

REAL LIFE AID

A RESOURCE

FOR PEOPLE

IN NEED

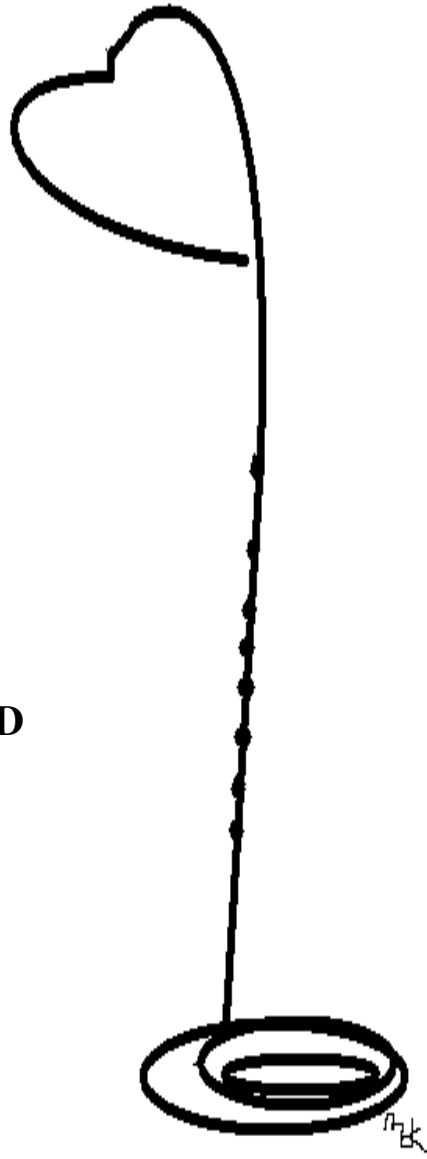


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EMERGENCY HOTLINES

ABUSE

Child at Risk Hotline (Child Abuse) 800-792-5200
Elder Abuse (Senior Citizens) 800-922-2275
Mass. Coalition of Domestic Violence 877-785-2020
Voices Against Violence (Rape Crisis) 800-593-1125

EMERGENCY SERVICES

American Red Cross (Fire/Disaster) 617-274-5200
Franklin Fire Department 911 or 528-2323
Franklin Police Department 911 or 528-1212
National Runaway Safeline 800-786-2929
Poison Control Center 800-222-1222
Samaritans (Suicide Helpline) 877-870-4673
Samariteens (Teenage Helpline) 800-252-8336
Veteran's Crisis Line 800-273-TALK (8255)
24-Hour Emergency Psychiatric Outreach. . . 800-294-4665

HEALTH

AIDS Action Committee Hotline 800-235-2331
Lead Poisoning Hotline 800-532-9571

SUBSTANCE ABUSE

CAB Health & Recovery 978-968-1700
Cocaine Hotline 617-539-6090
Division of Substance Abuse 800-327-5050

OTHER

Disabilities Information Center 617-723-8455
Food Pantry 508-528-3115

FRANKLIN BASED RESOURCES

Franklin Adult Education and Community Learning

Franklin High School
218 Oak Street
Franklin, MA 02038

SERVICES: Courses offered in the following content areas: Art, Music and Leisure; Career Building; Food and Wine; Health and Walking; Language; Photography; Science; Sports; and writing. Private Music Lessons on the following instruments: Acoustic Guitar, Trumpet, Low Brass, Flute, Sax, Clarinet, Bass Guitar, Piano, Cello and Voice. Online courses available at: www.ed2go.com/franklined.

People 65 years of age and older may enroll in most courses at a 10% discount. Some restrictions apply. There is no senior discount on food and wine courses, office-site courses with private providers, or private music lessons. Franklin Adult Education and Community Learning is a self-sustaining program. That means it does not receive funding from the school department or the town. Tuition payments are its revenue source.

FEES: Vary.

PHONE(S): 508-613-1480

WEBSITE: www.FranklinLifelongLearning.com

EMAIL: adulted@franklin.k12.ma.us

FISH of Franklin

P.O. Box 396
Franklin, MA 02038

SERVICES: Volunteer-provided transportation services to elderly and others in need. Transportation is primarily to medical appointments. One (1) week notice for scheduling is appreciated. There is no fee and gas is provided, but clients will need to pay for tolls and parking if necessary. Donations are accepted but not required. Please leave message on 24-hour phone line.

PHONE(S): 508-528-2121

HOURS: 24-hour phone line.

Franklin Recreation Department

150 Emmons Street
Franklin, MA 02038

SERVICES: The Recreation Department is committed to providing quality recreational programs and facilities to the residents of Franklin. We work interactively with local sports associations, school departments, individual Town residents, private groups, church and civic groups, as well as other Town departments. Recreation is responsible for scheduling all fields, playgrounds, and courts. The Recreation Department serves the residents in the area of recreation and leisure services. Our department handles everything from sporting activities for children, to families in need.

FEES: Varies according to program.
Assistance Fund Available.

PHONE: 508-520-4909

WEBSITE: www.franklin.ma.us/recreation

Franklin Senior Center

10 Daniel McCahill Street
Franklin, MA 02038

SERVICES: The Franklin Senior Center provides programs, services and activities along with outreach, information, and referral to serve the needs of older adults, disabled individuals, low income residents and their families. The Senior Center offers health screening and wellness, nutrition, social service coordination, socialization, recreation, transportation, educational programs, a supportive day program, a respite program, and volunteer and intergenerational opportunities.

RESTRICT: 50 years old or older or disabled.

FEES: Minimal charges or free
according to programs/services.

PHONE(S): 508-520-4945

HOURS: Monday-Friday, 8:30 - 4:00

WEBSITE:

http://franklinma.virtualltownhall.net/Pages/FranklinMA_Senior/index

Companion Caregivers

Franklin Senior Center
10 Daniel McCahill Street
Franklin, MA 02038

SERVICES: The Companion Caregiver Program is designed to provide a regular break (respite) for caregivers of elders, aged 60 and over, in Franklin and Bellingham. Care recipients must have a diagnosis of Alzheimer's, a related dementia, or a significant chronic medical condition. This in-home respite service is provided by trained companions employed by the Franklin Senior

Center. The program provides socialization and stimulation for the care recipient through an activities plan developed for that individual, based on his or her interests and abilities. It also provides affordable respite for caregivers.

PHONE: 508-520-4945

Franklin Food Pantry, Inc.

43 West Central Street
Franklin, MA 02038

SERVICES: Food pantry providing supplemental food and non-food items to low income clients. No fee is charged for services. Please call for appointment to register.

PHONE(S): 508-528-3115

HOURS: Tuesday - Friday, 9:30 a.m.-1:00 p.m., Third Tuesday of each month 5:00-6:00p.m., seasonal produce market Tuesday 5:00-5:00 p.m. June-October

WEBSITE: www.franklinfoodpantry.org

Friends of Franklin

Franklin, MA 02038

SERVICES: A volunteer community support program that provides food baskets, clothing and toys to needy Franklin residents, primarily during holidays. May also provide occasional emergency assistance.

PHONE(S): 508-528-5658

GATRA / DIAL-A-RIDE

Administrative Office
10 Oak Street
Taunton, MA 02780
800-483-2500

SERVICES: **Franklin Area Bus** runs Monday-Saturday. Route runs from Big Y to The Village Plaza. It also makes weekend stops at Whole Foods in Bellingham.

