



FRANKLIN SENIOR CENTER

10 Daniel McCahill Street
Franklin, MA 02038

P | 508-520-4945

F | 508-520-4917

www.franklinma.gov

OFFICE HOURS

Mon-Fri | 8:30am-4:00pm

BEN'S BOUNTY GIFT SHOP

Mon-Fri | 10:00am-1:00pm

COMMON GROUND'S CAFÉ

Monday - Friday

Breakfast | 8:30am-10:00am

Lunch | 11:30am-1:00pm

WHAT'S WHAT?

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THE FRANKLIN Connection

FRANKLIN SENIOR CENTER'S MONTHLY NEWSLETTER

JUNE 2023

"The Ragged Ole Flag" – Johnny Cash

*I walked through a county courthouse square.
On a park bench an old man was sitting there.
I said, "Your old Court House is kinda run down."
He said, "No, it will do for our little town."
I said, "Your old flag Pole is leaning a little bit.
And that's a ragged old Flag you've got hanging on it."*

*He said, "Have a seat," and I sat down
"Is this the first time that you've been to our little town?"*

*"Well," he said, "I don't like to brag,
But we're kinda proud of that ragged old Flag.
You see, we got a little hole in the Flag there,
When Washington took it across the Delaware.
And it got powder burns, the night Francis Scott Key,
Sat watching it, writing 'Oh, Say, Can You See.'*

*And it got a bad rip at New Orleans,
When Packingham and Jackson took it to the scene
And, it almost fell at the Alamo beside the Texas Flag
But she waved on through*

*She got cut with a sword at Chancerville,
And she got cut again at Shilo Hill
There was Robert E. Lee, Beauregard and Bragg
The South wind blew hard on that Old Ragged Flag
On Flanders Field in World War One
She got a big hole from a Bertha Gun
She turned BLOOD RED World War Two,
And she hung limp and low a time or two.*

*She was in Korea and Vietnam
She went from our ships upon the briny foam.*

*Now they've about quit waving her back here at home
In our good land she's been abused,
She's been burned, dishonored, denied, and refused
And the Government for which she stands
Is scandalized throughout the land.*

*She's getting threadbare and she's wearing thin,
But, she's in good shape for the shape she's in,
Because she's been through the fire before,
I believe she can take a whole lot more.*

*So we raise her up every morning, and we
Take her down every night,
We don't let her touch the ground,
and we fold her up right.*

*On second thought, I do like to brag,
Because I'm mighty proud of that ragged old flag!*



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Franklin Senior Center, Franklin, MA 06-5389

04 June Happenings and Presentations

THE FRANKLIN SENIOR CENTER



MOBILE FOOD PANTRY

PARTNERING WITH THE FRANKLIN FOOD PANTRY AND THE YMCA

Come to receive a bag of staple items, choice of protein, and dairy items!

**WEDNESDAY, JUNE 10
AT 11:00AM**

PIZZA AND MOVIE NIGHT

“The Birdcage”

June 8th @ 4:30p
\$3.00/person



EAT AROUND THE WORLD

Once a month, come join us to explore a different country and try out its cuisine!

This Month: **JAPAN**

Friday, June 9th at 11:00am.

PRESENTATIONS– CALL TO REGISTER!

ONE STEP TO SAFETY

MONDAYS IN JUNE AT 11:00AM (\$3/ CLASS)

Learn blocks, strikes, grabs, and how it all works together. As well as different ways to defend yourself! Led by traveling martial artist Master Elijah Swain.

REALTY TALK– AT HOME WITH DIVERSITY

WEDNESDAY, JUNE 8TH AT 11:00AM

Come talk with local realtor Ted Cormier– Leger about his At Home with Diversity Training distinction and get some great info about the local housing market.

NEED A NOTARY?

THURSDAYS AT 10:00AM THROUGHOUT JUNE

Notary Alice Rose will be volunteering her time Thursday mornings in June to offer free notary services.

WHEN IS IT TIME FOR MEMORY CARE/ASSISTED LIVING?

THURSDAY, JUNE 13TH AT 1:00PM

If you're concerned about the physical, social, or emotional well-being of a loved one with memory loss, come talk about some solutions.

RAINBOW JEOPARDY

FRIDAY, JUNE 16TH AT 1:00PM

Come test your knowledge about LGBTQ+ leaders, authors, celebrities and change makers who have shaped our history! Hosted by Julie Nowak

FRANKLIN Q & A WITH STEVE SHERLOCK

WEDNESDAY, JUNE 21ST AT 11:00AM

Please join Steve Sherlock, Franklin Matters & WFPR.fm Community Info Director, for an informal and informative Q & A session. Steve provides updates on what's happening from the past month and then opens the floor for discussion and questions.

