FRANKLIN, MA. MYREC.COM

FALL 2023

# Fall Brochure

FRANKLIN RECREATION

Registration Opens August 1st @ 8:30 AM

# **REGISTRATION INFORMATION**

#### REGISTRATION

Walk-in & Online registration for Fall Programs will begin on Tuesday, August 1 at 8:30am. For online registration, please visit our website www.franklinma.gov/recreation-department and choose the "online registration" tab. To register in person, our address is 275 Beaver Street.

#### **PROGRAM/COURSE CONFIRMATION**

We do not send registration confirmations. Please understand that it is your responsibility to know the date, time, and location of any program. A participant is registered only when payment is received.

All programs are offered on a first come, first serve basis. Franklin Recreation reserves the right to cancel or consolidate a program that does not meet the minimum participant registration numbers. Remember, nothing terminates a program faster than waiting until the last minute to register. Sign up early to avoid disappointment.

We primarily communicate through email for program changes and updates. Please be sure to checks emails you receive from us.

#### **REFUND POLICY**

Refunds are only issued in the event of a cancelled program or if there is a medical emergency with a doctor's note. Every attempt will be made to reschedule a class that has been cancelled for inclement weather, instructor absence or holiday. We are not responsible for making up classes that are missed due to the participants inability to attend. Refunds are not given for lack of attendance. A \$10.00 fee will be charged for all refunds.

#### PARTICIPANT PHOTOGRAPHY POLICY

Photographs may be taken of participants and sent to newspapers or posted on Franklin Recreation's Facebook and Instagram for publicity purposes. SMILE for the camera! *If you do not want your child's photograph publicized,* please notify the instructor or office prior to the start of the program.

#### **INCLEMENT WEATHER**

Every attempt will be made to reschedule a class that has been cancelled for inclement weather. When the Franklin School Department cancels school because of emergencies or weather conditions, all Recreation Department programming will be cancelled for the entire day. If a storm develops later in the day, please call the office (508) 613-1666 or visit our website at www.franklinma.gov.

#### **INABILITY TO PAY**

The Recreation Department has established a Program Assistance Fund for all Recreation programs and Franklin Youth Sports programs offered through the Town of Franklin. The Program Assistance Fund was established with the understanding that there are residents who cannot afford the registration fee and are therefore unable to participate. The sole purpose of this fund is to find ways to give every child and family the opportunity to participate in recreation activities while providing a mechanism for equitable treatment and optimal accommodation for resident families in need.

#### WAIT LISTS

If you are interested in a program that is full, please call to be on the wait list or register on-line if a waitlist is available. If there is a cancellation, people on the wait list will be the first to be notified.

#### **RECREATON DEPARTMENT CONTACT INFORMATION**

275 Beaver Street, Franklin MA 02038 PHONE: (508) 613-1666 EMAIL: franklinrecreation@franklinma.gov WEBSITE: www.franklinma.gov/recreation-department

> Ryan Jette, Director Kim Carney, Deputy Director Sean Fitzpatrick, Program Coordinator Sheila Adiletto, Administrative Assistant

#### FRANKLIN YOUTH SPORTS ORGANIZATIONS

#### **Franklin Chargers Football**

http:// franklinpanthers.website.sportssignup.com/

Amy Murphy president@franklinpanthersyfb.com



## Franklin Youth Baseball

Franklinyouthbaseball.com/site

Steve Gatewood franklinyouthbaseball@yahoo.com



## Franklin Boys Youth Lacrosse

www.franklinlax.com

Bridget Sweet franklinyouthlacrosse@gmail.com (774) 434-5146



## **Franklin Youth Hockey**

www.franklinflyers.org

Mark Rovani President.fyha@gmail.com (508)\_528-1065



## Franklin Youth Field Hockey

www.franklinma.gov/recreation-department

Kim Carney kcarney@franklinma.gov (508) 613-1666



#### **Franklin Youth Softball**

www.fgsafastpitch.org

Chris O'Connor fgsa@fgsafastpitch.org



## **Franklin Youth Soccer**

www.franklinyouthsoccer.org www.franklinsoccerclub.com www.franklinsoccerschool.com

> Evan Chelman (508) 520-4070

## Franklin Girls Youth Lacrosse

www.franklinma.gov/recreation-department

Kim Carney kcarney@franklinma.gov (508) 613-1666



## Franklin Youth Basketball

www.franklinma.gov/recreation-department

Sean Fitzpatrick sfitzpatrick@franklinma.gov (508) 613-1735



## NFL Flag Football

www.franklinma.gov/recreation-department

Jack Geromini jgeromini@comcast.net



### PARKS, ATHLETIC FIELDS AND LOCATIONS

#### **RESERVING AN ATHLETIC FIELD**

To reserve a field or facility please visit us at the Recreation Department and complete a Field Usage Form. Any questions email kcarney@franklinma.gov.