Dial-a-Ride is curb to curb transport for passengers who meet ADA requirements or who are aged 60 and older. Rides can be made Monday-Friday from 8:00am-4:00pm.

Miles for Health is a shared long distance medical transportation serving seniors and people with disabilities in the towns of Franklin, Foxboro, Norfolk and Wrentham. Reservations are taken Monday-Friday from 8:00am-4:00pm. 48 hours advanced notice is required.

PHONE(S): 800-698-7676
WEBSITE: www.gatra.org

Hockomock Area YMCA – Bernon Family Branch

45 Forge Hill Road
Franklin, MA 02038

SERVICES: Not for profit charitable community service organization of men, women, and children of all ages, ethnic origins, religious affiliations, and socioeconomic levels united in a common effort to positively influence the quality of life of members, families, and communities. The YMCA's Reach Out for Youth & Families

offers financial assistance and guarantees that all those from our community can benefit from programs and services, regardless of ability to pay. The Bernon Family Branch offers child care, youth and adult fitness programs, youth camp experiences, arts & humanities classes, aquatics, dance, sports, teen activities, and health and wellness programs and more.

Restrict: None
FEES: Memberships Available,
Financial Assistance Available
PHONE(S): 508-528-8708
HOURS: Mon-Fri 5:15am-9:30pm
SAT 6:00am-6:00pm
SUN 8:00am-6:00pm
WEBSITE: www.hockymca.org

Neighbor Brigade

SERVICES: A helping hand in times of crisis. A non-profit organization dedicated to helping communities quickly mobilize to help neighbors during times of immediate and temporary crisis. Neighbor Brigade consists entirely of neighborly volunteers who step in to help where immediate family and friends can't do it all. Services tend to support individuals who are newly diagnosed with an illness, serious injury or tragedy. Volunteers help by preparing and delivering meals, providing rides for medical appointments, running quick household errands, offering a friendly hand or bouquet of flowers where needed. Help is delivered free of charge.

WEBSITE: www.neighborbrigade.org
EMAIL: franklinma@neighborbrigade.org

Random Smile Project

PO Box 13
Franklin, MA 02038

SERVICES: Random Smile Project provides a bridge of support to people going through difficult times. We recognize and inspire volunteerism, creating a culture of community involvement. This is accomplished through programs and activities, rooted in the spirit of giving and community. Families who may be down on their luck are provided with clothing, groceries, books and toys through a network of local support. Accessibility options for those in need are provided through our construction and renovation projects like wheelchair ramps, handicap bathroom conversions and home repair. We also award those unsung heroes in our community who put themselves second and others in need before them. And lastly, we inspire volunteerism in the youth of our community through scholarships, playground initiatives and school outreach programs.

PHONE(S): 508-728-7850

WEBSITE: <http://randomsmile.org>

St. Vincent DePaul Society

St. Mary's Church
Church Square
Franklin, MA 02038

SERVICES: The St. Vincent DePaul Society is an international fellowship of Catholic men and women who volunteer to try to help and support those in need. They can provide emergency food, fuel or other assistance to families. Callers

must set up an appointment where trained volunteers will come and visit their homes to discuss their family's needs.

RESTRICT: The Society provides assistance without regard to religious or other individual differences.

FEES: None.

PHONE(S): 508-528-0020 (Rector's)

HOURS: Monday-Friday, 9:00-4:30pm

WEBSITE: www.stmarysfranklin.org

Veterans' Services

Franklin Veterans' Agent

10 Daniel McCahill Street
Franklin, MA 02038

SERVICES: In conjunction with the Massachusetts Department of Veteran's Services, the Franklin's Veterans' Agent assists veterans and their dependents in determining eligibility for financial and medical assistance under Chapter 155; checks to ensure applications for state-sponsored benefits are completed, filed, and maintained; conducts in-home visits to veterans who are disabled and in need of assistance with required paperwork such as income information and verification, pension receipts, rent receipts, and verification of dependents, etc.; and offers a friendly ear to veterans who need someone to talk to. In conjunction with the U.S. Department of Veterans Affairs Medical Centers, we arrange medical appointments and transportation.

PHONE(S): 508-520-4973

HOURS: Monday – Friday 8:30 – 4:00

WEBSITE:

http://franklinma.virtualtownhall.net/pages/franklinma_veterans/index

ADVOCACY GROUPS

AIDS Action Committee/AIDS Action Line

75 Amory Street
Boston, MA 02119

SERVICES: Information and referrals. This is part of an AIDS Action Committee, providing various services including: advocacy support groups, legal counseling, financial assistance and counseling, networking, transportation, practical support services, moving, donations, housing, holistic therapy, pastoral counseling, counseling referrals and meals delivery.

FEES: Varies depending on service; free hotline.

PHONE(S): 617-437-6200
617-437-1394 (TTY)

HOTLINE: 800-235-2331 (24 hours)

HOURS: Monday-Thursday, 9 am-8 pm
Friday, 9 am.-5 pm

WEBSITE: www.aac.org

Massachusetts Advocates for Children

25 Kingston Street, 2nd Floor
Boston, MA 02111

SERVICES: Advice given over the phone regarding student's rights, special education, child health, juvenile justice. Helps parents and students become advocates for their educational and other rights. Mainly special education advocacy.

RESTRICT: Income guidelines and geographical boundaries.

PHONE(S): 617-357-8431

WEBSITE: www.massadvocates.org

Massachusetts Office of the Child Advocate

One Ashburton Place
Boston, MA 02108

SERVICES: The goal of the OCA is to ensure that every child involved with state agencies in Massachusetts is protected from harm and receives quality services. We are here to listen to the problems you encounter and identify resources and strategies that can help. We also work with legislators, social workers, doctors, administrators, and other professionals to improve services to children and families.

We invite you to explore this website to learn more about the responsibilities of the OCA . You can contact us to share your concerns or to give us feedback about your experience.

The OCA does NOT provide emergency responses to reports of child abuse and neglect. Please report suspected child abuse or neglect immediately by calling the [Department of Children and Families \(DCF\)](http://www.mass.gov/dcf) Hotline at 1-800-792-5200.

PHONE(S): 866-790-3690

HOURS: Monday-Friday 9:00am-5:00pm; 24-hour voicemail

WEBSITE: www.Mass.Gov/childadvocate

EMAIL: childadvocate@state.ma.us

The Arc of South Norfolk

789 Clapboardtree Street
Westwood, MA 02090

SERVICES: To advocate for and provide supports and services to people disabled by intellectual and other developmental disabilities and to their families. The Services offered include Adult Day Service, Family Support Programs, Family Autism Center, ALEC First Responder Training, Support Groups, Social/Recreational Programs, and Harbor Counseling.

FEES: Varies

PHONE(S): 781-762-4001

WEBSITE: www.arcsouthnorfolk.org

EMAIL: info@arcsouthnorfolk.org

Urban League of Eastern Massachusetts

88 Warren Street
Boston, MA 02119

SERVICES: A nonprofit organization providing services and programs in education, career and personal development and employment for African-Americans and other residents of color.. The mission of the Urban League of Eastern Massachusetts (ULEM) is to be a champion of civil rights dedicated to helping people improve their lives. Our purpose is to build stronger communities by providing local residents with education, job training and placement at no cost. For 95 years, our programs and services have given hope to our members and made a lasting, positive impact in the community.