LET'S TALK ORGAN DONATION

WEDNESDAY, JUNE 21ST AT 1:00PM

Join the New England Organ Bank to talk about organ donations, who can be an organ donor, and the stories and history of organ donation.

PRESIDENTIAL LIBRARIES WITH STATE REP JEFF ROY

WEDNESDAY, JUNE 28TH AT 11:00AM

Fun fact about our State Representative Jeff Roy is that he has visited every Presidential Library. Come hear him share his knowledge about our Presidents and talk about the various libraries dedicated to each.

SCAM PREVENTION

THURSDAY, JUNE 29TH AT 10:00AM

Join Barbara White from Middlesex Savings Bank to learn and hear about the best way to prevent scams and what scams are out there!

NEWS FROM SHINE: June 2023- IMPORTANT UPDATES

MASSHEALTH RENEWALS ARE BACK!!

Starting April 1, 2023, MassHealth has returned to its standard annual eligibility renewal process. All 2.3 million members will be reviewed over the following 12 months. Members who need to provide information to MassHealth will receive a redetermination package in a large blue envelope.

In preparation for this, it is important that you:

- Report any address changes or status updates to MassHealth as soon as possible.
- Update MassHealth by calling the Customer Service number at 800-841-2900
- REMEMBER!! IF MASSHEALTH CAN'T REACH YOU..THEY WILL DROP YOU
- Open and read any communications from MassHealth as soon as it arrives in the mail
- Follow the instructions in the letter and return any forms and required documentation
- Make sure you reply well in advance of the deadline

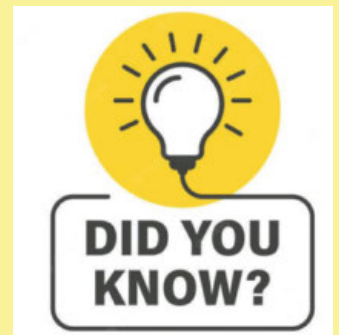
DO YOU PAY \$164.90 FOR YOUR MEDICARE PART B PREMIUM?

THE INCOME LIMITS FOR THE MASSACHUSETTS MEDICARE SAVINGS PROGRAM HAVE INCREASED SIGNIFICANTLY AND **YOU** MAY BE ELIGIBLE. The Massachusetts Medicare Savings Program pays your monthly Part B Premium that is deducted from your Social Security income. The 2023 monthly Part B premium is \$164.90. If eligible, you will also be eligible for Extra Help from Social Security. This program will help pay your prescription drug costs. **You may be eligible if your income and assets are at or below these values.**

Individual	Gross Income: \$2,734/month	Assets: \$18,180
Couple	Gross Income: \$3,698/month	Assets: \$27,260

SHINE (Serving the Health Insurance Needs of Everyone) has certified counselors available to assist you with questions about Medicare. Our services are free and unbiased: we are available to discuss all options related to Medicare and additional coverage, and we do not sell any plans. The program is federally funded and state administered.

To make an appointment, call your local senior center or call the Central Mass Regional SHINE Office at 508-422-9931. A certified SHINE counselor will return your call. Counselors assist clients through in-person appointments, phone, video conferencing (such as Zoom), email, or postal mail. We also offer excellent resources online through our website at www.shinema.org, our Medicare 101 webinars, and our Facebook page: [SHINE Central MA](#).



05 Caregiver Corner and Support Groups

THE FRANKLIN SENIOR CENTER

THE SUNSHINE CLUB This supportive adult day program offers seniors with memory loss, chronic medical issues, or social isolation a safe & engaging environment. For more information call Ariel Doggett at 508-520-4945

MEMORY CAFÉ Please join us **Wednesday, June 21st** at 1pm at our "Where's The Toast" memory Cafe. We will have live entertainment! Memory Café's are safe and inviting spaces for those who are experiencing memory loss and their families. Join us for an hour of music, socialization and engagement. Please RSVP to Ariel: adoggett@franklinma.gov or 508-520-4945. This Memory Café' is supported by a generous grant from the Franklin Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.