#### **VISITOR GUIDELINES**

Please adhere to the following guidelines when visiting a field or park



**TRASH & RECYCLING:** Pick up trash and dispose of properly. Trash is picked up regularly. If barrels are full please remove your trash from the site.



**PARKING: Park in designated areas.** If parking on the street is necessary park in a manner that will allow emergency vehicles to access fields and neighboring homes. Please do not block access to driveways or park on lawns.



**DOG ORDINANCE:** Please keep your dog on a leash and clean up after your pet. Please check park and field specific postings.

King Street Memorial Park	Fletcher Field	Dacey Community Field	Recreation Department	Chilson Beach/ Beaver Pond Rec Fa- cility
740 King Street	45 Peck Street	661 Lincoln Street	275 Beaver Street	420 Beaver Street
2 Baseball fields, soccer fields, basket- ball courts, volleyball court, 2 pickleball courts, bathroom & concession facility, 2 bocce courts, bike racks, picnic tables	2 small baseball fields, 1 senior baseball field, bas- ketball courts, ADA compliant play- ground (2-12 yrs), street hockey rink, 3 baseball batting cages	ADA compliant play- ground (2-12yrs), 1 large soccer field, 2 small soccer fields, walking trails, bike racks, disc golf course, dog park, picnic tables	Recreation Gym, Multi-purpose Room, Art Room	Beach, picnic tables, Vendetti Playground, restroom facilities with concessions Artificial grass turf field lined for soccer/ football/lacrosse/field hockey
Pisani Field (formerly Theron Metcalf)	DelCarte Recreation Area	Franklin High School	Meadowlark Lane Complex	Remington Jefferson School
38 Peck Street	459 Pleasant St.	218 Oak Street	39 Meadowlark Ln.	628 Washington St
2 small softball fields (lighted), restroom facility with conces- sions	Reservoir, ADA Compliant play- ground, walking trails, canoe/kayak launch, dock, fishing	2 Senior baseball fields, 2 softball fields, 2 turf fields, track & field area, 4 tennis courts, soccer fields, gymnasium	Small baseball field, soccer fields, con- cession facility, tot swings	Soccer fields, 2 softball fields, baseball field, basketball court, 2 ADA compliant playgrounds, gymnasium

## SPORT PROGRAMS

## **RECREATION BASKETBALL**

Ages: 5-14

#### Various Schools/Gyms

Recreation basketball emphasizes basic basketball skills and fundamentals, good sportsmanship and fun! Boys and girls in grades K-8 can continue to develop their skills with equal playing time based on our matrix system. Playing rules will closely mirror MetroWest & CYO Basketball. Schedules should not conflict.

Schedules and times will vary weekly. Players in 3rd-8th grade will participate in a skills session Saturday October 14 to determine player abilities. A draft will take place over the following weeks. Our goal is to make every team equal in skill, ability and ages. Players in K-2nd grade will be placed on teams by school district.

#### Fee: \$130

Day:	Time:	Date:	Age:
Sat	Varies	Nov 11 - Mar 3	K-8th Grade

#### HIGH SCHOOL INTRAMURAL BASKETBALL LEAGUE Grades: 9-12 King Street/Horace Mann

Each team will play 6 regular season games plus 1-3 playoff games. Upperclassman player captains will coach each team. Max 10 players per team. Patched officials for all games. High school rules and clock.

