

THE FRANKLIN CONNECTION

Franklin Senior Center's Monthly Newsletter

May 2024



Franklin Senior Center

10 Daniel McCahill Street
Franklin, MA 02038

(508) 520-4945
www.franklinma.gov/fsc

Office Hours

Mon-Fri 8:30-4:00
Wed open until 5:30

Social Services available by
appointment

Ben's Bounty Gift Shop

Mon-Fri 10:00-1:00

Common Ground's Café

Mon-Fri
Breakfast 8:30-10:00
Lunch 11:30-1:00



What's What?

Page 1: A Message to the Senior Center
Page 3: May Happenings
Page 4: May Presentations
Page 5: Support Corner
Pages 6 & 7: May Calendar
Page 8: Veterans Corner
Page 9: More May Happenings
Page 10: FOFE

A Message to the Senior Center:

As we enter May, I continue to be filled with gratitude. We are always questioned - "why is the parking lot so full?" or "why is it so busy in here?" Well, that's just the norm for the Franklin Senior Center. Last month, our largest room was packed with our volunteers. What a humbling experience to see so many who donate their most precious gift to us - their time. That energy flows through our membership and right to our staff.

Every day presents new challenges and adventures, for our members, our staff, and our center. I wouldn't want to face them and embrace them with anyone else.

-Sarah Amaral, Acting Director



FREE HEARING CLINIC at the Franklin COA

First and Third Tuesday of each month
10:30 am - 12 pm

Expert Hearing Aid Service In the Comfort
and Security of Your Home

Lauren Warburton

Hearing Instrument Specialist, MA #275

Call Today For A Free Hearing Test • 508-250-9324

www.athomehearinghealthcare.com
MassHealth Provider / Most Insurances Accepted



\$20 OFF CLEANOUT
COUPON
Junk it Now!

WE LOAD & TAKE EVERYTHING!

"We empty - the Junk Bag"

1-855-533-JUNK (5865)

www.junkitnow.us

Call Tom Cell 508-308-2279

CALL FIRST/TEXT LATER



SUCCESS
STAFFING AGENCY
sstaffingagencyllc@gmail.com
774-277-9330

- Recruiting of healthcare workers
- Provision of 24 hour care, personal care
- Activities of daily living
- Errands and transportation
- Companionship • Home exercises
- Light house keeping
- Escort to activities

DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?



OUR COMMUNITY
NEWSLETTER
OCTOBER EDITION



Engaging,
ad-supported
print and digital
newsletters to reach
your community.

Visit lpicommunities.com

Scan to
contact us!

I Have Coins and Collectibles

I make home visits or you can visit my store.

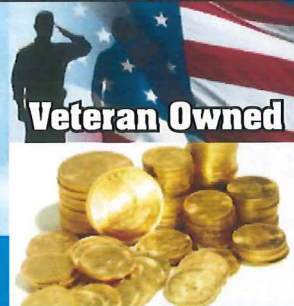
I'm transparent and honest.

Free appraisals and easy to work with.

I buy Coins, Comics, Cards, Cash for gold/silver.

I'm available to discuss other collectibles.

My business is located at 15 Main St. Franklin
781-962-0329 • www.ihavecoins.com



Veteran Owned

SALMON

HEALTH & RETIREMENT

THE WILLOWS | WHITNEY PLACE



OVER
50 YEARS
of **EXPERIENCE**

ADDED TO SALMON AT MEDWAY



CALL 508.533.3300
TODAY TO SCHEDULE A
TOUR & MEET THE
NEW ENGAGEMENT TEAM!

44 WILLOW POND CIRCLE, MEDWAY, MA 02053



FREE AD DESIGN

with purchase
of this space

CALL 800-477-4574

Place Your Ad Here and Support our Community!

Instantly create and
purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lpi.com

Franklin Senior Center, Franklin, MA 06-5389

May Happenings

Franklin Senior Center

03



2ND ANNUAL

CHEF SHOWDOWN

Calling all food enthusiasts! We are excited to announce our 2nd Annual Chef Showdown. Join us in voting as the chefs battle it out in friendly competition. Space is limited, so reserve your spot now!