FEES: None.

PHONE(S): 617-442-4519

HOURS: Monday-Friday, 9am-5pm

WEBSITE: www.ulem.org

BASIC NEEDS

Catholic Charities

126 Main Street
Milford, MA 01757

SERVICES: Basic emergency needs. Assists with rent, mortgage, and utility assistance and offers food pantry services. Division of Catholic Charities, 51 Sleeper Street, Boston, MA 02210

RESTRICT: None, non-sectarian services.

FEES: Many services free.

PHONE(S): (508) 478-9632 (Milford)
(617) 482-5440 (Boston)

WEBSITE: www.ccab.org

Catholic Charities (South)

169 Court Street
Brockton, MA 02302

SERVICES: Basic needs, Elder Outreach, ESOL at the English Transcultural Center, Food Pantry, Nurse Assistance/Home Health Aide Training, Parent Support, Young Parents Program, Youth Mentoring.

PHONE: (508) 587-0815

WEBSITE: www.ccab.org

Department of Transitional Assistance

75 Fountain Street
Framingham, MA 01702

SERVICES: Provides assistance to low-income individuals and families to meet their basic needs, increase their incomes and improve quality of life. Needs are met through a combination of federal and state funded programs including SNAP food assistance, job assistance, cash assistance and homeless services.

PHONE: 508-661-6600

HOURS: Monday-Friday 8:45am-5:00pm

Salvation Army

29 Congress Street
Milford, MA 01757

SERVICES: A religious and social service agency, which seeks to improve the physical environment, provide material needs and religious needs.

PHONE: 508-473-0786

HOURS: Monday-Friday 9:00am-3:00pm

WEBSITE: www.salvationarmyusa.org

COUNSELING/MENTAL HEALTH SERVICES

Riverside Community Care

Riverside Community Based Location
32 Hamilton Street
Milford, MA 01757

SERVICES: Provides behavioral health crisis assessment, intervention and stabilization

services through 4 service components: Mobile Crisis Intervention (MCI) services for youth, adult mobile services, ESP community based locations and community crisis stabilization (CCS) services for ages 18 and over. All ESP service components and locations may be accessed through the ESP's toll free number. Service provided through Riverside Community Care supported by Milford Regional Medical Center, a full-service community hospital affiliated with University of Massachusetts Medical Center.

PHONE(S): (800) 294-4665 (24 Hours)
(508) 634-3420

Arbour Counseling Services

38 Pond Street, Suite 101
Franklin, MA 02038

SERVICES: A division of Arbour Health, the Franklin Center offers individual, couple, family, and group counseling for all ages, emergency assessments and responsive assistance during times of crisis, individual treatment plans developed in close collaboration with patients' and referrers' goals and needs. Primary therapists work to coordinate all treatment issues and to maintain communication with other involved professionals. Also, offers evaluation and treatment of anxiety, depression, and stress-related issues. The Franklin Center also specializes in the following areas: • ADD/ADHD • Child and Adolescent Psychiatry • Court-Referred Evaluations for Adults and Adolescents • Developmental Disabilities • Dual Diagnosis • Early Childhood Evaluations and Consultations • Gay and Lesbian Issues •

Geropsychiatry • Psychopharmacology • School-Related Issues • Special Needs • Trauma Services • Women's Issues.

FEES: Most health insurances accepted.

PHONE(S): 508-528-6037

WEBSITE: www.arbourhealth.com

Center for Community Counseling

Bay State Community Services
32 Common Street
Walpole, MA 02081

SERVICES: Bay State Community provides excellent social, mental health, addiction and correctional services to the South Shore and MetroWest communities. Multi-programs and services are offered including: Prevention and Intervention; Child & Family/Home-Based Services; Outpatient Services; Residential services/Day Treatment

FEES: Most programs offer assistance based on need, regardless of ability to pay

PHONE(S): 508-668-3223

Massachusetts Society for the Prevention of Cruelty to Children (MSPCC)

3815 Washington Street, Suite 2
Boston, MA 02130

SERVICES: Address the behavioral health needs of children and families. Child and Behavioral Health Services - to improve the mental health of children and families; Specialized Services and Trauma Counseling - for children who have

experienced physical or sexual abuse, domestic violence, community violence, the death of a loved one, separations from caretakers, or other traumatic events; Support for Military Families - services to meet the unique challenges military families face before, during and after a loved one is deployed. From help with children's reactions to separations, to parenting challenges, to support for families dealing with high stress after a family member has served, our clinicians assist families with access to services and supports, and provides individual and family counseling

PHONE(S): 617-587-1500

WEBSITE: www.mspcc.org

Wayside Youth & Family Support Network

1 Frederick Abbott Way
Framingham, MA 01701

SERVICES: Empowering children, young adults, and families to achieve greater independence and emotional well-being. Wayside Youth & Family Support Network is a non-profit, nationally accredited human services agency dedicated to building Strength, Hope and Resiliency through its family-based outreach services, residential treatment programs, and community-based counseling services to thousands of children, youth and families throughout Eastern and Central Massachusetts.

PHONE(S): (508) 879-9800

WEBSITE: www.waysideyouth.org

EDUCATION

Better Business Bureau of Boston

290 Donald Lynch Boulevard, Suite 102
Marlborough, MA 01752

SERVICES: Provides information about a company before doing business with it. Help resolve complaints against a firm. Provides good consumer information to help make intelligent buying decisions. Provides information charitable organizations.

PHONE(S): (508) 652-4800

WEBSITE: www.bbb.org/boston

EMAIL: info@boston.bbb.org

Consumer Credit Counseling Services

101 Federal Street, Suite 1900
Boston, MA 02110

SERVICES: Money Management International is the largest nonprofit, full service credit counseling agency in the United States. Services include debt and budget counseling, financial education tools and programs, debt management assistance, bankruptcy counseling and education, foreclosure prevention counseling, and reverse mortgage counseling.

FEES: No charge to speak to counselor.

PHONE(S): 866-889-9347 (24 hours)

WEBSITE: www.creditcounseling.org

Norfolk County 4-H, Cooperative Extension

Umass Extension 4H Youth Development Prg.
Norfolk County Agricultural High School
400 Main Street
Walpole, MA 02081

SERVICES: 4-H is a youth development program open to all young people ages 5 through 18 throughout the Commonwealth. 4-H helps young people learn life skills under the guidance of trained, screened volunteers in non-formal educational settings such as clubs, camps and afterschool programs.

PHONE(S): 508-668-9793

WEBSITE: www.mass4h.org

ELDER AFFAIRS

Executive Office of Elder Affairs

One Ashburton Place, 5th Floor
Boston, MA 02108

SERVICES: Part of the Massachusetts State Government. This office has a hotline to report elder abuse. The goal of protective services is to remedy or alleviate the abusive situation and to prevent the reoccurrence of abuse.

PHONE: (617) 727-7750

(800) 243-4636

(800)-872-0166 (TDD/TTY)

HOTLINE: (800)-922-2275 (V/TDD)

WEBSITE: www.Mass.Gov/Elders

Social Security Office

106 Pleasant Street
Attleboro, MA 02703

SERVICES: Applying for Social Security benefits, Medicare, SSI, Disability, social security number/card, veteran's benefits, etc.