#### Fee: \$100

 Day:
 Time:
 Date:

 Sat
 8:15am-12:15pm
 Sept 9 - Oct 28







#### **VOLLEYBALL** Grades: 5th-8th Rec

**Recreation Department Gym** 

Learn the fundamental skills of volleyball including the basics of offense and defense including passing, setting, spiking, serving and blocking. *Instructor: Heather Grammaticas* 

#### Fee: \$100

Day:	Time:	Date:	Grade:
Tues	5:30pm-6:30pm	9/26 - 10/31	5th-6th
Tues	6:30pm-7:30pm	9/26 - 10/31	7th-8th
Tues	5:30pm - 6:30pm	11/7 - 12/12	5th - 6th
Tues	6:30pm - 7:30pm	11/7 - 12/12	7th - 8th

## SPORT PROGRAMS

#### TENNIS Ages: 4-18+

#### Franklin High School

The Franklin Recreation Department has partnered with On Court Tennis, LLC. to provide opportunities for youth and adults to learn the lifelong sport of tennis. Class offerings include Red Ball, Orange Ball, Green Ball and Yellow ball for Juniors and Beginner, intermediate, advanced, and Live Ball classes for Adults (18+).

Little Racquets: An introduction to tennis for ages 4-7. Players learn basic tennis skills through a variety of fun drills and games

Rising Stars: Tennis for ages 8-10. Players will begin to learn the specific details of all tennis strokes. By the end of the session, players will begin to start point play.

Junior Achievers: Players aged 11-13. Will continue to learn stroke production. Match strategy will begin to be incorporated during point play and match play

Varsity: Tennis designed for players aged 13-17 looking to play at a more competitive level. Live ball training with in-match strategy training.

Adult Beginner: Tennis for adults for little to no tennis experience. Players will learn all of the basic skills and fundamentals to play points.

Adult Intermediate: Adults with previous tennis experience. Will continue to work on their skills. Players will gain skills through a variety of different drills and point play.

Adult Advanced: Designed for players who have extensive tennis experience. High cardio drills, games and point strategy.

Class:	Day:	Date:	Time:	Fee:
Little Racquets	Mon	Sept 11 - Oct 23	5:30pm - 6:30pm	\$156
Little Racquets	Sat	Sept 16 - Oct 21	9:00am - 10:00am	\$156
Rising Stars	Mon	Sept 11 - Oct 23	6:30pm - 7:30pm	\$156
Rising Stars	Sat	Sept 16 - Oct 21	10:00am - 11:00am	\$156
Junior Achievers	Tues	Sept 12 - Oct 17	5:30pm - 6:30pm	\$156
Junior Achievers	Sat	Sept 16 - Oct 21	11:00am - 12:00pm	\$156
Varsity	Mon	Sept 11 - Oct 23	7:30pm - 9:00pm	\$216
Varsity	Tues	Sept 12 - Oct 17	7:30pm - 9:00pm	\$216
Adult Beginner	Sun	Sept 17 - Oct 22	11:00am - 12:00pm	\$156
Adult Intermediate	Sun	Sept 17 - Oct 22	9:00am - 10:00am	\$156
Adult Advanced	Cup	Sont 17 Oct 22	10:00om 11:00om	¢156
Adult Advanced	Sun	Sept 17 - Oct 22	10:00am - 11:00am	\$156
	DO			

NO CLASS OCTOBER 9

## KIDS TO 5K!

Grades: 3rd-8th

Town Common/FHS Track

Join us as we train for a 5k road race! Each week we will start with warm up and drills designed to prevent injury and promote good running form, before getting into our running workout. We will also have an optional week night (TBD) training at the town common. We will discuss *nutrition* and *hydration* for before, during, and after exercise. At the end of the session you will be ready to run the Franklin Turkey Trot

#### Fee: \$100

Day:	Time:	Date:	Grade:
Sat	10:00-11:00am	9/16 - 11/18	3rd-5th
Sat	11:00-12:00pm	9/16 - 11/18	6th-8th

## **SPORT & STRENGTH**

Grades: 5th-12th

**Recreation Gym** 

This program will get your middle school/high school athlete ready for their sports season focusing on the 10 physical skills; strength, stamina, flexibility, power, endurance, speed, agility, balance, coordination and accuracy. Building a strong core in a group setting, utilizing medicine balls, ladders, monster bands, body weight and much more. *Instructor: Lara Grady* 

## Fee: \$85

Day:	Time:	Date
Tues	4:00pm - 5:00pm	Sept 6 - Oct 11



## CHILDRENS PROGRAMS

#### **RED CROSS BABYSITTING TRAINING**

Ages: 11-15 Rec Dept Multi Purpose Room

Babysitters Training provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. Please note food allergies as we will prepare simple healthy meals/snacks.

