## THE FRANKLIN SENIOR CENTER'S JULY/AUG 21



# CONNECTION

10 DANIEL McCAHILL ST. FRANKLIN, MA 02038 PHONE 508-520-4945 FAX 508-520-4917



Join us on the back patio for a fun evening! A sampling of mixed and frozen "Mocktails" will be served, along with Greek inspired appetizers: Crudité Platter with Tzatziki Sauce, Spanakopita, Bruschetta & Salad. Stay for an outdoor viewing of the movie, Mamma Mia! on our 20 foot screen. Call the Center to sign up.

## THE DAY TRIPPERS

Friday, August 20 at 11:30 AM Hop across the puddle for a concert by The Day Trippers, a Beatles Cover Band. Doors open at 11:30 a.m. Fish n' Chips will be served. Great Music, Food, Prizes, Friends and Fun! Stop by the front desk to purchase a ticket (\$6). The concert is supported in part by a grant from the Franklin Cultural Council, a local agency

which is supported by the Mass Cultural Council, a state agency. Many thanks for their support!





**MARIACHI VARGAS BOSTON** 

## Friday, July 16 at 12:00 PM

Let's Fiesta! We are serving Beef Tacos, Fish Tacos, Salsa, Guacamole, 'Mockaritas' and Flan! Live Mariachi music will be performed by Mariachi Vargas Boston! Stop by to get your (\$6) ticket.

THE COMMON GROUNDS CAFÉ IS NOW OPEN WEEKDAYS FOR BREAKFAST & LUNCH

The Center is closed on July 5. The Café will be closed on July 5, July 16 & August 20

# July & August Events

**Instant Gratification** The Story of Edwin Land and Polaroid presented by Alan Earls. Monday, July 12 at 3:00 PM via Zoom. Email adoggett@franklinma.gov for the link to join.

**Name That Tune!** Tuesday, July 13 at 6:00 PM via Zoom. Email adoggett@franklinma.gov for the link to join.

**Balance & Stability Class** with Nurse Trish begins Thursday, July 22 at 11:00 AM and runs for 4 weeks (7/22, 7/29, 8/5, 8/12) Please call to sign up.

## Medication Safety with Hypertension and

**Diabetes** presented by The Pharmacy Outreach program at The Massachusetts College of Pharmacy and Health Sciences. Thursday, July 22 at 1:00 PM. Call to Sign Up.

**Franklin Matters Q&A** with Steve Sherlock. Thursday, July 22 at 1:30 PM via Zoom & Thursday, August 26 at 1:30 PM. August's session will be available in person at the center and via Zoom. Email adoggett@franklinma.gov for the link to join.

#### Senior Coffee Hour with State & Local Officials

Thursday, July 15 at 8:30 AM and Thursday, August 19 at 8:30 AM. State Rep. Jeff Roy, Town Administrator Jamie Hellen and Town Council Members will be available in the Senior Center Café for Coffee & Conversation.

**Fitness Room Orientation**Nurse Trish will provide an orientation to the fitness equipment and review the necessary forms in order to use our fitness room. Thursday, July 15 & Thursday, August 19 at 1:00 PM. Call the Center to sign up.

**Great New England Hurricanes** presented by Alan Earls. Wednesday, August 18 at 1:00 PM. This presentation will be in-person at the Center and via Zoom. Email Ariel at adoggett@franklinam.gov if you would like the link to join.

Name that Tune! Lunchtime Edition Friday, August 13 at 12:00 PM. Join us in the cafe during lunch and play the popular game show, Name that tune! Prizes will be awarded.



**GATRA Demonstration** Tuesday, August 17 at 10:00 AM. Representatives from GATRA will be at the Center to give an overview

of their transportation services and provide training on their new app. Call the Center to sign up!

**Police Chief Thomas Lynch** will join the Discussion Group on July 22 at 10:00 am to discuss the Franklin Police Department and answer questions. All are invited to attend, please call the Center to sign up.