PHONE: (888) 655-6469

HOURS: M, T, T, F 9:00am-4:00pm
Wednesday 9:00am-Noon

WEBSITE: www.ssa.org

Franklin Senior Center

10 Daniel McCahill Street
Franklin, MA 02038

SERVICES: The Franklin Senior Center provides programs, services and activities along with outreach, information, and referral to serve the needs of older adults, disabled individuals, low income residents and their families. The Senior Center offers health screening and wellness, nutrition, social service coordination, socialization, recreation, transportation, educational programs, a supportive day program, a respite program, and volunteer and intergenerational opportunities.

RESTRICT: 50 years old or older or disabled

FEES: Vary according to specific programs and services. Most services are free.

PHONE(S): 508-520-4945

HOURS: Monday-Friday 8:30am-4:00 pm

WEBSITE: www.franklin.ma.us

Tri-Valley, Inc.

10 Mill Street
Dudley, MA 01571

SERVICES: Comprehensive services for age 60+, younger people with disabilities and caregivers, including: transportation, chores, shopping, laundry, personal care, friendly visitor, companion, telephone reassurance, congregate and home-delivered meals, adult family care, respite, protective services, crisis intervention, emergency shelter, information and referral, assessment and home health services.

RESTRICT: Age 60+

FEES: Sliding scale or no fee.

PHONE(S): (508) 949-6640
(800) 286-6640
(508) 949-6654 (TDD)

ELDER ABUSE HOTLINE: (800) 922-2275

HOURS: Monday-Friday 8:30-5:00

WEBSITE: www.trivalleyinc.org

Companion Caregivers

Franklin Senior Center
10 Daniel McCahill Street
Franklin, MA 02038

SERVICES: The Companion Caregiver Program is designed to provide a regular break (respite) for caregivers of elders, aged 60 and over, in Franklin and Bellingham. Care recipients must have a diagnosis of Alzheimer's, a related dementia, or a significant chronic medical condition. This in-home respite service is provided by a trained companion employed by the Franklin Senior Center. The program

provides socialization and stimulation for the care recipient through an activities plan developed for that individual, based on his or her interests and abilities. It also provides affordable respite for caregivers.

PHONE: 508-520-4945

Walpole Area Visiting Nurse Association

55 West Street, 3rd Floor
Walpole, MA 02081

SERVICES: A non-profit community based, certified home health agency. Offers a variety of services to help you remain at home while recovering from or being treated for an illness or injury. Services include nursing, physical therapy, occupational therapy, speech therapy, medical social work, nutrition counseling and home health aides. Specialists in maternal and child health nursing and lactation counseling.

PHONE: 508-668-1066

WEBSITE: www.wavna.org

Community VNA

10 Emory Street
Attleboro, MA 02703

SERVICES: Offers home health care, Hospice care services, private care, Adult day health centers and community wellness programs.

PHONE: 800-220-0110

WEBSITE: www.communityvna.org

CareGiving MetroWest

BayPath Elder Services, Inc.
33 Boston Post Road West
Marlborough, MA 01752

SERVICES: CareGivingMetroWest.org is a website devoted to caregivers of elders in 25 MetroWest communities. The website provides information, connection to resources and community support. This is achieved in part by several customized interactive website features, specifically designed for MetroWest caregivers and their elder care recipients.

PHONE: 508-573-7239

HOURS: Monday-Friday 8:00am-4:00pm

WEBSITE: www.caregivingmetrowest.org

EMPLOYMENT SERVICES

Employment and Training Resources Career Center

275 Prospect Street, P.O. Box 740
Norwood, MA 02062

SERVICES: Career guidance, career resource library, computer learning lab, education/training opportunities, e-mail access, employer recruitments, internet access, job referral & placement, job search workshops, labor market information, personalized veterans' services, psychological counseling, resume development, self-assessment, self-directed job and training/searches ·unemployment claims assistance. ETR is part of the Massachusetts Department of Labor and Workforce Development.

PHONE(S): 781-769-4120
HOURS: Mon.–Thurs. 8:45am-4:30 pm
Friday 9:45 am - 4:30 pm
WEBSITE: www.etrcc.com

Workforce Central Career Center

425 Fortune Blvd. Suite 201
Milford, MA 01757

SERVICES: Offers a wide range of services and resources to assist job seekers including: Resource library with personal computer and access to Labor Market information; Job listings and job matching. Applicant referral services; Massachusetts JobQuest; Career counseling; Job search guidance; Career and job search Workshops to Work; Computer skills classes. Part of Massachusetts Department of Career Services..

PHONE(S): 508-478-4300
HOURS: Monday-Thurs. 8:45am-5:00pm
Friday, 9:30 am - 5:00 pm
WEBSITE: www.workforcecentralma.org

Massachusetts Rehabilitation Commission

Home National Office Plaza
100 Medway Road, Suite 102
Milford, MA 01757

SERVICES: Assists individuals of all disabilities to go to work. If you are unemployed or underemployed, you may be able to benefit from vocational services. All Vocational Rehabilitation consumers must reside in Massachusetts and be eligible to work in the United States. Any individual with a disability can

inquire about obtaining services. Friends, relatives, and health care providers can also refer an individual to MRC. Our services are designed to assist individuals with disabilities to make informed choices about work.

PHONE(S): 508-478-0700 (Voice/TTY)
HOURS: Monday-Friday 8:00 -5:00 pm
WEBSITE: www.mass.gov/mrc

FUEL ASSISTANCE/WEAHTERIZATION

Self Help, Inc.

1362 Main Street (Energy Office)
Brockton, MA 02301

SERVICES: This multi-service community action program (CAP) provides fuel assistance, free home weatherization and other services to income eligible area residents.

RESTRICT: Must be eligible according to Federal guidelines.

PHONE(S): 508-588-5440
WEBSITE: www.selfhelpinc.org

The Massachusetts Good Neighbor Energy Fund

1362 Main Street (Energy Office)
Brockton, MA 02301

SERVICES: A cooperative effort between Massachusetts energy companies and The Salvation Army that provides energy assistance to those in temporary crisis. Available to any Massachusetts resident who, because of temporary difficulty, cannot meet a month's energy expense and is NOT eligible for state or federal energy assistance. Income for the past

month must fall between 60 and 80 percent of the state's medium income levels.

PHONE(S): 800-334-3407

WEBSITE: www.magoodneighbor.org

Citizen Energy Corporation (Joe-4-Oil)

1362 Main Street (Energy Office)
Brockton, MA 02301

SERVICES: The Oil Heat Program offers free heating oil to people in financial need who can't afford to pay their heating bills. Each eligible household is allowed a one-time delivery per heating season of 100 gallons of home heating oil for free. Call for application.

PHONE(S): 877-563-4645

WEBSITE: www.citizensenergy.com

FAMILY & CHILDREN SERVICES

Child Care Resources and Referral

Seven Hills Foundation
81 Hope Avenue
Worcester, MA 01603

SERVICES: Seven Hills Foundation offers unique and innovative programs that assist families who are striving to achieve self-sufficiency through a successful life/work balance. Provide the highest quality day care, social, and wrap-a-round services designed to strengthen families and individuals, build healthy relationships, and promote self-sufficiency

PHONE: 508-755-2340

TTY: 508-890-5584

WEBSITE: www.sevenhills.org

Guild of St. Agnes

405 Grove Street
Worcester, MA 01605

SERVICES: Provide families with quality, affordable, early childhood education and school age programs in a safe, nurturing, environment for children 4 weeks to 12 years.