ALZHEIMER'S CAREGIVERS SUPPORT

GROUP Supports caregivers caring for their loved ones with Alzheimer's or dementia. On-site respite care is available if needed. Call The Senior Center for more information. The group meets every **second and fourth Wednesday at 4:00pm.**

AUTOIMMUNE/MOBILITY DISORDER SUPPORT GROUP

Join this monthly group to help you find ways to improve your health ad wellbeing whilst living with a long term health condition. Meets the **First Thursday of the month at 1:00pm.**

PATHWAY TO HEALING

BEREAVEMENT SUPPORT GROUP Join this monthly group to help people with their journey of healing after a loved one passes. **June 14th at 1:30pm.**





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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>05</p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Conversation</p> <p>10:00am FSC Garden Club</p> <p>10:30am Poker</p> <p>11:00am Line Dancing \$</p> <p>11:00am One Step To Safety \$</p> <p>12:00pm Trivia!</p> <p>1:00pm Chair Volleyball</p> <p>1:00pm Page Turner's Bk Club</p> <p>1:00pm American Mah Jong</p> <p>1:15pm Movie Matinee: A League of Their Own</p> <p>4:00pm Pool Night</p> <p>4:30pm DeLuna Yoga \$</p>	 <p>06</p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p>10:00am Hand & Foot</p> <p>10:30am Hearing Clinic</p> <p>11:00am CSB \$</p> <p>1:00pm BINGO</p> <p>1:00pm Chess</p> <p>1:00pm Cribbage Instruct.</p> <p>1:00pm Quilting</p> <p>1:00pm Audio Reading of the Newsletter</p>	<p>HAIRDRESSER/BARBER TUES & WED BY APPT</p> <p>MANICURES: EVERY OTHER TUESDAY BY APPT</p> <p>BLOOD PRESSURE & SUGAR TESTING WED & THURS</p> <p>07</p> <p>9:00am Walking Group</p> <p>10:00am Chair Yoga \$</p> <p>10:00am Knitting</p> <p>10:00am Scrabble</p> <p>10:00am Asian Mah Jong</p> <p>10:00am Vets Coffee Social</p> <p>11:00am Pound Fitness \$</p> <p>12:30pm Bridge</p> <p>1:00pm Senior Scribblers</p> <p>1:00pm Pokeno</p>	<p>01</p> <p>9:00am Cribbage</p> <p>9:30am Low Impact</p> <p>9:30am Busy Bees</p> <p>10:00am Discussion Group</p> <p>11:00am Cardio, Strength, and Balance \$ (CSB)</p> <p>12:00pm Poker</p> <p>1:00pm Low Vision Tech</p> <p>1:00pm Open Art Studio</p> <p>1:00pm Autoimmune/Mobility Disorder Support</p> <p>1:00pm BINGO</p> <p>1:00pm Tai Chi \$</p> <p>5:30pm Acoustic Jam Session</p>	<p>02</p> <p>10:00am Woodcarving</p> <p>10:00am Hand & Foot</p> <p>11:00am ZUMBA \$</p> <p>12:00pm T.O.P.S. (Taking Off Pounds Sensibly)</p> <p>1:00pm Pokeno</p> <p>1:00pm Diamond Art Painting</p> <p>2:00pm Silvertones Choral Group</p>
