

# Take & Make Dream Catcher!

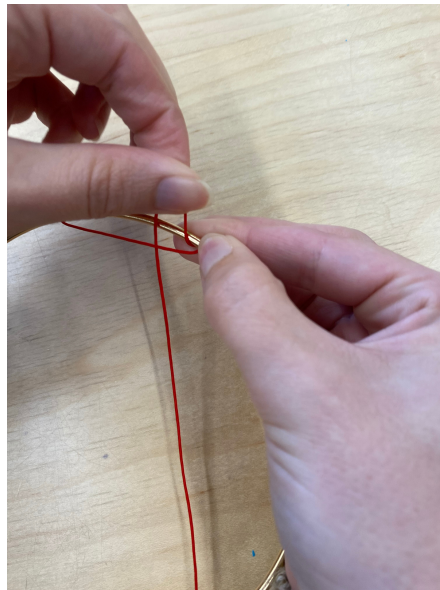
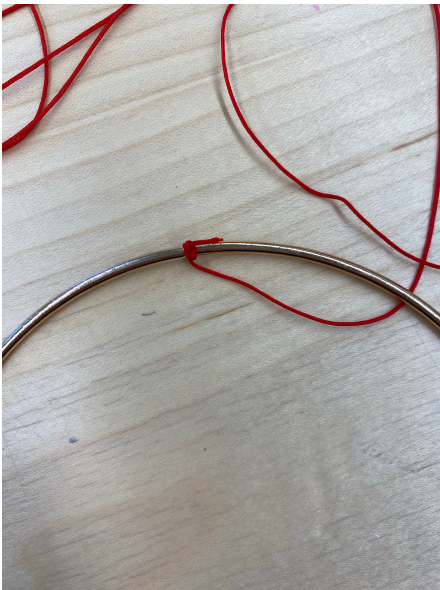
## Materials Provided:

- Metal Hoop
- 1 7-ft Piece of Yarn
- 12 1-ft Pieces of Yarn
- 1 Bead



## Directions:

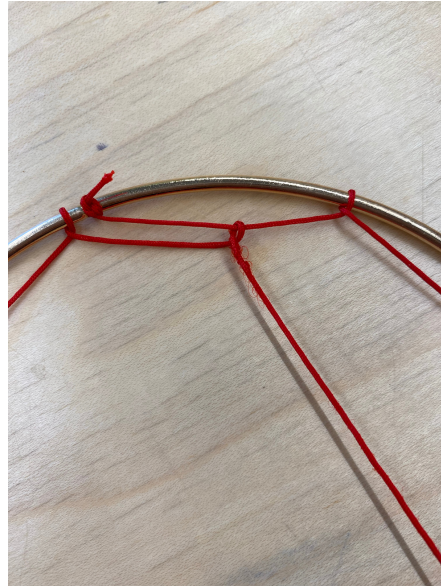
- Take your long piece string and knot it around the hoop.
- Then you're going to wrap the string around the hoop about an inch away from the initial knot.
  - When you wrap the string, go from front-to-back and pull the back through the loop you just made.
  - Make sure you pull the string tight as you're looping.
- You'll continue this looping process around the entire hoop. I fit 8 loops around the hoop with the final one located next to the initial knot.



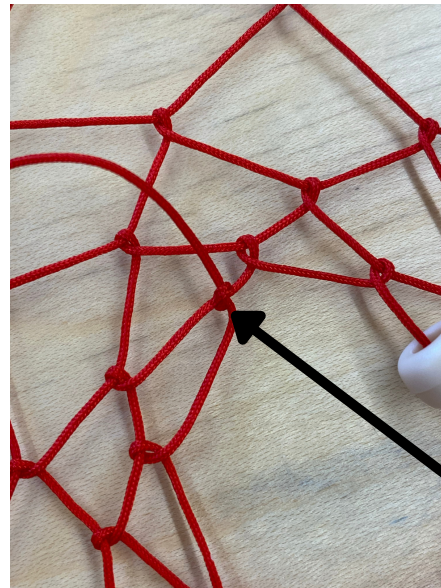
I had a lot of trouble figuring out how to wrap/loop the the string around the hoop but this video was a great resource. At the 2:35 mark she begins the looping process and watching it done was really helpful!