**Fire Chief James McLaughlin** will join the Discussion Group on August 5 at 10:00 am to provide updates on the Franklin Fire Department and engage in discussion. All are invited to attend. Please call the Center to sign up.



trips & adventure

July 14 The Ultimate **Jimmy Buffett** Tribute Show (Foster's Clambake (York, ME) \$99, Choice of Lobster or Chicken

July 27 **Spirit of Boston**. \$109, Choice of Chicken or Ham

Aug 26 **The Texas Tenors** (Live) Danversport Yacht Club \$69, Choice of Stuffed Chicken Breast or Veggie Lasagna

Sept. 15 **Simon Pearce Glassblowing**. \$119, Choice of Lamb Burger or Salmon

Sept. 26 **The Corvettes Doo Wop Show**. \$69, Choice of Stuffed Chicken Breast or Vegetable Lasagna.

Oct. 18 **Common Man NH Getaway**. \$379 pp Double; \$479
Single. See flyer for details.

Oct. 20 **Lantana's in Randolph** Drive on your own \$69.00

## EXPLORING NANTUCKET

WITH RANGER ALLEN REINHARD

JULY 21 On Wednesday, July 21 at 3:00 PM via Zoom, Ranger Allen Reinhard will take us on a walking tour of Head of the Plains on Nantucket Island; A glacial outwash plain on the west end of the island.

**AUGUST 24** On Tuesday, August 24 at 3:00 PM via Zoom, Allen will bring us on a tour of **Masquetuck**; A small property with 5 different ecosystems including a salt marsh, freshwater marsh, woodland area and a meadow.

Email Adoggett@franklinma.gov for the link to join.

#### **VETERANS' SERVICES OFFICE**



#### 508-613-1315

July 7 & August 4 – Monthly Coffee Social – 10:00 a.m. at the Senior Center. All veterans are welcome to join us for updates, coffee and conversation!

**July 15 & August 19** – Veterans' Council Meeting – 7:00 p.m. at the Senior Center. All members of the community are welcome to join us.

Veterans Memorial Walkway - Honor your special veteran with an engraved brick! The next brick installation is scheduled for November. Bricks may be purchased to pay tribute to anyone who served or is currently serving in the U.S. military. Thanks to all who have honored our veterans by supporting this project! Contact the Veterans' Services Office for brick order forms.

Please let us know if you or a family member (residing in Franklin) is a Purple Heart recipient so we can add you to our database. National Purple Heart Day is celebrated on August 7 every year.

**Veterans and Dependents** – If you are a veteran or immediate family member of a veteran, please contact our office to find out if there may be any veterans' benefits or privileges available. Please visit our webpage at: <a href="https://www.franklinma.gov/veterans-services">https://www.franklinma.gov/veterans-services</a>

## **Monday Movies 1:15**

CENTER CLOSED	JULY 05
LATE NIGHT	JULY 12
INDIAN HORSE	JULY 19
HAMILTON	JULY 26
THE WITCHES	AUG 02
FISHERMAN'S FRIEN	IDS AUG 09
BLUE MIRACLE	AUG 16
THE HELP	AUG 23
STEEL MAGNOLIAS	AUG 30

## **Coming Soon!**

- The Norfolk County District Attorney's Office will host a shredding day in September.
- The Southeastern MA Community Band Concert & Ice Cream Social will be held September 20th.
- The Legal Clinic will resume in September.



- The Silvertones Choral Group will resume in September.
- The Sunshine Club will reopen in the Fall.

## **Low Vision Support**

**The Low Vision Support Group** will meet on Tuesday, July 6 via conference call to discuss the Senior Center's July newsletter.

The group will **meet in-person** at the Senior Center on July 13 for a reopening celebration. Refreshments will be served.

**The Audio Book Club** meets on Tuesday, July 20 at 1:00 PM via conference call. A Life on our Planet by David Attenborough will be discussed.

**PLEASE NOTE**: The Audio Book Club and Low Vision Support Group will break for August and resume in September. Please call Maggie at 508-520-4945 with any questions.

## **THANK YOU!**

**Jayne Abbott & Mark Mucciarone** for a generous donation in memory of **Bobby Dean.** 

Mary Chouinard for a generous donation in memory of Basil Le-Blanc.

Frank & Anna Sousa for a generous donation.