#### **CHOOSE ONE SESSION ONLY**

Day:	Time:	Date:	Fee
Mon	5:30pm - 6:30pm	9/11– 10/2	\$100
Mon	5:30pm - 6:30pm	11/6 - 12/27	\$100

## **FIRST FRIENDS**

#### Age: 2-3.5

#### **Recreation Dept**

Do you have a 2-3.5 year old who wishes they could go to school? Let your preschooler enjoy some independence and socialization with peers in this preschool curriculum based drop off class taught by two certified teachers. This 1 1/2 hour class is a great transitioning first step before preschool and longer drop off activities. Please pack a nut free snack and send a labeled sippy cup for your child. Please note that our instructors do not change diapers and will call if your child needs to be changed. Please bring a change of clothing. *Instructor: Ms. Nicole & Ms. Kerry* 

**Location:** 275 Beaver Street. Entrance in back. **Max Participants:** 10

Day:	Time:	Date	Fee:
Mon	9:00am-10:30am	9/11 - 10/30	\$160
Mon	9:00am -10:30am	11/6 - 12/18	\$180

No Class Sept 25, Oct 9

#### MORE FUN W/ FRIENDS Age: 3-5 Red

#### **Recreation Dept**

Has your child already enjoyed First Friends? Children will enjoy the same First Friends experiences while exploring a different theme every week. We will participate in songs, art activities, games and fine and gross motor play. Please send your child with a nut free snack and labeled water bottle for your child. \*Please note our instructors do not change diapers\* Please bring a change of clothing.

Instructors: Ms. Nicole & Ms. Kerry

**Location:** 275 Beaver Street. Entrance in back. **Max Participants:** 10

Day:	Time:	Date	Fee:
Tues	9:00am-12:00pm	9/12 - 10/24	\$300
Tues	9:00am -12:00pm	10/31 - 12/19	\$300
Wed	9:00am -12:00pm	9/13 - 10/25	\$300
Wed	9:00am -12:00pm	11/1 - 12/20	\$300

No Class Nov 7, Nov 22

#### THEMED DROP OFF CLASSES! Age: 2-5 Recreation Dept

Join Ms. Nicole and Ms. Kerry for a themed drop off class! Enjoy yourself while your child makes a craft, plays games, reads stories and sing songs! Please bring a labeled sippy cup for your child.

Fee: \$25 per class

#### **APPLES!**

Day:	Time:	Date	
Mon	10:30am-12:00pm	Sept 11	

#### LET'S GET MESSY!

 Day:
 Time:
 Date

 Mon
 10:30am-12:00pm
 Sept 18

#### LEAVES

Day:	Time:	Date
Mon	10:30am-12:00pm	Oct 2

#### **PJs & PANCAKES**

Day:	Time:	Date
Mon	10:30am-12:00pm	Oct 16

#### HALLOWEEN

Day:	Time:	Date
Mon	10:30am-12:00pm	Oct 30

#### **COOKIE DECORATING**

Day:	Time:	Date
Mon	10:30am-12:00pm	Nov 6

#### THANKSGIVING

Day:	Time:	Date
Mon	10:30am-12:00pm	Nov 20

## LITTLE SCIENCE SEEKERSAge: 3- 5Recreation Dept

Little learners are captivated by science and learning by doing, feeling, touching and examining. Little Science Seekers will focus on developing scientific inquiry skills such as observing, investigating and experimenting rather than looking for the "right answer" or "right way" of doing things.