<p>05</p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Conversation</p> <p>10:00am FSC Garden Club</p> <p>10:30am Poker</p> <p>11:00am Line Dancing \$</p> <p>11:00am One Step To Safety \$</p> <p>12:00pm Trivia!</p> <p>1:00pm Chair Volleyball</p> <p>1:00pm Page Turner's Bk Club</p> <p>1:00pm American Mah Jong</p> <p>1:15pm Movie Matinee: A League of Their Own</p> <p>4:00pm Pool Night</p> <p>4:30pm DeLuna Yoga \$</p>	<p>06</p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p>10:00am Hand & Foot</p> <p>10:30am Hearing Clinic</p> <p>11:00am CSB \$</p> <p>1:00pm BINGO</p> <p>1:00pm Chess</p> <p>1:00pm Cribbage Instruct.</p> <p>1:00pm Quilting</p> <p>1:00pm Audio Reading of the Newsletter</p>	<p>07</p> <p>9:00am Walking Group</p> <p>10:00am Chair Yoga \$</p> <p>10:00am Knitting</p> <p>10:00am Scrabble</p> <p>10:00am Asian Mah Jong</p> <p>10:00am Vets Coffee Social</p> <p>11:00am Pound Fitness \$</p> <p>12:30pm Bridge</p> <p>1:00pm Senior Scribblers</p> <p>1:00pm Pokeno</p>	<p>08</p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p>10:00am Discussion Group</p> <p>10:00am Need a Notary?</p> <p>11:00am CSB \$</p> <p>11:00am Realty Talk</p> <p>12:00pm Poker</p> <p>1:00pm Low Vision Support</p> <p>1:00pm Danielle's Art Class**\$</p> <p>1:00pm BINGO</p> <p>1:00pm Tai Chi \$</p> <p>4:30pm Pizza & Movie Night: The Bird Cage **\$</p>	<p>09</p> <p>10:00am Woodcarving</p> <p>10:00am Hand & Foot</p> <p>11:00am ZUMBA \$</p> <p>11:00am Eat Around the World: JAPAN**\$</p> <p>12:00pm T.O.P.S.</p> <p>1:00pm Pokeno</p> <p>1:00pm Diamond Art Painting</p> <p>2:00pm Silvertones Choral Group</p>
<p>12 OLYMPICS</p> <p>9:30am 6 Week Series with Steve Avellino \$</p> <p>9:30am Italian Conversation</p> <p>10:00am Opening Ceremony</p> <p>10:30am Poker</p> <p>11:00am 1/2 Mile Walk</p> <p>11:00am Line Dancing \$</p> <p>11:00am One Step To Safety \$</p>	<p>13 OLYMPICS</p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p>10:00am COA Meeting</p> <p>10:00am Hand & Foot</p> <p>10:00am Darts</p>	<p>14 OLYMPICS</p> <p>9:00am Walking Group</p> <p>10:00am Chair Yoga \$</p> <p>10:00am Knitting</p> <p>10:00am Scrabble</p> <p>10:00am Asian Mah Jong</p> <p>10:00am Putting Contest</p> <p>11:00am Mobile Food Pantry</p> <p>11:00am Pound Fitness \$</p>	<p>15 OLYMPICS</p> <p>8:30am Coffee Hour with State & Local Officials</p> <p>9:00am Cribbage</p> <p>9:30am Low Impact \$</p> <p>9:30am Busy Bees</p> <p>10:00am Discussion Group</p> <p>10:00am Need a Notary?</p> <p>11:00am Men & Women's Basketball Throw</p>	<p>16 OLYMPICS</p> <p>10:00am Woodcarving</p> <p>10:00am Hand & Foot</p> <p>11:00am ZUMBA \$</p> <p>11:00am 2 Mile Relay</p>