PHONE(S): 508-755-2238

WEBSITE: www.guildofstagnes.org

Massachusetts Adoption Resource Exchange

45 Franklin Street, 5th Floor
Boston, MA 02110-1301

SERVICES: MARE finds "a permanent place to call home" for children in foster care, including sibling groups and children who are traditionally harder to place. We do this by recruiting and supporting families throughout the adoption process, while targeting recruitment efforts to find families for specific children.

PHONE(S): 617-542-3678, 800-882-1176

WEBSITE: www.mareinc.org

Massachusetts Department of Children & Family (Regional Office)

185 Church Street
Whitinsville, MA 01588

SERVICES: Working diligently to build a strong system for protecting children and families across the Commonwealth, protecting children from abuse and neglect and strengthening families. Other services are also

PHONE(S): 508-929-1000
HOTLINE: 800-792-5200
WEBSITE: www.Mass.Gov/dcf

HEALTH & HUMAN SERVICES

Jewish Family Service of Metrowest

475 Franklin Street, Suite 101
Framingham, MA 01702

SERVICES: Provides social, health and community services to alleviate suffering, enhance lives and support people in need. JFS offers programs for the Sustaining our Elders, Strengthening Children and Families, Building Community, and Making Ends Meet.

PHONE(S): 508-875-3100
WEBSITE: www.ifsmw.org

MassHealth

250 Washington Street
Department of Public Health
Boston, MA 02108

SERVICES: Providing access to integrated health care services that sustainably promote health, well-being, independence, and quality of life.

PHONE: 800-841-2900
WEBSITE: www.mass.gov/eohhs/gov/departments/masshealth/

Multi-Service Eating Disorders Association

288 Walnut Street, Suite 130
Newton, MA 02460

SERVICES: Provide education about eating disorders and their underlying causes to develop a compassionate community that promotes hopefulness and supports healing. We offer a variety of services to support individuals and families through the various stages of their journey. MEDA is the first step toward awareness and healing

PHONE(S): 617-558-1881,
866-343-MEDA
WEBSITE: www.medainc.org

Planned Parenthood League of Massachusetts

Milford Health Center

208 Main Street, Suite 201
Milford, MA 01757

SERVICES: The mission of PPLM is to protect and promote sexual and reproductive health and freedom of choice by providing clinical services, education and advocacy. Counseling and referral concerning all aspects of reproductive health, birth control, pregnancy, adoption, parental care, abortion and other issues.

PHONE(S): 800-258-4448
WEBSITE: www.plannedparenthood.org

South Middlesex Opportunity Council (SMOC)

300 Howard Street
Framingham, MA 01702

SERVICES: A Multi-Service Community based resource, Behavioral Health Services; Economic Development, Education, Employment & Workforce Development Services; Energy & Financial Assistance Services; Family & Nutrition Services; and Comprehensive Housing Services. SMOC's mission is improving the quality of life of low-income and disadvantaged individuals and families by advocating for their needs and rights; providing services; educating the community; building a community of support; participating in coalitions with other advocates and searching for new resources and partnerships. SMOC believes every person has a right to be free from violence, including domestic violence and sexual assault, and is entitled to safety in their own homes and neighborhoods. SMOC believes housing is a right, not a privilege and that homelessness should be abolished. Every person has a fundamental right to a decent, safe, healthy and stable home. We believe that any person without a permanent, habitable housing situation is homeless. SMOC believes health care is a right and not a privilege. Every person has a fundamental right to quality, affordable and accessible health care. SMOC believes that hunger is an early warning signal of poverty and when food is so plentiful in the U.S., everyone should have enough nutritious food to eat.

PHONE(S): 508-872-4853
508-620-2310 (FAX)
844-807-7989 (TTY)

WEBSITE: www.smoc.org

SHINE

Milford Senior Center
60 North Bow Street
Milford, MA 01757

SERVICES: The SHINE Program (Serving the Health Insurance Needs of Everyone) is a state health insurance assistance program that provides free health insurance information, counseling and assistance to Massachusetts residents with Medicare and their caregivers. The SHINE Program is administered by the Massachusetts Executive Office of Elder Affairs in partnership with elder service agencies, social service and community based agencies and Councils on Aging. The program is partially funded by the federal agency Centers for Medicare & Medicaid Services.

PHONE(S): 508-422-9931

Salmon VNA & Hospice

5 Lyman Street
Westborough, MA 01581

SERVICES: Through evaluation, treatment and coordination of the healthcare services needed, SALMON's team of caring and professional visiting nurses work closely with the patient, their family and their physician to enhance the person's quality of life. Skilled nursing, maternal and child health nursing, mental health nursing, rehabilitation services, medical social services, home health aides, and other specialty services.

PHONE(S): 508-366-3662
800-464-3982

WEBSITE: salmonhealth.com

HOSPITALS

Milford Regional Medical Center

14 Prospect Street
Milford, MA 01757

SERVICES: A full-service, community and regional teaching hospital, Milford Regional is a 145-bed, nonprofit, acute-care facility serving a region of 20-plus towns. With over 300 primary care and specialty physicians on the medical staff, our physicians are skilled in the most advanced procedures and technology, and provide personalized patient care in a warm and caring environment.

HOTLINE: 508-473-1190 (24 hr.)

WEBSITE: www.milfordregional.org

Metrowest Medical Center

Leonard Morse Hospital 508-650-7000
67 Union Street
Natick, MA 01760

Framingham Union Hospital 508-383-1000
115 Lincoln Street
Framingham, MA 01702

SERVICES: Health Care provider, advanced medicine, 24-hour emergency departments, advanced cardiac care, high-tech cancer treatments, state-of-the-art surgical treatments, comprehensive maternity care, full range of behavioral health programs.

WEBSITE: www.mwmc.com

Steward Norwood Hospital

800 Washington Street
Norwood, MA 02062

SERVICES: A full-service, 263-bed community hospital for adults and children, delivering health care along with the latest advances in technology and treatment options.

PHONE: 781-769-4000

WEBSITE: www.norwood-hospital.org

HOUSING

Eaton Place

Veterans Memorial Drive
Franklin, MA 02038

HOUSING: Affordable apartment community is stylishly designed for persons 62 years of age or older that meet the established income guidelines according to 202 PRAC. Amenities and services include a hair salon, library, computer stations, elevator, and laundry rooms.

RESTRICT: Age, Income and Assets

PHONE(S): 508-528-5112

Franklin Housing Authority

1000 Central Park Terrace
Franklin, MA 02038

HOUSING: State Aided Elderly/Disabled housing, low income family housing, group home, congregate living facility.

RESTRICT: Income and Asset Qualified

PHONE(S): 508-528-2220

WEBSITE: http://town.franklin.ma.us/pages/franklinma_bcomm/housing

Franklin Commons Apartments

8 Gatehouse Lane
Franklin, MA 02038

HOUSING: Apartment living development. Includes apartments available to income and asset qualified households.

RESTRICT: Income and Asset Qualified

PHONE(S): 508-528-1888

WEBSITE: www.franklincommonsma.com

Union Place Apartments

10 Independence Way
Franklin, MA 02038

HOUSING: One and two bedroom apartment living development. Includes apartments available to income and asset qualified households.