**Robert Rund** for a generous donation.

**The Friends of Franklin Elders** for sponsoring our Movie & Mocktails Event.

**The Franklin Cultural Council & The Mass Cultural Council** for funding the Day Trippers Concert.

**Roberta Porter** for generously donating the flowers at our Summer BBQ.



# July at the Franklin Senior Center '21 🗡



	, July a	C CIII	e i i amkin		silioi celi	CCI	
Thur	July 01	Mon	July 12	Mon	July 19	Mon	July 26
8:30	Blood Pressure & Sugar	9:30	Italian Conversation	9:00	Hairdresser/Barber	9:00	Hairdresser / Barber by
9:00 9:30	Cribbage Busy Bees	9:30	Mexican Train	9:30	Italian Conversation		appt.
9:30	Low Impact w/Shirley \$3	1:00	Dominoes American Mah Jong	9:30	Mexican Train Dominoes	9:30	Italian Conversation
9:30	Bocce Ball	1:00	Chair Volleyball	1:00 1:00	American Mah Jong Chair Volleyball	9:30 1:00	Mexican Train Dominoes Chair Volleyball
10:00	Discussion Group	1:15	Movie: "Late Night"	1: <b>15</b>	Movie: "Indian Horse"	1:00	American Mah Jong
12:30 1:00	Painting Space Bingo	3:00	Alan Earl Presents: Instant. Grat. via Zoom	6:00	Cribbage	1:15	Movie: "Hamilton"
1:15	Tai Chi \$2	6:00	Cribbage	Tue	July 20	6:00	Cribbage
Fri	July 02	Tue	July 13	9:00	Cribbage	Tue	July 27
9:30	Hand & Food Cards	9:00	Cribbage	9:30	Busy Bees	9:00	Cribbage
10:00	Woodcarving	9:30	Busy Bees	9:30 9:30	Low Impact w Shirley \$3 Hand & Foot Cards	9:30 9:30	Busy Bees Crafter Low Impact w/Shirley \$3
11:00 12:00	Sunshine Zoom Group T.O.P.S.	9:30	Low Impact w Shirley \$3	10:00	Virtual Chair w Judith	9:30	Hand & Foot Cards
1:00	Pokeno	9:30 10:00	Hand & Foot Cards Virtual Chair w/Judith	10:00	Manicures \$10 by appt.	10:00	Virtual Chair w Judith
		11:00	Cardio, Strength \$3	11:00 1:00	Cardio, Strength \$3 Bingo	11:00 1:00	Cardio, Strength \$3 Bingo
IVIOII .	July 05 CLOSED	1:00	Bingo	1:00	Audio Book Club (Phone)	1:00	Cribbage Instruction
_		1:00 1:00	Low Vision (In-Person) Cribbage Instruction	1:00	Cribbage Instruction	1:00	Quilting
Tue	July 06	1:00	Quilting	1:00 1:00	Quilting Chess	1:00 5:00	Mindful Movements \$3 Quarantini Time Zoom
9:00	Cribbage	1:00	Mindful Movements \$3	1:00	Mindful Movements \$3		-
9:30 9:30	Busy Bees Low Impact w/Shirley \$3	6:00	Name That Tune! (Zoom)	5:00	Quarantini Time zoom	Wed	July 28
9:30	Hand & Foot Cards	Wad		Wed	July 21	8:30	Blood Pressure & Sugar
1:00	Bingo	Wed	July 14	8:30	Blood Pressure & Sugar	9:45 10:00	Chair Yoga \$3 Knitting
1:00 1:00	Cribbage Instruction Quilting	8:30 9:45	Blood Press. & Sugar Chair Yoga \$3	9:30	SHINE	10:00	Scrabble
1:00	Low Vision (Phone)	10:00	Knitting	9:45	Chair Yoga \$3	10:00 11:00	Asian Mah Jong
1:00	Chess	10:00	Scrabble	10:00 10:00	Knitting Scrabble	1:00	Zumba \$3 Chair Volleyball
5:00	Quaratini Time Zoom	10:00 11:00	Asian Mah Jong Zumba \$3	10:00	Asian Mah Jong	1:00	Line Dancing \$2
Wed	July 07	1:00	Chair Volleyball	11:00 1:00	Zumba \$3	1:00 1:00	Senior Scribblers Bridge
8:30	Blood Pressure & Sugar	1:00	Line Dancing \$2	1:00	Chair Volleyball Line Dancing	1:00	Hairdresser by appt.
<b>9:30</b> 9:45	SHINE by appt. Chair Yoga \$3	1;00 1:00	Senior Scribblers Bridge	1;00	Senior Scribblers	4:00	Alzheimer's Caregivers
10:00	Knitting	4:00	Alzheimer's Caregivers	1:00 1:00	Bridge Hairdresser by appt.		Support Group
10:00	Scrabble		Support Group	3:00	Exploring Nantucket	Thur	July 29
<b>10:00</b> 10:00	<b>Veterans Coffee Hour</b> Asian Mah Jong	Thur	July 15	4:00	Alzheimer's Caregivers	8:30	Blood Pressure & Sugar
1:00	Chair Volleyball	8:30	Senior Coffee Hourw/		Support Group	9:00 9:30	Cribbage
1:00	Line Dancing \$2	8:30	State & Local Officials	Thur	July 22	9:30	Busy Bees Crafters Bocce Ball
1;00 <b>1:00</b>	Senior Scribblers Fibromyalgia Support	0.30	Blood Pressure & Sugar	8:30	Blood Pressure & Sugar	9:30	Low Impact w Shirley \$3
1:00	Bridge	9:00	Cribbage	9:00 9:30	Cribbage	10:00 10:00	Virtual Chair w Judith Discussion Group
Thur	July 08	9:30 9:30	Busy Bee Bocce Ball	9:30	Busy Bees Bocce Ball	11:00	Cardio, Strength \$3
8:30	Blood Pressure & Sugar	9:30	Low Impact w Shirley \$3	9:30	Low Impact w Shirley \$3	11:00	Balance Class w Trish
9:00	Cribbage	10:00	Discussion Group	10:00 <b>10:00</b>	Virtual Chair w / Judith Discussion Group:	12:30 1:00	Painting Space Bingo
9:30	Busy Bees	10:00 11:00	Virtual Chair Zoom Cardio, Strength \$3	10.00	with The Franklin Police	1:15	Tai Chi \$3
9:30 9:30	Bocce Ball Low Impact w/ Shirley \$3	12:30	Painting Space	44.55	Chief	1:30	Franklin Matter Q&A zoom
10:00	Discussion Group	1:00	Bingo	11:00 11:00	Cardio, Strength \$3 Balance Class w Trish	Fri	July 30
12:30	Painting Space	1:00	Fitness Room Orientation	12:30	Painting Space	9:30	Hand & Foot Cards
1:00 1:15	Bingo Tai Chi \$3	1:15	Tai Chi \$3	1:00	Medical Safety with	10:00	Woodcarving
		Fri	July16	1:00	Hypertension & Diabetes Bingo	11:00 12:00	Sunshine Zoom Group T.O.P.S.
Fri	<b>July 09</b>	9:30	Hand & Food Cards	1:15	Tai Chi \$3	1:00	Pokeno
9:30 10:00	Hand & Foot Cards Woodcarving	9.30 10:00	Woodcarving	Fri			
11:00	Sunshine Zoom Group	11:00	Sunshine Zoom Group	9:30	July 23		
12:00	T.O.P.S.	<b>12:00</b> 12:00	<b>Mexican Fiesta!</b> T.O.P.S.	10:00	Hand & Food Cards Woodcarving		
1:00	Pokeno	1:00	Pokeno	11:00	Sunshine Zoom Group		RANKLIN
				12:00	T.O.P.S.	4	1