Tickets \$3 | **TUESDAY MAY 21ST AT NOON**

Technology Corner

Dating your Device (6 week series)

Join Ryan for a class on Apps, or a class on using Android phones.

Mondays at 2:30p.m.: Let's Talk Apps
Thursdays at 2:30p.m.: Beginner Android

Ryan's Office Hours

Ryan will have open office hours throughout May, stop by the Senior Center for a full listing!

Ryan's Senior Project

This will be a trial-run of Ryan's Senior Project. Come support our tech wizard!



Monday 5/20 at 10:00a.m.

JUNE 10TH - 21ST



1 mile | 2 Mile | Relay | Bocce
Corn Hole | Curling | Ax Throwing
Hole-in-one Golf
Basketball free-throw
Trivia | Puzzles | Cribbage | Scrabble
AND MORE

Reserve your shirt today!

Cribbage

Tournament

at the Franklin Senior Center



MAY 13, 9:00-12:00

\$3 to play

Call (508) 520-4945 to register!

04 May Presentations

Franklin Senior Center

Call to register today!



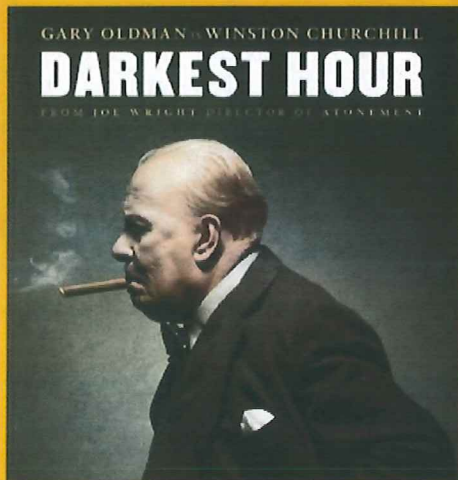
Mobile Food Pantry

partnering with Franklin Food Pantry and the YMCA

Receive a bag of pantry goods, choice of protein, and dairy items

Wed, May 8 at 11:00

Pizza & Movie Night



Thurs, May 9 at 4:30, \$3

Eat Around the World



This month: **KOREA**

Once a month, join us in exploring a different country's culture and cuisine!

Fri, May 10 at 11:00, \$6

Five Wishes - Wednesday, May 1 at 12:30

Join Nurse Trish to learn about making the correct decisions as we age.

Sing-a-Long with George McPherson - Monday, May 6 at 2:00

Join us in the lobby with musician and guitar-player George!

Medicare 101 and Beyond- Wednesday, May 8 at 1:00

Lead by Paul Connor from Mass General Brigham Health Plan, licensed Medicare agent. Examining traditional Medicare and other options.

Mindful Moments - Thursday, May 9 at 10:30

Join Vika Whitted on a journey to spiritual & physical well-being as she educates us on the power of Reiki and guides us through a meditation. Vika is a certified Ayurveda & Reiki Energy Healer.

Art Class: Clay in May - Thursday, May 9 at 1:00

Join Jillian in using polymer clay to make a gnome for your garden!

Wills & Trusts - Friday, May 10 at 1:00

Local attorney Amy N. Azza, Esq. will present on wills and trusts, as well as health care proxies, HIPAA authorization release forms, and durable power of attorney.

Drum Circle - Monday, May 13 at 11:00

Drums provided. Drumming can reduce stress, increase energy, lower blood pressure, and boost brain health. Feel the beat with the group!

Learn about Uber - Monday, May 13 at 2:30

Learn everything you need to know about the Uber app for rides.

Gametopia - Wednesday, May 15 at 12:30

Playing games improves brain function, enhances multi-tasking, reduces stress, and provides a social connection. Join Pete from Pete's Nerd Emporium to play some new and exciting games!

Air Quality - Thursday, May 16 at 11:00

Wellness begins with the air you breathe! Come learn about insuring your indoor air quality is safe, and receive a FREE air quality inspection.