Instructors: Ms. Nicole & Ms. Kerry

Day:	Time:	Date:	Fee:
Thurs	10:30am - 12:00pm	Sept 7 - Oct 26	\$175
Thurs	10:30am - 12:00pm	Nov 2 - Dec 21	\$150

No Class Nov 23

## **ART PROGRAMS**

#### ART EXPLORATION

Ages: K - 5th Grade Room

**Rec Dept Art** 

These sessions will focus on learning how to use multiple mixed media including 2D and 3D. Instructor: Ms. Kerry

#### Fee: \$180

Day:	Time:	Date:	Grade:
Tues	3:45pm - 5:15pm	9/12 - 10/24	K-3rd

#### Fee: \$160

Day:	Time:	Date:	Grade:
Tues	3:45pm - 5:15pm	11/7 - 12/19	K-3rd



## **ART EXPLORATION 3 - 4 WEEK WORKSHOPS**

Ages: 1st - 5th Grade

**Rec Dept Art Room** 

Create one of a kind ceramics using basic handbuilding techniques. Surface detail and underglazes will be used to make each piece your own! Tuition includes instruction, clay, underglazes, and firing. Instructor: Ms. Kerry

#### Fee: \$85

#### **PINCH POT APPLE**

Day:	Time:	Date:
Tues	5:30pm - 6:30pm	9/5 - 9/26

#### THREE JACK O'LANTERN PUMPKINS **T**:....

Day:	Time:	Date:
Tues	5:30pm - 6:30pm	10/10- 10/31

#### **TURKEY PINCH POT**

Day:	Time:	Date:
Tues	5:30pm - 6:30pm	11/7 - 11/28

#### ART EXPLORATION **1 or 2 DAY WORKSHOPS**

Ages: K - 5th Grade **Rec Dept Art Room** 

#### **Ben Franklin Dog Painting**

Fee: \$30		
Day:	Time:	Date:
Tues	1:30pm - 3:00pm	Sept 26

#### **Haunted Houses**

Fee: \$30		
Day:	Time:	Date:
Wed	1:30pm - 3:00pm	Oct 18

#### **Turkey/Scarecrow**

Fee: \$30		
Day:	Time:	Date:
Tues	9:00am - 10:30am	Nov 7

#### YOUNG ARTISTS

Ages: 3 - 5

**Rec Dept Art Room** 

Do you have a child who loves arts and crafts and enjoys getting messy? We will learn about a new artist, recreate simple artwork, read a story, sing songs and have a snack and drink break. Includes a tshirt.

Instructor: Ms. Kerry

Location: Art Room- 275 Beaver Street

Day:	Time:	Date:	Fee:
Thu	9:00am - 10:30am	9/7 - 10/26	\$190
Thu	9:00am - 10:30am	11/2 - 12/21	\$170



## **ADULT PROGRAMS**

## LEARN TO PLAY PICKLEBALL

Age: Adult

#### **Recreation Department Gym**

An introduction to pickleball, for those who have never played or those who have recently learned, but could benefit from the guidance of an instructor. Learn the proper grip and body mechanics, the basic strokes including ground strokes, serves, dinks, lobs, volleys and the technique necessary to execute successfully. Paddles and balls are provided. Instructor: Terri Attinello

#### Fee: \$60

Day:	Time:	Date:
Mon	5:30pm-7:15pm	9/11, 9/18, 9/25
Mon	9:30am - 11:15am	10/16, 10/23, 10/30
Mon	7:30pm - 9:15pm	10/16, 10/23, 10/30

## LEARN TO PLAY CLINIC

Age: Adult



Faster paced intro covering the basic strokes, rules, score keeping and basic strategy. Best for new players with racquet sports background or a refresher for those who have played in the past. Equipment provided.

Day:	Time:	Date:	Fee:
Wed	6:30pm-9:30pm	9/6	\$45

## **DRILL & PLAY**

Age: Adult

#### **Recreation Department Gym**

Intended for those who already know how to play pickleball and would like to build their skills. Players will drill for an hour on a specific skill and then play games to put the skill into practice. A different skill will be the focus each session.

Day:	Time:	Date:	Fee:	
Mon	7:15pm-9:15pm	9/11 - 9/25	\$40	
Mon	5:30pm - 7:30pm	10/16 - 10/30	\$40	

## **INTERMEDIATE DRILL & PLAY**

#### Age: Adult

#### **Recreation Department Gym**

Designed for players who are at or approaching an intermediate level of play. We will focus on specific skills and strategies such as shot selection, resetting/getting control of the point and court positioning with an emphasis on net play (dinking/volleys) and third shots (drives and drops). All players should be able to execute all the basic shots and be able to handle spin and hard shots.