Pokeno





Woodcarving Sunshine Zoom Group

T.O.P.S.

Pokeno

11:00

12:00

1:00

Aug 13 Hand & Foot Cards

Name That Tune in

Woodcarving

Zoom

Cafe

T.O.P.S.

Pokeno

**Sunshine Club** 

9:30

10:00

11:00

12:00

12:00

1:00

## August at the Franklin Senior Center '21 3



	Augus	t at	the Fra	nki	in Senio	ru	enter 'Z	
Mon	Aug 02	<b>Mon</b> 9:00	Aug 09 Hairdresser / Barber	Mon	Aug 16	Mon	Aug 23	Mon Aug
9:00	Hairdresser/Barber by appt.	9.00	by appt.	9:00	Hairdresser / Barber by appt.	9:00	Hairdresser / Barber	30
:30	Italian Conversation	9:30	Italian Conversation	9:30	Italian Conversation	9:30	by appt. Italian Conversation	9:00
:30	Mexican Train	9:30	Mexican Train	9:30	Mexican Train	9:30	Mexican Train	Hairdresser /
:00	Dominoes Chair Volleyball	1:00	Dominoes Chair Volleyball	1:00	Dominoes Chair Volleyball	1.00	Dominoes Chair Valleyhall	Barber by appt.
00	American Mah Jong	1:00	American Mah Jong	1:00	American Mah Jong	1:00 1:00	Chair Volleyball American Mah Jong	0.20
15	Movie: "The Witches"	1:15	Movie:	1:15	Movie: "Blue	1:15	Movie: "The Help"	9:30 Italian Conversation
:00	Cribbage		"Fisherman's Friend"	6.00	Miracle"	6:00	Cribbage	
ue	Aug 03	6:00	Cribbage	6:00	Cribbage	Tue	Aug 24	9:30 Mexican
:00	Cribbage	_	•	Tue	Aug 17	9:00	Cribbage	Train Dominoes
:30	Busy Bees	Tue	Aug 10	9:00	Cribbage	9:30	Busy Bees	1:00 Chair
:30 :30	Low Impact \$3	9:00 9:30	Cribbage Busy Bees	9:30 9:30	Busy Bees	9:30	Low Impact \$3	Volleyball
0:00	Hand & Foot Cards Virtual Chair w/Judith	9:30	Low Impact \$3	9.30 9:30	Low Impact \$3 Hand & Foot Cards	9:30 10:00	Hand & Foot Cards Virtual Chair w/Judith	1:00 American
1:00	Cardio, Strength \$3	9:30	Hand & Foot Cards	9:30 10:00	Virtual Chair w/Judith	10:00	Manicure / \$10 by	Mah Jong
:00	Bingo	10:00	Virtual Chair w	10:00	Gatra Demonstration		appt.	_
:00 :00	Chess Cribbage Instruction	10:00	Judith Manicures / \$10.	11:00 1:00	Cardio, Strength /\$3 Bingo	11:00 1:00	Cardio, Strength \$3	1:15 Movie: "Steel
:00	Quilting		by appt.	1:00	Cribbage Instruction	1:00	Bingo Cribbage Instruction	Magnolias"
:00	Mindful Movements \$3	1:00	Bingo	1:00	Mindful Movements \$3	1:00	Mindful Movements	
:00	Quarantini Time (Zoom)	1:00	Cribbage Instruction	1:00 1:00	Quilting Chess	1.00	\$3	6:00 Cribbage
<b>Ned</b>	Aug 04	1:00	Quilting	5:00	Quarantini Time	1:00 <b>1:00</b>	Quilting Exploring Nantucket	<b>Tue Aug</b>
3:30	Blood Pressure &	5:00	Quarantini Time		-		(zoom)	
. 45	Sugar		(Zoom)	Wed	Aug 18	6:30	Mocktail & Movies	31