RESTRICT: Income and Asset Qualified

PHONE(S): 508-507-8297

WEBSITE: www.unionplaceapts.com

Town of Franklin – Affordable Home Ownership Programs

Administrator's Office
355 East Central Street
Franklin, MA 02038

HOUSING: Home ownership programs available to income and asset qualified households. Single family, condominiums, over 55 developments. Down payment assistant grants. Units available by lottery, resale, or first come, first serve. Programs and opportunities based on availability.

PHONE(S): 508-520-4949

WEBSITE: www.franklin.ma.us

INFORMATION AND REFERRAL SERVICES

ADRC of Central Mass

The Aging and Disability Resource Consortium of Central Mass

SERVICES: We are part of a statewide initiative dedicated to giving people information to make informed decisions about where they want to live and receive services.

PHONE: 800-286-6640 (Tri-Valley Inc.)

508-949-6654 (TTY)

WEBSITE: www.adrcofcentralmass.org

CareGiving MetroWest

BayPath Elder Services, Inc.
33 Boston Post Road West
Marlborough, MA 01752

SERVICES: CareGivingMetroWest.org is a website devoted to caregivers of elders in 25 MetroWest communities. The website provides information, connection to resources and community support. This is achieved in part by several customized interactive website features, specifically designed for MetroWest caregivers and their elder care recipients.

PHONE: 508-573-7239

HOURS: Monday-Friday 8:00am-4:00pm

WEBSITE: www.caregivingmetrowest.org

800AgeInfo

SERVICES: Information for Massachusetts elders and their families on programs such as: Care at Home; Caregiver Support; Housing; Health Care Options; Food and Nutrition; Places to go for daily activity; Information Services; Employment, Training and Education; Complaints and concerns about programs and services.

PHONE: 800-243-4636
800-872-0166 (TTY)
WEBSITE: 800ageinfo.com

Massachusetts 2-1-1-

United Way/MAIRS

SERVICES: Mass 2-1-1 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources. Always a confidential call, Mass 2-1-1 maintains the integrity of the 9-1-1 system saving that vital community resource for life and death emergencies.

PHONE(S) Dial 2-1-1
1-877-211-MASS (6277)
508-370-4890 (TTY)
HOURS: 24 hours/day, 7 days/week
WEBSITE: www.mass211help.org
Go to web site and search by words or topics, Register to save searches.

LEGAL ASSISTANCE/ INTERVENTION

Children's Law Center of Massachusetts

298 Union Street
Lynn, MA 01901

SERVICES: Children's Law Center is a private, non-profit law organization dealing with children. The Law Center maintains a statewide phone helpline. Calls are from parents, youth, attorneys, and professionals seeking assistance and guidance on legal matters that impact children. Bilingual assistance is available. Issues routinely addressed through intake calls include, but are not limited to, children who are out of school or not receiving the educational services to which they are entitled under federal and state law; emancipation; immigration; rights of children who have "aged out" of foster care or other state human service systems; and, collateral consequences of juvenile court involvement.

HOURS: 9:00 AM – 5:00 PM
PHONE(S): 781-581-1977
1-888-543-5298
WEBSITE: www.clcm.org

Executive Office of Energy & Environmental Affairs

100 Cambridge Street, Suite 900
Boston, MA 02114

SERVICES: The Consumer Division of the Department of Public Utilities assists consumers

with their utility providers through dispute resolution, evaluation of utility regulatory compliance and customer service, and education.

PHONE(S): 617-626-1000

WEBSITE: www.mass.gov/eea

MetroWest Mediation Services

94 Lincoln Street
Framingham, MA 01702

SERVICES: Provide mediation as an early intervention method for resolving disputes, reducing violence and improving the safety and well-being of the people of MetroWest. Mediation is an alternative to the court process for resolving neighborhood, consumer and business disputes, parent-child issues, divorce, post-divorce, elder care and personal relationship issues. Mediations are voluntary and confidential, and can be of great benefit to people who want to work out their differences privately, respectfully, safely and affordably.

HOURS: Monday-Friday 8:00-4:00

PHONE(S): 508-872-9495

WEBSITE:

www.metrowestmediationservices.org

Gay and Lesbian Advocates and Defenders – GLAD

30 Winter Street, Suite 800
Boston, MA 02108

SERVICES: Through strategic litigation, public policy advocacy, and education, Gay & Lesbian Advocates & Defenders works in New England and nationally to create a just society free of discrimination based on gender identity and expression, HIV status, and sexual orientation.

PHONE(S): 617-426-1350

HOURS: Monday-Friday 1:30-4:30 p.m.

WEBSITE: www.glad.org

Massachusetts Commission Against Discrimination

Worcester City Hall
455 Main Street, Room 100
Worcester, MA 02608

SERVICES: The Massachusetts Commission Against Discrimination is the state's chief civil rights agency. The Commission works to eliminate discrimination on a variety of bases and areas, and strives to advance the civil rights of the people of the Commonwealth through law enforcement, outreach and training.

PHONE(S): 508-799-8010

HOURS: M-F 9:00am-4:00pm

WEBSITE: www.mass.gov/mcad

Massachusetts Office of Consumer Affairs and Business Regulation

10 Park Plaza, Suite 5170
Boston, MA 02116

SERVICES: The Massachusetts Office of Consumer Affairs and Business Regulation can assist **CONSUMERS** who are Massachusetts residents or have conducted business with a Massachusetts-based company. A Commonwealth of Massachusetts State Department.

PHONE(S): 617-973-8787

888-283-3757

Hours: 9:00 – 4:30 pm

WEBSITE: www.mass.gov/oca

Metrowest Legal Services

63 Fountain Street, Suite 304
Framingham, MA 01702

SERVICES: Provide legal advocacy to protect and advance the rights of the poor, elderly, disabled and other disenfranchised people in our service area and to assist them in obtaining legal, social and economic justice. Through its Senior Citizen's Legal Project, MWLS provides services to individuals 60 years and over living in our service area.

PHONE(S): 508-620-1830,
800-696-1501 (TTY, TDD)

WEBSITE: www.mwlegal.org

HOURS: Monday-Friday 9am-5pm

Community Legal Aid

405 Main Street
Worcester, MA 01608

SERVICES: Free civil legal assistance to low-income and elderly families and individuals. Advocates have expertise in legal issues affecting elders. Can provide representation in courts and before administrative agencies with regard to a variety of legal matters such as landlord/tenant disputes, divorces when elder has been victim of domestic violence and denial of Medicare benefits. Can also prepare legal documents including health care proxies, powers of attorney and homestead declarations.

RESTRICTIONS: Must be low-income or aged 60 or older; live in Central or Western MA

PHONE(S): 800-252-5342

WEBSITE: www.communitylegal.org

SHELTERS/SERVICES

DOVE (Domestic Violence Ended)

Post Office Box 690267
Quincy, MA 02269

SERVICES: DOVE works specifically with adults, teens, and children who have been abused, emotionally and financially, as well as physically and sexually. DOVE's services include crisis intervention, danger assessment and safety planning, supportive counseling, emergency shelter, legal advocacy and representation, and community outreach, education, and training.