- Once you've made it back to the initial knot, you will continue wrapping the string but now you'll wrap it around the center of the first loop you made.



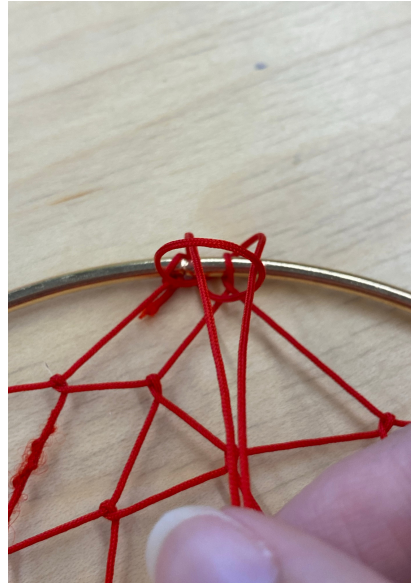
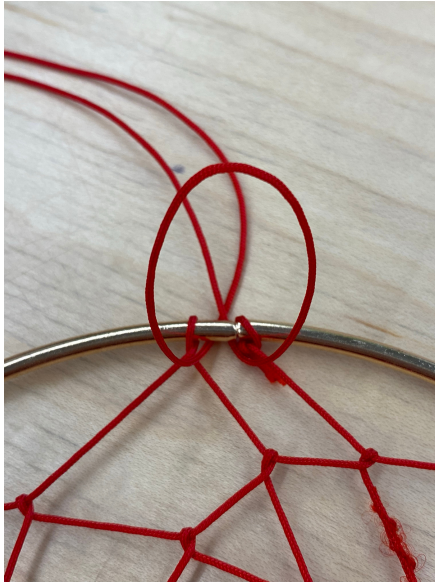
- Continue with this method to build your web. The sections will get smaller as you get closer to the center.
- When you're just about finished, thread the bead onto the string and then continue with the looping.



KNOT

- When you're left with just a small circle in the center tie off your string in a knot.

- Cut off excess yarn and fold it in half.
- Wrap the folded end around the hoop and pull the ends through and tighten.
  - I did this step in the small gap between my initial knot and that final outer loop.
- Tie the two loose ends together in a knot and now you have a way to hang your dream catcher!



- You can use the six remaining strings to make the tassels that hang at the bottom of the dream catcher.
  - I added my tassels to the hoop using the same method mentioned in the last 2 steps. The only difference was I didn't tie the loose ends in a knot.

### **DID YOU KNOW?**

- Today the dreamcatcher is associated with Native American culture in general, but dream catchers are often believed to have originated from the Ojibwa Chippewa. The Lakota tribe also has its own legend about the origins of the dreamcatcher
- The Ojibwe word for dreamcatcher *asabikeshiinh* actually means "spider," referring to the woven web loosely covering the hoop.
- Ojibwe dreamcatchers were traditionally used as talismans to protect sleeping people, usually children, from bad dreams and nightmares. Good dreams would pass through the center hole while the Bad dreams were caught up in web and destroyed.
- In Lakota legend, the opposite was true, Bad dreams would pass through the center hole while Good dreams would get caught in the web and travel down to the person sleeping.
- Beads:
  - There is some discrepancy over the meaning behind the beads used in dreamcatchers.
  - In some stories, a single bead near the center of the web represents the spider that spun the web.
  - Others says beads throughout the web were Good dreams that got caught and became immortalized in the form of sacred charms.
  - The beads on the tassels are also representative of Good dreams that are traveling down to the sleeping person.
- Feathers:
  - These act a soft, pillow-like ladder for the Good dreams to descend upon the sleeping person undisturbed.