Exploring the Brain - Thursday, May 16 at 12:00

Join Nurse Trish in learning all aspects of our brains, and educating ourselves on what part of the brain controls our thoughts, balance, and other functions.

Fall Prevention - Friday, May 17 at 1:00

Physical therapist Dr. Matt DeWaele will be discussing fall prevention; the risk factors, corrective measures, and updated research.

Aging in Place - Monday, May 20 at 9:30

Coffee & conversation with Mr. Handyman. Gather to discuss aging in place, home modifications, and tips to comfortably age in your home.

Downsizing - Wednesday, May 22 at 11:00

Digging into downsizing & the treasures you may find along the way.

Long-Term Care Insurance - Thursday, May 23 at 11:00

Learn resources & what to know about long-term care policies!

Health Care Proxy - Thursday, May 30 at 12:00

Please join us for an easy way to complete your Health Care Proxy.

Support Corner

Franklin Senior Center

05

The Sunshine Club - The Sunshine Club is a supportive adult day program. This program offers seniors with memory loss, chronic medical issues, or social isolation a safe and engaging environment. For more info, contact Kathleen Laughran at (508) 520-4945 or klaughran@franklin.gov.

Memory Cafe - Please join us on Wednesday, May 15 at 1:00 p.m. for our "Where's the Toast?" Memory Cafe. Refreshments are sponsored by All American in Wrentham, and live music is provided. Memory Cafes are safe and inviting spaces for those experiencing memory loss, as well as for their caregivers & families. Please RVSP to Ariel at (508) 520-4945 or adoggett@franklinma.gov.

This Memory Cafe is sponsored by a generous grant from the Franklin Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.



Alzheimer's Support Group - This group supports caregivers providing to their loved ones with Alzheimer's or dementia. Call the Senior Center at (508) 520-4945 for more information. The group meets the second and fourth Wednesday of the month at 4:00 p.m.

Caregiver Support Group - Are you a caregiver for a loved one? This support group does not focus on Alzheimer's or dementia, but instead a general caregiver's needs. Join this monthly group to receive tips and support, as well as connection with other caregivers. The group meets the first Thursday of the month at 1:00 p.m.

Pathway to Healing Bereavement Group - This bereavement support group is designed to help people in their journey of healing after a loved one passes. The group meets the second and fourth Wednesday of the month at 1:00 p.m.

FRANK'S APPLIANCE
ESTD 1970

Need Help?
Call:
(508) 473-1309
(508) 634-8854

Our knowledge on the Appliances and Electronics we sell sets us high above the competition. Frank's Appliance Service is an authorized dealer of such brands as Whirlpool, Bosch, Electrolux, GE, and more. We can help you select your new Appliances purchase at any budget.

Special financing available

**Air Control • Cooking • Electronics • Grilling
Dishwashers • Laundry • Refrigeration**



Open Since 1970

331 Main St., Milford • www.franksappliance.com



Eileen Mason
REALTY

eileenmason@remax.net
308 West Central Street
Franklin, MA 02038
<https://eileenmason.remax.com>

today's dream - tomorrow's reality.

(508) 330-4234

- Senior Residential Specialist
- Notary



Choose CareOne at Sharon

A leading provider of assisted living and memory care services in Massachusetts

Located in **Sharon, Massachusetts**, our facility is committed to delivering the highest quality of life for residents through **connection, compassion, and personalized care**, ensuring maximum safety and independence.



