

# Teen Take & Make

## Wooden Heart Plaque!

### Materials Provided:

- Wooden Heart
- Scrapbook Paper
- Little Heart Template
- "Love" Vinyl
- Transfer Tape
- White Paint
- Mod Podge
- Paint Brush



### Directions

These directions are written to match the picture above, however if you want to change up how you use the scrapbook paper you absolutely can!

- Begin by painting the heart white. I painted the whole thing (front, back, and edges) but you can skip the back if you want.
  - If you would prefer to cover the entire heart with the scrapbook paper you can skip the painting altogether or you could just paint the edges & back.
  - It took about 2-3 coats of paint for me to be satisfied with the finished look. Be sure to allow the paint to dry in between coats
- Cut out the small heart shape template and trace it onto the scrapbook paper. Then cut out the shape from the scrapbook paper.
  - If you would prefer to get creative with how you use the scrapbook paper feel free to ignore the tracing. Maybe you want the paper to cover all of the wood, or maybe you only want it on half of the heart. You can absolutely retrace and cut out the size heart or shape that works best for your taste!



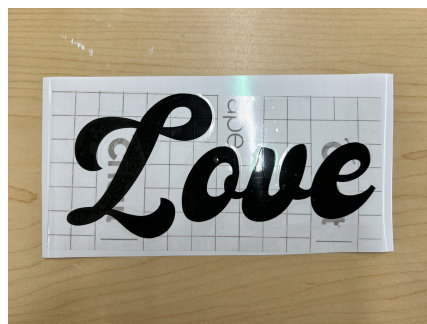
- Apply the mod podge directly to the back of the paper and place onto the wooden heart.
  - If you plan on covering the entire heart with the scrapbook paper, I would apply the mod podge directly to the wood and then lay the paper on top.
- Gently smooth down and if you need to add a little more mod podge to the edges you can.
  - If you get bubbles, I found that they flatten out as the mod podge dries. You want to be careful trying to rub or poke them out, because you could get flaws.



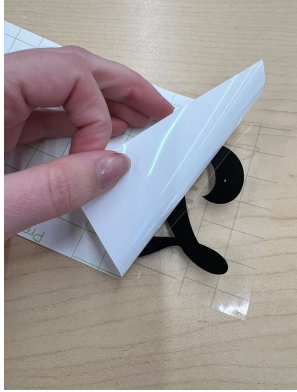
- Allow the mod podge to completely dry for 15-20 minutes and then apply another layer on top of the paper.
  - I actually applied about 2-3 layers to the top to create a thicker seal.



- Allow the top coat of mod podge to completely dry before moving on to the vinyl.
- Remove the backing of the transfer tape and place the tape over the "Love" vinyl.
- Using a ruler, a coin, or the side of a pen rub down on the transfer tape to remove any air bubbles.



- Next, **SLOWLY** and **CAREFULLY** peel off the backing of the vinyl. If done correctly, the lettering will remain on the gridded transfer tape.
  - As you peel off the backing, you might notice that the vinyl is also peeling off. If that happens, stop peeling and rub down on that spot to make sure the vinyl sticks to the tape.



- Now gently place the transfer tape down onto your heart.
- Using your finger, rub down just over the lettering to make sure the vinyl sticks
  - I suggest using your finger this time because you want to focus just on the lettering. The first time I attempted this, the scrap book paper ripped, but I was using a stronger grip transfer tape than what's included in the kit. When I tried again with the correct transfer tape I didn't have any issues, but I would still caution against pushing the tape too strongly onto the heart.
- **SLOWLY** and **CAREFULLY** peel up the transfer tape. As you do so, the vinyl should remain on the heart. If you notice that the vinyl is also peeling up, stop peeling and rub down on that spot.
- **REMEMBER:** When working with vinyl slow and steady is the best approach!