June 2023 Calendar Continued **07**

FRANKLIN SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>12 CONTINUED 12:00pm Trivia! 1:00pm Bocce Tournament 1:00pm Chair Volleyball 1:00pm American Mah Jong 1:15pm Movie Matinee: Air 4:00pm Pool Night 4:30pm DeLuna Yoga \$</p>	<p>13 CONTINUED 11:00am CSB \$ 1:00pm BINGO 1:00pm Chess 1:00pm Memory Care Talk 1:00pm Cribbage Instruct. 1:00pm Quilting 1:00pm Cribbage Tournament</p>	<p>14 CONTINUED 12:30pm Bridge 1:00pm Senior Scribblers 1:00pm Mini Golf Competition 1:00pm Pokeno 1:30pm Pathways to Healing Support Group 4:00pm Caregiver Support Group</p>	<p>15 CONTINUED 11:00am CSB \$ 12:00pm Poker 1:00pm BINGO 1:00pm Trivia Bee 1:00pm Tai Chi \$ 1:00pm Pickleball Competition</p>	<p>16 CONTINUED 12:00pm T.O.P.S. 1:00pm Rainbow Jeopardy 1:00pm Pokeno 1:00pm Diamond Art Painting 2:00pm Silvertones Choral Group</p>
<p>19 SENIOR CENTER CLOSED</p> <div style="text-align: center;">  </div>	<p>20 OLYMPICS 9:00am Cribbage 9:30am Low Impact 9:30am Busy Bees 9:30am Pool Tournament 10:00am Hand & Foot 10:00am Puzzle Wars 10:30am Hearing Clinic 11:00am CSB \$ 12:30pm Legal Clinic 1:00pm BINGO 1:00pm Chess 1:00pm Audio Book Club 1:00pm Cribbage Instruct. 1:00pm Quilting 1:00pm Curling Competition</p>	<p>21 OLYMPICS 9:00am Walking Group 10:00am Chair Yoga \$ 10:00am Knitting 10:00am Scrabble 10:00am Asian Mah Jong 11:00am Franklin Q & A 11:00am Pound Fitness \$ 11:00am 1 Mile Walk 12:30pm Bridge 1:00pm Senior Scribblers 1:00pm Watermelon Carving 1:00pm Pokeno 1:00pm Memory Café 1:00pm Organ Donation Talk</p>	<p>22 OLYMPICS 9:00am Cribbage 9:30am Low Impact 9:30am Busy Bees 10:00am Cornhole- Men 10:00am Discussion Group 10:00am Need a Notary? 11:00am CSB \$ 12:00pm Poker 1:00pm BINGO 1:00pm Tai Chi \$ 10:00am Cornhole- Women</p>	<p>23 CAFÉ CLOSED 10:00am Woodcarving 10:00am Hand & Foot 11:00am GO FOR THE GOLD MONTHLY PARTY BBQ & OLYMPICS MEDAL CEREMONY***\$ 12:00pm T.O.P.S. 1:00pm Pokeno 1:00pm Diamond Art Painting 2:00pm Silvertones Choral Group</p>
<p>26 9:30am 6 Week Series with Steve Avellino \$ 9:30am Italian Conversation 10:30am Poker 11:00am One Step To Safety \$ 11:00am Line Dancing \$ 12:00pm Trivia! 1:00pm Chair Volleyball 1:00pm American Mah Jong 1:15pm Movie Matinee: The Wedding Date 4:00pm Pool Night 4:30pm DeLuna Yoga \$</p>	<p>27 9:00am Cribbage 9:30am Low Impact 9:30am Busy Bees 10:00am Hand & Foot 11:00am CSB \$ 1:00pm BINGO 1:00pm Chess 1:00pm Audio Book Club 1:00pm Cribbage Instruct. 1:00pm Quilting 2:30pm Rainbow Green</p>	<p>28 9:00am Walking Group 10:00am Chair Yoga \$ 10:00am Knitting 10:00am Scrabble 10:00am Asian Mah Jong 11:00am Presidential Libraries with State Rep Jeff Roy 11:00am Pound Fitness \$ 12:30pm Bridge 1:00pm Senior Scribblers 1:00pm Pokeno 4:00pm Caregiver Support Group</p>	<p>29 9:00am Cribbage 9:30am Low Impact 9:30am Busy Bees 10:00am Need a Notary? 10:00am Discussion Group 10:00am Scam Prevention 11:00am CSB \$ 12:00pm Poker 1:00pm BINGO 1:00pm Tai Chi \$ 1:00pm Technology Clinic</p>	<p>30 10:00am Woodcarving 10:00am Hand & Foot 11:00am ZUMBA \$ 12:00pm T.O.P.S. 1:00pm Pokeno 1:00pm Diamond Art Painting 2:00pm Silvertones Choral Group</p>

LOW VISION PROGRAMS

Thursday, June 1 at 1:00pm: Assistive Technology with Jerry Feliz

Tuesday, June 6 at 1:00pm: Audio Reading of the Senior Center April Newsletter. (PHONE)

Thursday, June 8 at 1:00pm: Guest Speaker Karen Hatcher, Mass Commission for the Blind concerning services and fall prevention

Tuesday June 20 and 27 at 1:00pm: Audio Book Club : *The Life We Bury* by Allen Eskens (PHONE)

All Tuesday Low Vision are via telephone: 508-206-8603 and Thursday Low Vision are in person at the Senior Center

JOKES OF THE MONTH

When does a joke become a "Dad" joke? When the punchline is a parent...

What did the pig say on a hot day? I'm Bacon

How are stars like false teeth? They both come out at night...

I called the incontinence hotline recently. They asked if I could hold...

Did you hear the one about the watermelon? It was pitiful

What kind of music do killer whales like? They listen to the orca-stra

What did May tell June when they were fighting? Don't July to me!



VETERANS' SERVICES OFFICE (508) 613-1315

June 6 - D-Day Invasion Anniversary - On June 6, 1944, Allied forces launched a combined naval, air and land assault on Nazi-occupied France which led to the liberation of Western Europe from Nazi control.

June 7 - Monthly Coffee Social - 10:00 a.m. at the Senior Center. All Veterans are welcome to join us for updates, coffee and conversation!

June 14 - Flag Day commemorates the adoption of the U.S. flag by the Continental Congress on June 14, 1777. In 1916, President Woodrow Wilson proclaimed June 14 as the official date to celebrate Flag Day.

June 14 - U.S. Army's 248th Birthday

June 15 - Veterans' Council Meeting - 7:00 p.m. at the Senior Center. Any Franklin resident who is interested in Veterans' activities and events is welcome to join us!