Scan QR code to learn more about our facility and programs

Call us today to make a referral or to receive more information at (781) 784-0111

CAREONE
At Sharon
1000 784-0111 675 South Main Street Sharon, MA 02037



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Blood Sugar & Blood Pressure Testing every Wednesday & Thursday</p> <p>Please call for an appointment: Haircuts every Monday & Wednesday</p> <p>Manicures & Pedicures every other Tuesday</p>	<p>01 9:00 Walking Group 10:00 Vets Coffee Social 10:00 Chair Yoga \$3 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Pound Fitness \$3 12:00 Bridge 12:30 Five Wishes 1:00 Pokeno 4:00 Cardio Fusion \$3</p>	<p>02 9:00 Cribbage 9:30 Low Impact \$3 9:30 Busy Bees 10:00 Discussion Group 10:15 Bible Study 11:00 CSB \$3 1:00 Low Vision Technology 1:00 BINGO 1:00 Caregiver Support 1:00 Tai Chi \$3 1:00 Cribbage 2:30 Beginner Android, Pt 3 5:30 Acoustic Jam Session</p>	<p>03 LIMITED BREAKFAST & CLOSED FOR LUNCH 9:30 ZUMBA \$3 10:00 Hand & Foot Cards 10:00 Woodcarving 10:00 Political Discussion 12:30 T.O.P.S. 1:00 Pokeno 1:00 Diamond Art 2:00 Silvertones</p>	<p>10 LIMITED BREAKFAST 9:30 ZUMBA \$3 10:00 Hand & Foot Cards 10:00 Woodcarving 10:00 Political Discussion 11:00 Eat Around the World: Korea \$6 12:30 T.O.P.S. 1:00 Wills & Trusts 1:00 Pokeno 1:00 Diamond Art 2:00 Silvertones 1:00 Garden Club Craft</p>
<p>06 9:30 Steve Avellino, Pt 3 9:30 Italian Novel Reading 10:00 Garden Club 10:30 Poker 11:00 Line Dancing \$3 1:00 Trivia 1:00 Chair Volleyball 1:00 American Mah Jong 1:15 Movie Matinee: My Cousin Vinny 2:00 Sing-a-Long with George 2:30 Let's Talk Apps, Pt 4 4:00 Pool Night</p>	<p>07 9:00 Cribbage 9:00 Low Impact \$3 9:30 Busy Bees 9:30 Hand & Foot Cards 11:00 CSB \$3 1:00 BINGO 1:00 Chess 1:00 Cribbage Instruction 1:00 Quilting 1:00 Audio Reading of May's Newsletter</p>	<p>08 9:00 Walking Group 10:00 Chair Yoga \$3 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Mobile Food Pantry 11:00 Pound Fitness \$3 12:00 Bridge 1:00 Medicare 101 1:00 Pokeno 1:00 Bereavement Support 4:00 Cardio Fusion \$3 4:00 Alzheimer's Support 1:00 Senior Scribblers</p>	<p>09 9:00 Cribbage 9:30 Low Impact \$3 9:30 Busy Bees 10:00 Discussion Group 10:15 Bible Study 10:30 Mindful Moments 11:00 CSB \$3 1:00 BINGO 1:00 Art Class: Clay \$4 1:00 Tai Chi \$3 1:00 Cribbage 2:30 Beginner Android, Pt 4 4:30 Pizza & Movie Night: Darkest Hour \$3 1pm Low Vision Tech</p>	<p>10 LIMITED BREAKFAST 9:30 ZUMBA \$3 10:00 Hand & Foot Cards 10:00 Woodcarving 10:00 Political Discussion 11:00 Eat Around the World: Korea \$6 12:30 T.O.P.S. 1:00 Wills & Trusts 1:00 Pokeno 1:00 Diamond Art 2:00 Silvertones 1:00 Garden Club Craft</p>
<p>13 9:00 Cribbage Tournament 9:30 Steve Avellino, Pt 4 9:30 Italian Novel Reading 10:00 Garden Club 10:30 Poker</p>	<p>14 9:00 Cribbage 9:00 Low Impact \$3 9:30 Busy Bees 9:30 Hand & Foot Cards 11:00 CSB \$3</p>	<p>15 9:00 Walking Group 10:00 Chair Yoga \$3 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong</p>	<p>16 8:30 Coffee Hour with State & Local Officials 9:00 Cribbage 9:30 Low Impact \$3 9:30 Busy Bees</p>	<p>17 9:30 ZUMBA \$3 9:30 FOFE Meeting 10:00 Hand & Foot Cards 10:00 Woodcarving 10:00 Political Discussion</p>