HOTLINE: 617-471-1234
888-314-3683

Advocacy & Prevention Services:
617-770-4065

WEBSITE: www.dovema.org

Massachusetts Coalition for the Homeless

18 Bubier Street
Lynn, MA 01901

SERVICES: Works to eradicate homelessness from Massachusetts through advocacy and public education. Help to organize people experiencing homelessness and also operate a furniture bank.

PHONE: 781-595-7570

WEBSITE: www.masshomeless.org

New Hope

140 Park Street
Attleboro, MA 02703

SERVICES: Domestic and sexual violence services. 24-hour hotline, temporary shelters for men, women, and children. Transitional Living program. SAFEPLAN. Counseling, housing stabilization. Community-based advocacy.

PHONE(S): 508-226-4015 (Main Office)
HOTLINE: 1-800-323-4673
WEBSITE: www.new-hope.org

Travelers Aid Family Services

727 Atlantic Avenue
Boston, MA 02111

SERVICES: FamilyAid Boston works with families at all stages of the journey from homelessness to housing by providing homelessness prevention assistance, emergency shelter and permanent, affordable housing in conjunction with support services. We work with families to identify and address the problems that led to their current crisis. Our goal is for the families we serve to remain housed, stable, and able to provide for themselves long after they leave our care.

RESTRICT: Services for Low
Income households

PHONE(S): 617-542-7286
HOURS: Monday-Friday, 8:30am-
4:30pm
After hour's emergency:
617-635-4500

WEBSITE: www.familyaidboston.org

SUICIDE PREVENTION

Samaritans of Boston

41 West Street, 4th Floor
Boston, MA 02111

SERVICES: Samaritans' Crisis Services are available 24 hours a day/seven days a week. If you are feeling isolated, desperate or uncertain about anything in your life, we want to hear about it – contact us anytime. Our services are free, confidential, and anonymous. We have Samaritans staff on-site 24 hours a day to support those who phone, chat or text our volunteers for help. 24 Hour Telephone Befriending Service, Emotional Support Online, Samaritans' Crisis Services Confidentiality Policy.

Samariteens

SERVICES: IM Hear_ is the teen-to-teen online instant messaging program of our Befriending Services. It is dedicated specifically to providing online emotional support and to the prevention of suicide among teens. This teen online chat service provides confidential peer support and understanding to teens who are struggling with feelings of depression, loneliness and stress. IM Hear_ operates Monday through Thursday from 6pm – “ 9pm. There are a million reasons to feel alone. Samariteens are available to talk about any of them. Users of the IM Hear_ chat service do not have to be feeling suicidal, and most are not. Here, teens can receive support, respect, acceptance and tolerance – for whatever reason they call.

PHONE(S): 877-870-4673 HELPLINE
617-536-2460 Office

WEBSITE: www.samaritanshope.org

SUPPORT GROUPS AND SERVICES

AIDS Project Worcester

85 Green Street
Worcester, MA 01604

SERVICES: Client Services includes medical case management, positive prevention services, housing assistance, transportation, emergency assistance, nutritional services, legal assistance (civil), permanency planning, peer support services, and mental health and substance abuse counseling. Prevention Services includes free HIV counseling and testing, free Hepatitis C (HCV) counseling and testing, gay/lesbian/bisexual/transgender (GLBT) outreach, HIV and sexually transmitted disease prevention services, support groups for both infected and affected persons, medical adherence programs, a speakers bureau, outreach and prevention services, harm and risk reduction services, and education and emotional support services.

PHONE(S): 508-755-3773

HOURS: Monday-Thursday 8:00-5:30
Friday, 8:00 am-5:00 pm
Saturday Noon-5:00 pm

WEBSITE: www.aidsprojectworcester.org

Alcoholics Anonymous – District 9AA

P.O. Box 624
Foxboro, MA 02035

SERVICES: Self-help group for alcoholics; 12-step program. Individuals seeking group support for alcohol dependency problems can obtain

information on the group meeting closest to their home. Programs and meetings are nationwide in most cities and towns. Teen AA groups may be available in some communities. Call the office staff to find closest locations and meeting times.

PHONE(S): 617-426-9444

MEETINGS: 1st Monday Every Month,
Trinity Episcopal Church,
47 East Street, Rt. 140
Wrentham, MA
7:30 – 9:00 pm

WEBSITE: www.district9aa.com

Franklin Senior Center Caregiver Support Group

10 Daniel McCahill Street
Franklin, MA 02038

For Caregivers of those with Alzheimer's or related dementias, offered with facilitators that have been certified by the Alzheimer's Association. Respite care can be arranged during the meetings.

PHONE(S): 508-520-4945

MEETINGS: 2nd & 4th Wednesdays at 4:00 p.m.

WEBSITE:

http://franklinma.virtualltownhall.net/Pages/FranklinMA_Senior/index

Al-Anon / Al-A-Teen

AFG of Mass, Inc.
57 East Main Street, Suite 109
Westborough, MA 01581-1457

SERVICES: The primary purpose of Al-Anon/Alateen is to help families and friends of alcoholics. Alateen is part of Al-Anon and is for young people affected by another's drinking.

Members of Al-Anon/Alateen learn to live happily whether the alcoholic continues to drink or not. We learn that alcoholism is a disease and that we are not alone. By putting the focus on ourselves, we begin to reclaim our lives.

PHONE(S): 508-366-0556, 9 a.m.-4 p.m.

WEBSITE: www.ma-al-anon-alateen.org

Narcotics Anonymous (Meeting)

Federated Church

171 Main Street, Community Room

Franklin, MA 02038

SERVICES: For persons with addiction to substances other than alcohol. Based on a 12-step model similar to AA; this program helps persons with drug problems abstain from drug use. Call for additional information.

PHONE(S): 508-528-3803

MEETINGS: Thursdays 7:30pm

Birthright

79A Main Street

Framingham, MA 02172

SERVICES: Support for women and girls distressed by an unplanned pregnancy. Offers free pregnancy testing, maternity clothes, friendship counseling, medical and legal referrals.

FEES: None

PHONE(S): 508-620-0657

800-550-4900 24 HR Helpline

HOURS: Mon, Tues, Fri 10am-1pm

Wed, Thur 7pm-9pm

WEBSITE: www.birthright.org

Gamblers Anonymous

668 Main Street, Suite 300

Wilmington, MA 01887

SERVICES: The only requirement for membership is a desire to stop gambling. There are no dues or fees for Gamblers Anonymous membership; we are self-supporting through our own contributions. Gamblers Anonymous is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any cause. Our primary purpose is to stop gambling and to help other compulsive gamblers do the same.

PHONE(S): 888-830-2271

WEBSITE: www.newenglandga.com

OUT MetroWest - WAGLY

PO Box 2122

Framingham, MA 01703

SERVICES: Supports the health and emotional well-being of GLBTQ teens in the Boston MetroWest area by offering youth-led and adult-supported social and educational programs. WAGLY is a group for LGBTQ (Lesbian, Gay, Bisexual, Transgender, Queer) and allied *high school youth* in the MetroWest Area of Boston. UMBRELLA is the OUT MetroWest group specifically intended to provide additional support for transgender and gender-nonconforming youth.