Purple Hearts - Please let the Veterans' Services Office know if you or a family member (residing in Franklin) is a Purple Heart recipient so we can add you to our database. The Purple Heart is presented to service members who have been wounded or killed as a result of enemy action while serving in the U.S. military. National Purple Heart Day is celebrated on August 7 every year.

The **Tune It Out guitar lessons program** for Veterans meets on Tuesdays at 5:30 p.m. at the Senior Center. There is no charge for lessons and no guitar experience is required. We have guitars! Call the Veterans' Services Office for details.



FRIENDS OF FRANKLIN ELDERERS

The Friends of Franklin Elders, Inc. (FOFE) is a private, non-profit organization whose purpose is to provide funds for programs, services, and equipment for the Franklin Senior Center that cannot be provided by state or local government. The Friends raise funds through membership fees, donations, and special events. Our next meeting is scheduled for

Friday, September 22nd @ 9:30 am.

The public is welcome to attend.



- JoAnn Wright, President
- Nan Rafter, Vice President
- Pam Spicer, Treasurer
- Margie Lane, Secretary
- Eileen Burnard, Pat Donnelly, Carol Ellsworth,
- Julie Garilli, Paula Lombardi, Jan Prentice,
- Jean Tolland, and Helen Powers

FOFE MEMORIAL/HONOR DONATION

Your Name

Address

In Memory/Honor of:

**MAIL TO: Friends of Franklin Elders, Inc.
 10 Daniel McCahill St. Franklin, MA 02038**

DONATIONS

Felix Montalvo

IN HONOR OF

Felix Montalvo **in Honor of** 45 Winter Street Residents that have passed.
 William and Alyson Slaney **in Memory of** Gloria Gelineau



BEST OF TIMES TRAVEL OPPORTUNITIES

- ◆ **The Corvettes Doo Wop Revue: Traditional Maine Lobsterbake at Fosters Lobsterbake in York, Maine.**
 Wednesday, Aug 9th \$119/person



- ◆ **Lake George Balloon Festival (3 days/ 2 Nights)**
 including transportation, 3 meals, dinner cruise on Lake George with entertainment, access to the balloon festival, and your own tour guide! September 22nd- 24th \$699pp Dbl, \$899 single,

- ◆ **Neil Diamond & Friends (including transportation, lunch, & show) in Windham, NH-** will have you dancing and singing your day away performing the biggest hits from artists like Neil Diamond, Roy Orbison, Carole King, Johnny Cash, and more!
 Thursday, Sept 7th \$109/person

10 Senior Olympics 2023– REGISTER NOW!

Franklin Senior Center's Second Annual

SENIOR OLYMPICS

June 12–June 23, 2023

\$5 to compete in any and all events

\$10 to compete and join the Go For the Gold Party Friday 6/23!

REGISTER BY JUNE 5TH IF INTERESTED IN COMPETING!

Schedule of Events

(all events are at Franklin Senior Center unless noted otherwise)

Monday 12th

10:00 AM: Opening Ceremonies
11:00AM: ½ mile walk
1:00PM: Bocce Tournament

Tuesday 13th

10:00AM: Darts Tournament
1:00PM: Cribbage Tournament

Wednesday 14th

10:00AM: Scrabble Tournament
10:00AM: Putting Contest
1:00PM: Mini Golf Competition

Thursday 15th

11:00AM Men & Women's
Basketball Throw (Davis Thayer)
1:00PM: Trivia Bee
1:00PM: Pickleball Competition
(At Recreation Department)

Friday 16th

11:00AM 2 Mile Relay
(At HS Track)- 4 people

Monday 19th: CLOSED For Juneteenth

Tuesday 20th

9:30AM: Pool Tournament
10:00AM: Puzzle Wars
1:00PM: Curling Competition

Wednesday 21st

11:00AM: 1 Mile Walk
1:00PM: Watermelon Carving
Contest

Thursday 22nd

10:00AM: Cornhole, Men's
Competition
1:00PM: Cornhole, Women's
Competition

Friday 23rd

SENIOR OLYMPICS CLOSING
CEREMONY, MEDAL
CEREMONY, AND BBQ AT
11:00AM



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The Franklin Connection is distributed with funds provided by the Executive Office of Elder Affairs and the Friends of Franklin Elders, Inc.

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OUR MISSION

The mission of the Franklin Council on Aging, with the support of the community, is to identify, advocate, and implement meaningful educational, cultural, social, health/wellness activities and services for our aging population.

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