May 2024 Calendar

Franklin Senior Center

07

<p>13 Continued 11:00 Drum Circle 1:00 Trivia 1:00 Chair Volleyball 1:00 American Mah Jong 1:15 Movie Matinee: Grand Budapest Hotel 2:30 Learn about Uber → Same 2:30 Let's Talk Apps, Pt 5 4:00 Pool Night</p>	<p>14 Continued 11:00 Low Vision Support Group 1:00 BINGO 1:00 Chess 1:00 Cribbage Instruction 1:00 Quilting</p>	<p>15 Continued 11:00 Pound Fitness \$3 12:00 Bridge 12:30 Gametopia 1:00 Memory Café 1:00 Pokeno 1:30 Franklin Q&A 2:00 Thriving Solo 4:00 Cardio Fusion</p>	<p>16 Continued 10:00 Discussion Group 10:15 Bible Study 11:00 Air Quality 11:00 CSB \$3 12:00 Exploring the Brain 1:00 BINGO 1:00 Tai Chi \$3 1:00 Cribbage 2:30 Beginner Android, Pt 5</p>	<p>17 Continued 12:30 T.O.P.S. 1:00 Pokeno 1:00 Fall Prevention 1:00 Diamond Art 2:00 Silvertones</p>
<p>20 9:30 Steve Avellino, Pt 5 9:30 Aging in Place 9:30 Italian Novel Reading 10:00 Garden Club 10:00 Ryan's Senior Project 10:30 Poker 11:00 Line Dancing \$3 11:00 Fraud Prevention 1:00 Trivia 1:00 Chair Volleyball 1:00 American Mah Jong 1:15 Movie Matinee: The Great Escape 2:30 Let's Talk Apps, Pt 6 4:00 Pool Night</p>	<p>21 9:00 Cribbage 9:00 Low Impact \$3 9:30 Busy Bees 10:00 COA Meeting 10:00 Hand & Foot Cards 10:30 Hearing Clinic 11:00 CSB \$3 12:00 Chef Showdown \$3 1:00 BINGO 1:00 Audio Book Club 1:00 Chess 1:00 Legal Clinic 1:00 Cribbage Instruction 1:00 Quilting 1:00 Senior Players Show</p>	<p>22 9:00 Walking Group 10:00 Chair Yoga \$3 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Downsizing 11:00 Pound Fitness \$3 12:00 Bridge 1:00 Bereavement Support 1:00 Pokeno 4:00 Cardio Fusion \$3 4:00 Alzheimer's Support</p>	<p>23 9:00 Cribbage 9:30 Low Impact \$3 9:30 Busy Bees 10:00 Discussion Group 10:15 Bible Study 11:00 Long-Term Care Insurance 11:00 CSB \$3 1:00 BINGO 1:00 Craft Corner 1:00 Tai Chi \$3 1:00 Cribbage 2:30 Beginner Android, Pt 6</p>	<p>24 CAFE CLOSED 9:00 Memorial Day Breakfast 9:30 Hand & Foot Cards 10:00 Woodcarving 10:00 Political Discussion 12:30 T.O.P.S. 1:00 Senior Players Show 1:00 Pokeno 1:00 Diamond Art 2:00 Silvertones</p>
<p>27 </p>	<p>28 9:00 Cribbage 9:00 Low Impact \$3 9:30 Busy Bees 10:00 Hand & Foot Cards 11:00 CSB \$3 1:00 BINGO 1:00 Audio Book Club 1:00 Chess 1:00 Cribbage Instruction 1:00 Quilting 2:30 Rainbow Café</p>	<p>29 9:00 Walking Group 10:00 Chair Yoga \$3 10:00 Knitting 10:00 Scrabble 10:00 Asian Mah Jong 11:00 Pound Fitness \$3 12:00 Bridge 1:00 Pokeno 4:00 Cardio Fusion \$3 1:00 Senior Scribblers @ Studio</p>	<p>30 9:00 Cribbage 9:30 Low Impact \$3 9:30 Busy Bees 10:00 Discussion Group 10:15 Bible Study 11:00 CSB \$3 12:00 Health Care Proxy 1:00 BINGO 1:00 Open Art Studio 1:00 Tai Chi \$3 1:00 Cribbage</p>	<p>31 9:30 ZUMBA \$3 9:30 Hand & Foot Cards 10:00 Woodcarving 10:00 Political Discussion 12:30 T.O.P.S. 1:00 Pokeno 1:00 Diamond Art 2:00 Silvertones</p>