):45 .0:00	Chair Yoga \$3 Knitting	Wed	<b>Aug 11</b>	8:30	Blood Pressure & Sugar	Wed	Aug 25	9:00 Cribbage
.0:00	Scrabble	8:30	Blood Pressure &	9:30	SHĪNE	8:30	Blood Pressure &	9:30 Busy Bees
0:00	Veterans' Coffee	0.45	Sugar Chair Vogo \$2	9:45	Chair Yoga \$3	0.30	Sugar	
0:00	<b>Social</b> Asian Mah Jong	9:45 10:00	Chair Yoga \$3 Knitting	10:00 10:00	Knitting Scrabble	9:45	Chair Yoga \$3	9:30 Low Impact
1:00	Zumba \$3	10:00	Scrabble	10:00	Asian Mah Jong	10:00 10:00	Knitting Scrabble	w Shirley \$3
:00	Chair Volleyball	10:00	Asian Mah Jong	11:00	Zumba \$3	10:00	Asian Mah Jong	9:30 Hand & Foo
1:00 1;00	Line Dancing \$2 Senior Scribblers	11:00 1:00	Zumba \$3 Chair Volleyball	1:00 1:00	Chair Volleyball Line Dancing \$2	11:00	Zumba \$3	40.00
L:00	Bridge	1:00	Line Dancing \$2	1;00	Senior Scribblers	1:00	Chair Volleyball	10:00 Virtual Chair w/Judith
:00	Hairdresser by appt.	1;00	Senior Scribblers	1:00	Bridge	1:00 1;00	Line Dancing \$2 Senior Scribblers	Chan w/ Judich
:00	Fibromyalgia Support	1:00 <b>4:00</b>	Bridge <b>Alzheimer's</b>	1:00	Alan Earls	1:00	Bridge	11:00 Cardio
hur	Aug 05	4.00	Caregivers Support		'Hurricanes' via Zoom	1:00	Hairdresser by appt.	Strength \$3
3:30	Blood Press. & Sugar		Group	Thur	Aug 19	4:00	Alzheimer Caregivers Support Group	1:00 Bingo
9:00	Cribbage	Thur	Aug 12	8:30	Senior Coffee with	_		ŭ
:30	Busy Bees	8:30	Blood Pressure &	State	and Local Officials	Ihur	Aug 26	1:00 Cribbage
:30 :30	Bocce Ball Low Impact w Shirley \$3		Sugar	8:30	Blood Pressure & Sugar	8:30	Blood Pressure &	Instruction
.0:00	Virtual Chair w Judith	9:00	Cribbage	9:00	Cribbage	9:00	Sugar Cribbage	1:00 Mindfu
.0:00	Discussion Group	9:30 9:30	Busy Bees Bocce Ball	9:30	Busy Bees	9:30	Busy Bees	Movements \$3
1:00	Hosts Fire Chief Cardio, Strength \$3	9:30	Low Impact \$3	9:30 9:30	Bocce Ball Low Impact \$3	9:30	Bocce Ball	1:00 Quilting
1:00	Balance Class w/ Trish	10:00	Virtual Chair w	10:00	Virtual Chair w Judith	9:30 10:00	Low Impact \$3 Virtual Chair w Judith	1.00 Quitting
2:30	Painting Space	11:00	Judith Cardio, Strength \$3	10:00	Discussion Group	10:00	Discussion Group	
l:00 l:15	Bingo Tai Chi \$3	11:00	Balance Class w/	11:00 12:30	Cardo,Stregnth \$3 Painting Space	11:00	Cardo, Strength \$3	
			Trish	1:00	Bingo	12:30 1:00	Painting Space	
Fri	Aug 06	12:30 1:00	Painting Space	1:00	Fitness Room	1:15	Bingo Tai Chi \$3	
3:30	Podiatry Clinic	1:15	Bingo Tai Chi \$3	1.15	Orientation	1:30	Franklin Matters	
):30 10:00	Hand & Foot Cards Woodcarving		• • • •	1:15	Tai Chi \$3		Q&A	
10.00 11:00	Sunshine Zoom Group	Fri	Aug 13	Fri	Aug 20	Fri	Aug 27	