PHONE(S): 508-875-2122

MEETINGS: 6:45 pm - 8:30 pm
309 Washington Street
Wellesley MA 02481

WAGLY Every Monday
UMBRELLA 1st Wednesday & 3rd Thursday or
Month

P-FLAG (Parents and Friends of Lesbians and Gays)

85 River Street, Suite 3A
Waltham, MA 02454

SERVICES: Support and information for parents, families, friends, and lesbian, gay, bisexual and transgender people. Meetings/support groups are available for parents of LGBT children and LGBT people. Groups are located throughout Greater Boston and are confidential.

PHONE(S): 781-891-5966
HELPLINE: 866-427-3524
WEBSITE: www.gbpflag.org

Overeaters Anonymous – MetroWest IG

PO Box 600
Needham Heights MA 02094

SERVICES: Meetings available throughout the area for men and women who want to share experiences about compulsive eating problems. Uses a 12-step type self and mutual support model to help overeaters understand their problem and make changes to their lives. Visit website

<http://www.oa.org/membersgroups/find-a-meeting/> to find local meeting locations, days, and times.

PHONE(S): 508-875-0001
WEBSITE: www.metrowestoa.org

TRANSPORTATION SERVICES

FISH of Franklin

P.O. Box 396
Franklin, MA 02038

SERVICES: Volunteer-provided transportation services to elderly and others in need. Transportation is primarily to medical appointments. One (1) week notice for scheduling is appreciated. There is no fee and gas is provided, but clients will need to pay for tolls and parking if necessary. Donations are accepted but not required. Please leave message on 24-hour phone line.

PHONE(S): 508-528-2121

HOURS: 24-hour phone line.

GATRA / Dial-A-Ride

Administrative Office
10 Oak Street
Taunton, MA 02780
800-483-2500

SERVICES: **Franklin Area Bus** runs Monday-Saturday. Route runs from Big Y to The Village Plaza. It also makes weekend stops at Whole Foods in Bellingham.

Dial-a-Ride is curb to curb transport for passengers who meet ADA requirements or who are aged 60 and older. Rides can be made Monday-Friday from 8:00am-4:00pm.

Miles for Health is a shared long distance medical transportation serving seniors and people with disabilities in the towns of Franklin, Foxboro, Norfolk and Wrentham. Reservations

are taken Monday-Friday from 8:00am-4:00pm.
48 hours advanced notice is required.

PHONE(S): 800-698-7676

WEBSITE: www.gatra.org

Neighbor Brigade

SERVICES: A helping hand in times of crisis. A non-profit organization dedicated to helping communities quickly mobilize to help neighbors during times of immediate and temporary crisis. Neighbor Brigade consists entirely of neighborly volunteers who step in to help where immediate family and friends can't do it all. Services tend to support individuals who are newly diagnosed with an illness, serious injury or tragedy. Volunteers help by preparing and delivering meals, providing rides for medical appointments, running quick household errands, offering a friendly hand or bouquet of flowers where needed. Help is delivered free of charge.

WEBSITE: www.neighborbrigade.org

EMAIL: franklinma@neighborbrigade.org

VETERANS' SERVICES

Franklin Veterans' Service Officer

Franklin Senior Center
10 Daniel McCahill Street
Franklin, MA 02038

SERVICES: The Franklin Veterans' Service Officer assists veterans and their dependents in determining eligibility for Federal and State veterans' programs and services including: financial and medical assistance under MGL

Chapter 115; VA pension and service connected compensation benefits; education programs; employment and offers a friendly ear to veterans who need someone to talk with. The Veterans' Service Officer assists veterans and dependents in obtaining the veteran's service records and other required forms and documents.

PHONE(S): 508-520-4973

HOURS: Monday – Friday 8:30 – 4:00

WEBSITE:

http://franklinma.virtualtownhall.net/pages/franklinma_veterans/index

MA Department of Veterans Services

600 Washington Street, 7th Floor
Boston, MA 02111

PHONE: 617-210-5480

MDVS@vet.state.ma.us

www.mass.gov/veterans

SERVICES: Provides extensive information regarding benefits and services including: employment and training; education; housing; health and well-being, women veterans, transportation.

MA Vets Advisor

<http://www.massvetsadvisor.org/>

SERVICES: Comprehensive information source for Federal, State and Community based benefits and services.

The Commonwealth of Massachusetts has a comprehensive website with useful information on just about every subject you can think of.

Go to: www.mass.gov click on “State Offices and Courts” that will be located on the top left hand side of the screen.

Below is a partial Listing of Departments from the Mass.Gov Site. An asterisk (*) means the Dept. is included in this publication.

- [Child Support Enforcement](#) (800) 332-2733
- [Commission for the Blind, Mass](#) (800) 392-6450
- [Commission for the Deaf and Hard of Hearing](#) (800) 882-1155 (800) 530-7570/TTY
- [Commission on Gay, Lesbian, Bisexual, Transgender Youth](#) (617) 624-5495
- [Commission on the Status of Women, Massachusetts](#) (617) 626-6520
- [Commissioner of Probation, Office](#) (617) 727-5300
- [Committee for Public Counsel Services](#) (617) 482-6212
- [Department of Children and Families*](#) 617-748-2000
- [Department of Early Education and Care](#) (617)988-6600
- [Department of Elementary and Secondary Education](#) 781-338-3000
- [Department of Housing and Community Development](#) (617) 788-3610
- [Department of Labor Standards](#) (617) 626-6975
- [Department of Mental Health](#) (800) 221-0053
- [Department of Public Health](#) (617) 624-6001
- [Department of Public Safety](#) (508) 820-1444
- [Department of Revenue](#) (617) 887-6367
- [Department of Transitional Assistance](#) (617) 348-8400
- [Department of Youth Services](#) (617) 727-7575
- [Disability, Massachusetts Office](#) (617) 727-7440
- [Disabled Persons Protection Commission](#) (617) 727-6465
- [Department of Unemployment Assistance](#) (617) 626-6560
- [Executive Office of Education](#) (617) 979-8340
- [Executive Office of Elder Affairs](#) (617) 727-7750
- [Executive Office of Energy and Environmental Affairs*](#) (617) 626-1000
- [Executive Office of Health and Human Services](#) (617) 573-1600
- [Executive Office of Housing and Economic Development](#) (617) 788-3610

- [Housing Court Department](#) (617) 788-6500
- [Indian Affairs](#) (617) 573-1291
- [Interagency Council on Housing and Homelessness](#) (508) 370-4824
- [MassHealth \(Office of Medicaid\)](#) (800) 841-2900
- [Massachusetts Commission Against Discrimination*](#) (617) 994-6000
- [Massachusetts Developmental Disabilities Council](#) (617) 770-7676
- [Mental Health Legal Advisors Committee](#) (617) 338-2345
- [Developmental Services, Department of](#) (617) 727-5608
- [Office for Refugees and Immigrants](#) (617) 727-7888
- [Office of the Child Advocate*](#) (617) 979-8360
- [Office of the Governor](#) (617) 725-4005
- [Probate and Family Court Department](#) (617) 788-6600
- [Public Housing and Rental Assistance](#) (617) 788-3610
- [Registry of Motor Vehicles Division](#) (800) 858-3926
- [Rehabilitation Commission, Massachusetts*](#) (617) 204-3603
- [Sex Offender Registry Board](#) (978) 740-6400
- [Veterans' Services, Department of](#) (617) 210-5480
- [Victim Assistance, Massachusetts Office](#) (617) 586-1340