BOLD = call to sign-up

08 Veterans Corner

Franklin Senior Center

Veterans Services Office
(508) 613-1315



May 1 – Veterans’ Coffee Social – 10:00 a.m. at the Senior Center. All Veterans are welcome to join us for updates, coffee and conversation! Socials are held the first Wednesday every month.

May 10 – Military Spouse Appreciation Day – This date recognizes the services and sacrifices of military spouses. Thank you to all military spouses for your love, loyalty and support!

May 16 – Veterans’ Council/Memorial Day Parade Meeting – 7:00 p.m. at the Senior Center. All members of the community interested in Veterans’ activities are invited. Parade volunteers are needed.

May 18 – Armed Services Day – An annual holiday observed to pay tribute to men and women currently serving in the U.S. Armed Forces. Thank you to all members of the U. S. Military. We salute you for your service and sacrifices!

May 24 – Memorial Day Breakfast – 9:00 a.m. – 11:00 a.m. at the Senior Center. This event is FULLY BOOKED.

May 27 – Memorial Day – Honors the men and women who died while serving in the U.S. Military. The Memorial Day Parade will begin at 10:30 a.m., starting at Dean College, proceeds to School Street, to Union Street and St. Mary’s Cemetery via West Central St and Beaver St, and concludes on the Town Common, where a Memorial Day Ceremony will be held at 12:00 p.m. If any Veteran would like to participate in the parade, please contact our office.

Veterans Memorial Walkway – The May installation of engraved bricks on the Walkway will be completed by Memorial Day. Thank you to all who’ve supported this project by honoring their special U.S. Service Members with a brick. The next installation will be in November to coincide with Veterans’ Day. Brick order forms are available in the Town Hall and Senior Center lobbies and on the Veterans’ Services page on the Town website.

Purple Heart – Please let our office know if you or a family member (residing in Franklin) is a Purple Heart recipient. National Purple Heart Day is celebrated on August 7 every year.

Tune It Out – The Tune It Out guitar lessons program for Veterans meets on Tuesdays at 5:30 p.m. at the Senior Center. There is no charge for lessons and no guitar experience is required. We have guitars! Lessons will break for the summer after the June 11th class and will resume in September. Call our office for details.

Warrior Within Yoga – The Warrior Within Yoga program for Veterans and First Responders meets on Thursdays from 6:00 p.m. – 7:00 pm at the Senior Center. Call our office to sign up.

More May Happenings

Franklin Senior Center

09

CRAFTING CORNER W/ JEAN

Join us for an easy
and fun craft!

MAY 23 AT 1PM



Rainbow Cafe

Are you a member or ally of the
LGBTQ+ community? Please
join us for conversation and
friendship with like minded
people! All are welcome in this
safe space.

May 28th, 2:30 at The Franklin Senior Center



Low Vision Telephone
508-206-8603



Low Vision

May 2 at 1:00

Assistive Technology with Jerry

May 7 at 1:00

Audio Newsletter Reading (Phone)

May 14 at 11:00

Low Vision Support Group

May 21 & 28 at 1:00

Audio Book Club:
Rough Sleepers by Tracy Kidder

SENIOR PLAYERS

★ SPRING
PERFORMANCE ★

MAY 21ST AND 24TH

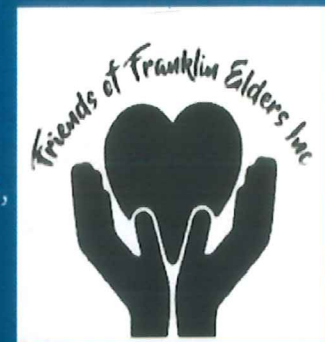
CURTAIN CALL 1PM

RESERVE YOUR TICKET NOW!