**Aug 20** 

Pokeno

Hand & Foot Cards

Woodcarving Sunshine Club Zoom

Daytripper Party / \$6. T.O.P.S.

Aug 27 Hand & Foot Cards

Woodcarving Sunshine Club Zoom

T.O.P.S.

Pokeno

Fri

9:30

10:00

11:00

12:00

1:00

9:30

10:00

11:00

**11:30** 12:00

1:00

## FRIENDS OF FRANKLIN ELDERS, INC.

The Friends of Franklin Elders, Inc. (FOFE) is a private, non-profit organization whose purpose is to provide funds for programs, services and equipment for the Franklin Senior Center that cannot be provided by state or local government. The Friends raise funds through membership fees, donations and special events. Our next meeting is in September. The public is welcome to attend.

#### **DONATIONS**

Joyce Adams in memory of Elynor Crothers & Vivian Brown GL & GR Galanti in honor of Karen Alves Marge & Nick Capezza in memory of Mary Ledwith Peter & Peggy Mulliken in memory of Basil LeBlanc

#### **COMMITTEE:**

JoAnn Wright, President Nan Rafter, Vice President Julie Garilli, Treasurer Margie Lane, Secretary

Carole Ellsworth, Judy Pfeffer, Marge Capezza, Helen Power, Paula Lombardi, Pam Spicer



## **INFORMATION & REFERRAL**

The Department of Homeland Security (DHS) has extended the FROM THE TREASURER COLLECTOR: REAL ID full enforcement date from October 1, 2021 to May 3, 2023, due to the ongoing COVID-19 pandemic. Beginning May 3, 2023, every air traveler 18 years of age and older will need a REAL ID compliant driver's license or identification card, or another TSA-acceptable form of identification, for domestic air travel and to enter certain federal facilities. Department of Homeland Security: https://www.dhs.gov/real-id/ news/2021/04/27/dhs-announces-extension-real-id-full-enforcementdeadline

## Helping to build strong community relationships

The Rockland Trust-Blue Hills Charitable Foundation is dedicated to giving back to the communities we serve. That's why we're happy to support the Friends of Franklin Elders. We know that by supporting our neighbors, we're strengthening the same communities in which we live and work, and building relationships that last a lifetime.

