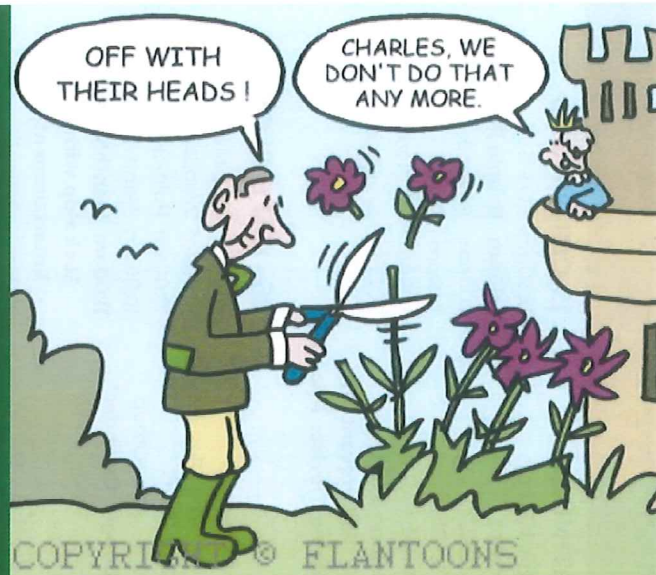
Tuesday, April 2nd at 1:00pm: Audio Reading of the April Newsletter. (PHONE)

Thursday, April 4th at 1:00pm: Assistive Technology with Jerry Feliz

Tuesday, April 9th at 11:00am: Low Vision Support: Lamps and Lighting for LV

Tuesday, April 23rd and 30th at 1:00pm: Audio Book Club: Extraordinary Life of an Ordinary Man: Paul Newman (PHONE)

*For Low Vision via Telephone : 508-206-8603 For more info on Low Vision Programs- give us a call and talk to Danielle or Sarah*



## JOIN OUR GARDEN CLUB

**MONDAYS at 10:00am!**

## VETERANS SERVICE OFFICE (508) 613-1315

April 3 – Veterans' Coffee Social – 10:00 a.m. at the Senior Center. Please join us for a celebration of the Starbucks team this month. All Veterans are welcome to join us for coffee and conversation!

April 14 – Air Force Reserve's 76th Birthday

April 18 – Veterans' Council/Memorial Day Parade Planning Meeting – 7:00 p.m. at the Senior Center. All members of the community interested in Veterans' activities and being on the parade planning committee are invited.

April 23 – Army Reserve's 116th Birthday

The next brick installation on the Veterans Memorial Walkway will be in May. Engraved bricks make great birthday, Mother's or Father's Day gifts for your special Veteran or current military service member. The deadline for ordering for this installation is April 12. Brick order forms are available in the Town Hall and Senior Center lobbies or online at: [www.franklinma.gov/veterans-services](http://www.franklinma.gov/veterans-services) Please return orders to the Veterans' Services Office.

The Tune It Out guitar lessons program for Veterans meets on Tuesdays at 5:30 p.m. at the Senior Center. There is no charge for lessons and no guitar experience is required. Call the Veterans' Services Office for details.

The Warrior Within Yoga class for Veterans and First Responders meets on Thursdays from 6:00 p.m. – 7:00 p.m. at the Senior Center. There is no charge for classes. Call Veterans' Services to register.

SAVE-THE-DATES – Friday, May 24 – Memorial Day Breakfast – Monday, May 27 – Memorial Day Parade and Ceremony on the Town Common. Stay tuned for details!

Please visit our webpage at: <https://www.franklinma.gov/veterans-services> to learn more about Franklin Veterans' Services.





# FOFE, Psychic Medium Event, Trips 09

THE FRANKLIN SENIOR CENTER

## FRIENDS OF FRANKLIN ELDERS

The Friends of Franklin Elders, Inc. (FOFE) is a private, non-profit 501c3 organization since 1990, whose purpose is to provide funds for programs, services, and equipment for the Franklin Senior Center that cannot be provided by state or local government. The Friends raise funds through membership fees, donations, and special events. Our next meeting is scheduled for

Friday, April 26th @ 9:30 am.

The public is welcome to attend.



JoAnn Wright, President  
 Nan Rafter, Vice President  
 Pam Spicer, Treasurer  
 Margie Lane, Secretary

Eileen Burnard, Pat Donnelly, Carol Ellsworth,  
 Julie Garilli, Paula Lombardi, Jan Prentice,  
 Jean Tolland, and Helen Powers

## FOFE MEMORIAL/HONOR DONATION

Your Name

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Address

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In Memory/Honor of:

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MAIL TO: Friends of Franklin Elders, Inc.  
 10 Daniel McCahill St. Franklin, MA 02038

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## CHECK OUT OUR UPCOMING TRIP OPPORTUNITIES!

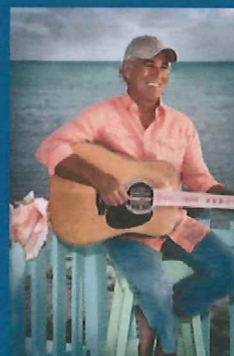
BEACH BOYS TRIBUTE SHOW & LUNCHEON AT LAKE PEARL \$89/PERSON



- ROLLING STONES TRIBUTE SHOW AND LUNCHEON AT LAKE PEARL \$89

- RICKY NELSON CONCERT & LUNCHEON-LAKE PEARL \$89

- JIMMY BUFFETT TRIBUTE SHOW AND LOBSTERBAKE IN YORK, MAINE \$135



AND MORE!...

CALL OR STOP BY FOR MORE INFO!

# 10 FOFE DONATIONS

THE FRANKLIN SENIOR CENTER

## Memorial Donations

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Charles Maguire in Memory of Jane D. Maguire  
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Jenny W. Laughlin in Memory of Pat Mahoney  
Anne Brunelli in Memory of Paul N. Brunelli  
Debra DeGrazia in Memory of Bette Norris  
Pam DeGrazia in Memory of Bette Norris  
Helen Hastry in Memory of Beverly Rose  
Susan Barbour in Memory of Catherine (Bunny) Abney  
Dennis Groleau in Memory of Claire Ames, Judy Palmer  
Patricia & Larry Vintinner in Memory of Catherine D. & Robert  
Ronald Taddeo & Cynthia Cooks in Memory of Jane  
Mary Ellen Assad in Memory of Beverly Teriault



## Donations to FOFE

Gail Borstell	Paul & Pearl Cheli
Anthony Dellorco	Virginia Koerten
Brian & Mary Discoll	Maureen Kravatas
Catherine H. Williams	Paul & Beth Mucciarone
Monty Bidder	Tina Powderly & Scott Mason
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Kathleen Kennedy	Kenneth Bamberry
Steven & Karen Wheeler	Dennis Groleau
Marie & Joe Cavossa	Ellien Kazijian
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Line Cook.....Lauretta Taddeo  
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**OUR MISSION**

The mission of the Franklin Council on Aging, with the support of the community, is to identify, advocate, and implement meaningful educational, cultural, social, health/wellness activities and services for our aging population.

**The Franklin Senior Connection is distributed with funds provided by EOEA & Friends of Franklin**

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