10

Friends of Franklin Elders – F.O.F.E.

Franklin Senior Center



Memorial Donations

Rachael Bird in Memory of Patricia Mahoney
 Antoinette DeBaggis Chambers in Memory of EOI Leo R. Chambers,
 USN, Augustino "Gus" DeBaggis, and Florence DeBaggis
 Judith Noble in Memory of Patricia Mahoney
 Joseph Pulsona in Memory of The Pulsones
 June Kelso in Memory of Nora Peters
 Mahoney Intervivos Trust in Memory of Patricia A Mahoney
 Sandra Howard in Memory of Beverly Theriault
 Brian Flynn & Eileen Desorgher in Memory of Pat Mahoney "Coach Scarz"

In Honor of

Joseph Pulsona in honor of Mom, Dad, & Joan

Donations to FOFE

Robert Atlas
Janice Roddy

Donations to Senior Center

Carol A Bailey

FRIENDS OF FRANKLIN ELDERS, INC.

The Friends of Franklin Elders, Inc. (FOFE) is a private, non-profit 501c3 organization since 1990, whose purpose is to provide funds for programs, services, and equipment for the Franklin Senior Center that cannot be provided by state or local government. FOFE raises funds through membership fees, donations, and special events. Our next meeting is scheduled for:

Friday, May 17 at 9:30 a.m. The public is welcome to attend.

FOFE OFFICERS:

JoAnn Wright, President
Nan Rafter, Vice President
Pam Spicer, Treasurer
Margie Lane, Secretary

**MEMBERS: Eileen Burnard, Pat Donnelly,
 Julie Garilli, Karen Juhl, Paula Lombardi,
 Jan Prentice, and Jean Tolland**

**ASSOCIATES: Carol Ellsworth and
 Helen Powers**

**FOFE
 Memorial/Honor donation**

.....
Your Name:

Address:

IN Memory / Honor of

**Mail to: FOFE, Inc.
 10 Daniel McCahill St.
 Franklin, MA 02038**

thank you

HANDYMAN

"Mr. Fix It"



*Not much I can't do around
the house, inside & out.*

PAINTING • CARPENTRY • BATHROOM
REMODELING • GUTTER CLEANING
NO JOB TOO SMALL!

CALL MARK 508-243-1065



Mass. Licensed
and Certified

MARIA VERONICA VIVAS M.S. CCC-A
Hearing Aids • Consultations • Audiological Evaluations
215 West Street, Milford • Located in the Milford Medical Center
Call Today: (508) 478-0723

www.milfordaudiologycenter.com

CHARLES F. OTERI & SON FRANKLIN FUNERAL HOME

33 Cottage St., Franklin, MA

508-528-0011

www.franklinfuneral.com

oterifuneralhome@gmail.com

Charles F. Oteri • Sean A. Oteri, Directors



ADVERTISE HERE

to reach your community



Call 800-477-4574

PROFESSIONAL PHYSICAL THERAPY'S

FREE EDUCATIONAL WORKSHOPS HELD TWICE A MONTH!