To learn more about Rockland Trust, visit any branch or RocklandTrust.com

ROCKLAND TRUST Blue Hills Charitable Foundation

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S.H.I.N.E Health Insurance Counseling has resumed in-person appointments at the Center. Please call for an appointment. To speak with a SHINE counselor over the phone, call 508-422-9931.

## F.O.F.E. MEMORIAL DONATION

Your Name

Address

In Memory of:

#### MAIL TO:

Friends of Franklin Elders, Inc. 10 Daniel McCahill St. Franklin, MA 02038



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#### Franklin Senior Center

"Independence, Engagement & Connection!"

Friends of Franklin Elders, Inc. c/o Franklin Council on Aging 10 Daniel McCahill Street Franklin, MA 02038

Pre-Sorted Standard Franklin, MA Permit No. 13

#### Senior Center Staff:

Erin Rogers Director

Susan Barbour Program Coordinator

Maggie Gundersen Social Services Coordinator

Patricia Collatos Wellness Nurse

Ariel Doggett Virtual Program Coordinator
Paul Ledwith Food & Bev. Coordinator
Dale Kurtz Veterans' Services Officer
Debra Martin Veterans' Services Assistant

**FRANKLING COUNCIL ON AGING** The mission of the Franklin Council on Aging is to enhance the independence and quality of life for Franklin older adults by: Identifying the needs of this population and creating programs that meet those needs; Offering the knowledge, tools and opportunities to promote mental, social and physical well-being; Advocating for relevant programs and services in our community; Serving as a community focal point for aging issues and as a liaison to local, state & Federal resources for older adults & their families.

**OFFICERS:** Bob Crowley; Chairman, Ron Higginbottom; Vice-Chair, Lyn O'Brien; Secretary. MEMBERS: Faith Flaherty, Mary Hick, Jan Jewett, Janet Milici, Ken Norman, Lester Quan

## Riddle Me This....

- 1.) What word starts with E and ends with E but only has one letter in it?
- 2.) It's shorter than the rest, but when you're happy, you raise it up like it's the best. What is it?
- 3.) You can carry it everywhere you go, and it does not get heavy. What is it?
- 4.) The more you take, the more you leave behind. What am I?
- 5.) The more there is, the less you see. What am I?
- 6.) What is full of holes, but still holds a lot of water?
- 7.) A word I know, six letters it contains, remove one letter, and twelve remains. What am I?
- 8.) You see a boat filled with people. You look again, but this time you don't see a single person on the boat. Why?
- 9.) A barrel of water weighs 60 pounds. What must you put in it for it to weigh 40 pounds?
- 10.) What word of five letters has only one left when two letters are removed?
- 11.) What has golden hair and stands in the corner?
- 12.) If you have it and you show it to other people, I'm gone. What am I?
- 13.) A bus driver goes the wrong way on a one-way street. He passes the cops but they don't stop him. Why?
- 14.) I speak without a mouth and hear without ears. I have nobody but come alive with the wind. What am I?
- 15.) What word looks the same upside down and backward?
- 16.) How do football players stay cool during a game?
- 17.) What type of dress can never be worn?
- 18.) My rings are not of gold, but I get more as I get old. What am I?
- 19.) What is at the end of a rainbow?
- 20.) What has ten letters and starts with gas?
- 21.) What spends all the time on the floor but never gets dirty?
- 22.) How do you know carrots are good for your eyes?



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sessers AgiN bne yed (£2

22) You never see rabies wearing

21) Your Shadow

20) An automobile

M 19) The letter W

991T A (8£

17) Address

16) They stand next to the fans

smi2 (21

14) An Echo

13) He is walking

12) A Secret

11) A Broom

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10) Stone

9loH A (6

8) The boat has not sunk, All the people on the boat are married.

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2) Dstkness

4) Fingerprints

3) Your name

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