Day:	Time:	Date:	Fee:
Thurs	7:00pm-9:00pm	9/7 - 9/21	\$40

## ADULT PROGRAMS

## SOCIAL PLAY PICKLEBALL

Age: Adult

#### **Recreation Department Gym**

Organized round robin or mixed play for the novice/less experienced player. Players should know how to play and keep score and be aware of and able to follow pickleball specific rules including the double bounce rule and no-volley zone rule. Paddles and balls will be provided. *Instructor: Terri Attinello* 

Day:	Time:	Date:	Fee:
Mon	5:30pm-7:30pm	11/6-12/18	\$45

## **ADVANCED BEGINNER/INTERMEDIATE PLAY**

Age: Adult

**Recreation Department Gym** 

Organized play for players at the Advanced beginner to intermediate skill level. Players should be able to handle spin and hard shots, and may still be working on consistency, shot placement, court positioning and developing power or soft shots. Play with a group of similarly skilled players. *Instructor: Harold Benson* 

Day:	Time:	Date:	Fee:	
Fri	5:30pm-7:30pm	9/8 - 10/20	\$45	
Fri	5:30pm-7:30pm	10/27 - 12/15	\$45	

# OPEN INTERMEDIATE+ PLAY Age: Adult

#### **Recreation Department Gym**

Organized league, round robin or mixed play for players at the intermediate and higher skill levels. At this level, players should be able to handle spin/hard shots, have fewer unforced errors, speed up/slow down the ball as appropriate, and regularly play games with extended rallies. Play with a group of similarly skilled players. Prior approval required to register for this session.

Day:	Time:	Date:	Fee:
Mon	7:30pm-9:30pm	Nov 6 - Dec 18	\$45

If a class is full, please sign up for the waitlist. Additional classes will be added based on demand and gym/instructor availability.

## **OPEN PLAY/UNORGANIZED OUTDOOR PLAY**

Open play is available at King Street Memorial Park from 8:00am - 12:00pm and 5:00pm - 8:00pm every day, weather permitting, except when a Franklin Recreation class is scheduled. Bring your own paddles and balls. Open play rules are posted at the court. Sign up optional (to see if others are playing before heading over) on TeachReach app. Use code KingStPB. Courts may be reserved by Franklin residents on the Franklin Recreation website for off-peak hours at no charge.

## ADULT PROGRAMS

## **METROWEST PICKLEBALL LEAGUE**

Age: Adult

#### **Millis & Medway Pickleball Courts**

Franklin Recreation is partnering with USTA New England to run a pickleball league between Franklin, Millis, Medfield & Medway. The league has two divisions - intermediate and advanced. The league will play on Sunday mornings this fall. Each division will have 4 teams with games played against other teams in the division over the course of a 6 week season. Each week, players will play at least three 15 minute doubles games against the opposing team. All matches will be played at the Millis or Medway courts.

Each team will have a captain that sets the lineup each week. Players will provide their own paddles and USTA will provide the balls, a player gift, and captain and champion prizes at the end of the season.

#### **INTERMEDIATE:**

Has a good understanding of the rules. Working on getting serves and return of serves deeper. Working on getting dinks shallower/lower. Capable of hitting a few dinks in a row. Can hit a backhand. Trying to add more power and/or softness. While ratings are not required for this league, this division would be for players with a 3.0-3.5 rating level range for those familiar with USAPA or DUPR ratings.

#### **ADVANCED**:

Has a solid understanding of the rules an strategy. Anticipates opponents shots. Serves are deep, strong and consistent and has a strong backhand. Plays aggressively in the non-volley zone and dinks are shallow and low. While ratings are not required for this league, this division would be for players with a rating above 3.5 for those familiar with USAPA or DUPR ratings.

#### **Out of Town Registrations:**

We welcome those from other communities to join this league.

Day:	Division:	Time:	Date:	Fee:
Sun	Intermediate	10:15am –11:30am	Sept 10 - Oct 22	\$70
Sun	Advanced	9:00am –10:15am	Sept 10 - Oct 22	\$70

RAINDATE: October 29



# **COMMUNITY PAGE**

## **Fletcher Field Improvement Project Update**

We are making improvements to the Fletcher Field Complex! We are adding new structures and are making improvements to the walkways/ accessibility. Please see the rendition below of a similar structure. The anticipated completion of the Fletcher Field Facility project is December 2023.