Call or visit website for dates and details

508-528-6100

WWW.PROPTINC.COM

Accepting most major Insurances including
MEDICARE

SHOULDER PAIN & ROTATOR CUFF

BACK PAIN & SCIATICA



PROFESSIONAL
PHYSICAL THERAPY
& SPORTS MEDICINE

620 Old West Central Street, Franklin
340 East Central Street, Franklin



Dr. James A. Anderson, Jr. & Associates
PODIATRIC PHYSICIANS

184 West Central Franklin, MA 02038 (508) 528-2525
160 West Street Milford, MA 01757 (508) 473-3338

franklinfootcare.com

TRAIN with SHAIN

IN HOME PERSONAL TRAINING
FOR SENIORS

Gait, Balance/Fall Prevention
& Strength Training

(508) 231-6378

www.trainwithshain.net

FULLY INSURED



Dr. James A. Anderson, Jr. & Associates
PODIATRIC PHYSICIANS

184 West Central Franklin, MA 02038 (508) 528-2525
160 West Street Milford, MA 01757 (508) 473-3338

franklinfootcare.com

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME **Karen Fontaine**

kfontaine@lpicommunities.com • (800) 477-4574 x6350



*Nancy
Briggs*
HOMES

SUBURBAN LIFESTYLE
REAL ESTATE

REAL ESTATE WITH A PERSONAL TOUCH

Senior Real Estate Specialist (SRES)

Servicing Real Estate needs for all generations.

• Selling • Buying • Estates

Call today for a Free consultation - 508-254-6393

nancybriggshomes@gmail.com | www.nancybriggshomes.com



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lpi.com

Franklin Senior Center, Franklin, MA 06-5389

Franklin Council on Aging

OFFICERS

Chair.....Lyn O'Brien
 Vice Chair.....Jan Jewett
 Secretary.....Phyllis Malcolm

MEMBERS

Colette Ferguson, Faith Flaherty, Robert Kaufman,
 Kim Mu-Chow, Ken Norman, Lester Quan

STAFF

Acting Director.....Sarah Amaral
 Executive Assistant.....Mary Hynes
 Administrative Assistant.....Emily Dellorco
 Administrative Assistant.....Jillian Rochat
 Social Services Coordinator.....Raeleen Gallivan
 Program & Volunteer Coordinator.....Ariel Doggett
 Supportive Day Coordinator.....Kathleen Laughran
 Supportive Day Assistant.....Amanda Rabbitt
 Wellness Nurse.....Trish Collatos
 Kitchen Manager.....Anne Scungio
 Line Cook.....Marilyn Howe
 Line Cook.....Lauretta Taddeo
 Veterans' Services Officer.....Shannon Nisbett
 Veterans' Services Assistant.....Debra Martin
 Public Health Nurse.....Alisha Sullivan
 Epidemiologist.....Cassia Monteiro

Friends of Franklin Elders, Inc.
 c/o Franklin Council on Aging
 10 Daniel McCahill Street
 Franklin, MA 02038

Pre-Sorted
 Standard
 Franklin, MA
 Permit

Franklin Senior Center

"Independence, Engagement, &
 Connection!"

OUR MISSION

The mission of the Franklin Council on Aging, with the support of the community, is to identify, advocate, and implement meaningful educational, cultural, social, health and wellness activities and services for our aging population.

The Franklin Connection is distributed with funds provided by EOEA & Friends of Franklin Elders

MICHAEL A. KASBERG

Attorney At Law

The Time To Solve Estate Planning Problems is Before They Happen

Proper estate planning is the best way to provide your family with security and peace of mind

For A Free No Obligation Initial Consultation Call Attorney Michael Kasberg today at (508) 213-8223

- Estate Planning
- Elder Law
- Family Law
- Business Law
- Estate Administration

195 Main Street, Suite 11, Franklin
www.kasberglaw.com

Check your calendar for upcoming presentations



Michael A. Kasberg, ESQ.



NOW HIRING:
Animal lovers
to join our team!

To apply, visit www.leashrlylife.com/job-postings or call 781-241-2083 for an interview.

All American at Wrentham

ASSISTED LIVING,
 MEMORY CARE, RESPITE

SEASONAL SAVINGS
 IN ORDER!
 LIMITED
 AVAILABILITY!



We Put the Emphasis on *Living!*

A friendly neighborhood community in the truest sense of the word.
 Rates Starting at: \$4,400 for Assisted Living, \$6,600 for Memory Care



ALL AMERICAN ASSISTED LIVING AT WRENTHAM
 30 Ledgeview Way • Wrentham, MA 02093
 774-210-8108 | AllAmericanAtWrentham.com

Our Community Access

102.9 **wfpr.fm**
Franklin.TV

FranklinMatters.org

Watch, Listen, & Read

Get our on-line program guide at Franklin.TV

